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Inertia

Political campaigns remind one of tornadoes. They are huge, fast-moving winds that pick everything up in their path, hurl it around, and then move on, leaving wreckage scattered across the landscape. As the candidates “blow” into states, whatever the issues of that place are get picked up, aired in the rallies, featured in the TV ads and then get dropped as the bus or plane leaves for the next venue.

True: we have many urgent matters that our country needs attending to, and campaigns can bring these to national attention, albeit sometimes fleetingly, but rarely with any depth. A candidate once told me that “Campaigns don’t really allow for a carefully nuanced discussion of an issue, so we must resort to bumper-sticker length slogans.”

A report issued this week by the National Conference of State Legislatures brought to light one of those critical, fundamental challenges that get talked about, but really not addressed: K-12 education. Every president and governor wishes to be known as “The Education” person, so it’s always a fair topic to hit on the campaign trail. But as the old saw goes, “After all is said and done, more is said than done.”

That is why the NCSL report is so disturbing. It is titled “No Time to Lose: How to Build a World-Class Education State by State.” One wonders why it was necessary for a bipartisan group of 18 lawmakers and legislative staffers to go on an 18-month study tour of some of the world’s top-performing school systems — e.g., Finland, Hong Kong, Japan, Ontario, Poland, Shanghai, Singapore and Taiwan — to see *what they are doing* when the more pertinent question is *how did they get it done?*

From “A Nation at Risk” in 1983 — a report that was heralded as a “landmark in American education” at the time — to the present, we’ve had no end of reports and lists of recommendations. But how far has the K-12 football been moved down the field? Not far enough if the central message of “No Time to Lose” is taken seriously.

One may fervently hope that those 18 lawmakers will have some impact back in their home legislatures. But will their fervor soon be dissipated as other, apparently more pressing needs compete, local control obstructs or the frustrated proponents of real change finally give up? The word “inertia,” which we all learned in grammar school is the resistance of a body or object to change, comes from two Latin roots: “in” meaning “not” or “no” and “ars” meaning “skill” or “art.”

There is no time to lose, but do we have the skill or art to get it done? The report is at ncsl.org.

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ON THE COVER

14 SUPER FUN RUNS
 Why not run in a cape? Or through bubbles or blasts of color? For that matter, why not run a half marathon, especially if you get beer and a fleece jacket for your efforts? There’s no shortage of fun to be had at road races these days, as race directors are constantly upping the ante with more entertainment, better post-race food and beverages and some pretty cool swag.



Cover photo from last year’s CHaD Trick or Trot run in Manchester, courtesy of Millennium Running.

ALSO ON THE COVER, the so-called “Exeter UFO Incident” is once again the impetus for the town’s UFO Festival, p. 28. Get a taste of the Caribbean at an islands-themed festival, p. 36. Also on p. 36, The Ugliest are in Manchester.

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Rallies

Two presidential nominees held rallies in New Hampshire on Aug. 25. Billionaire Donald Trump, the Republican nominee, held a crowded rally at Manchester's Radisson Hotel while Libertarian party nominee Gary Johnson held a rally at the Statehouse in Concord. During Trump's event, after being introduced by former Republican candidate Ben Carson, Trump spent most of the time speaking critically of his chief rival Hillary Clinton, NHPR reported. Trump attacked Clinton's honesty, effectiveness as a politician, expensive speaking fees and private email server. Trump is trailing Clinton in New Hampshire by 15 points, according to the latest polls. Trump also took issue with being cast as a racist, claiming he would do more than Clinton to help the black and Hispanic communities. Meanwhile, former New Mexico Gov. Gary Johnson, speaking to a big crowd in Concord, said he would get elected president by taking advantage of the political

unrest between Republicans and Democrats, WMUR reported. Johnson and his running mate, former Massachusetts Gov. Bill Weld, also stopped at Manchester's Red Arrow Diner.

Gov money

Republican gubernatorial candidate and Manchester Mayor Ted Gatsas and Democratic candidate Executive Councilor Colin Van Ostern are leading their respective primary races in fundraising. The AP reported Van Ostern raised just over \$1 million and Gatsas raised just under \$1 million. Gatsas also gave himself a \$75,000 personal loan on top of that amount. The two candidates have raised far more than the other candidates so far. On the Republican side, State Rep. Frank Edelblut has self-funded his campaign with \$750,000 of his own money, Executive Councilor Chris Sununu raised \$588,000 and state Sen. Jeanie Forrester raised \$237,000. Among Democrats, Mark Connolly raised \$452,000 plus \$104,000 in personal

loans and former Portsmouth Mayor Steve Marchand raised \$101,799. Since Marchand has already spent most of his contributions, he has the least money on hand. Edelblut has the most cash on hand. The primary is Sept. 13.

SAT results

The preliminary results of the first statewide SAT scores show girls are more prepared for college than boys in English and boys are doing better at math, but math scores are low overall. NHPR reported that 70 percent of girls are meeting the benchmark — defined as expected to earn at least a C in their first semester in college — in English and 38 percent met it in math. While 43 percent of boys met the benchmark in math, 64 percent met the English benchmark. Last spring, for the first time, high school juniors across the state took the SAT on the state's dime. Final results are due to be released by the Department of Education in October.

Hospital contract

Though it was expected to pass, a decision on a new staffing contract for the state's mental hospital was delayed. The Union Leader reported the Executive Council unanimously voted to table the \$36 million contract, which would arrange to have Dartmouth-Hitchcock providing psychiatric services at New Hampshire Hospital for three years. Under the previous contract Dartmouth College staffed the hospital, but the

college laid off all of its psychiatric staff this summer and Dartmouth-Hitchcock made job offers to most of them as part of a coordinated effort to move the clinicians under the hospital's umbrella. But calls have been made to delay the contract vote for the mental hospital until the investigation into a recent suicide of a woman discharged hours earlier is concluded. The hospital lost 11 psychiatrists and psychiatric nurses over pay cuts in the new contract. 🗨️

BEST WEEK

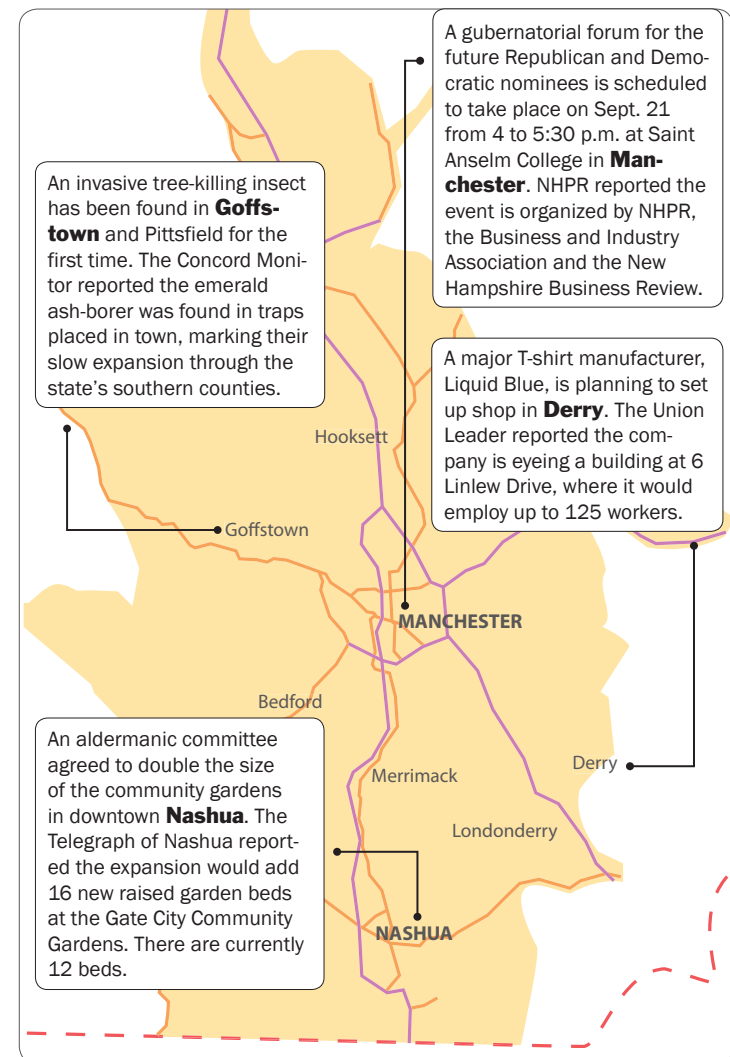
INVENTOR

New Hampshire inventor Dale Van Cor is working with a Massachusetts firm to test his invention, which he says will someday replace conventional nuts and bolts to fasten things together. The Union Leader reported Van Cor's design is a wave-threaded cap and tube connection made in 3-D printers and purported to be faster than traditional O-ring fasteners. Van Cor says the goal is to overtake O-rings as the primary fasteners. Van Cor said such a shift would possibly make for safer space shuttles, pointing to the O-ring failure that caused the Challenger explosion. In the wave thread design, there's full surface contact so the fastener transmits vibration instead of absorbing it and conducts heat more efficiently.

WORST WEEK

STATE TROOPER

The New Hampshire state trooper who was caught on camera beating an unarmed man who led police on a high-speed interstate chase will never work in law enforcement again. The AP reported Andrew Monaco pleaded guilty on three simple assault charges in exchange for a deferred 12-month sentence. Under the terms of the plea deal, Monaco can't get another law enforcement job and must attend anger management classes. The prosecutor said Monaco expressed instant remorse and a willingness to take responsibility for punching his victim 12 times and striking him with his knee twice. A Massachusetts state trooper is also facing charges for beating the same man, who exited his vehicle at the end of a long chase and laid down before getting beaten.



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Hedging bets

State GOP navigates a Trump ticket and incumbent challenges

By Ryan Lessard
news@hippopress.com

Republican leaders in New Hampshire are not all on the same page, and few arenas reveal this lack of unity more than the congressional races, where candidates are staking differing positions on how to deal with Donald Trump as the presidential nominee and incumbents who would normally get full party backing are fighting off primary challengers.

Tightrope walking

In the race for Republican Kelly Ayotte's U.S. Senate seat, the stakes are no less high than control of the Senate, the spending is expected to break records and Ayotte's Democratic opponent, Gov. Maggie Hassan, is punching in the same weight.

Add to that a swing state that tends to favor Democrats in presidential election years and it's clear that Ayotte has her work cut out for her.

But what had been a tight race, with both Hassan and Ayotte getting about 40 to 50 percent of the likely voters in polls over the summer, has shown Ayotte falling behind recently, by as much as 10 points. That was reported by a WBUR/MassINC poll conducted at the end of July. The reason for the shift? Trump's plummeting numbers, according to analysts. In the same poll, Trump was trailing Hillary Clinton by 15 points.

"Under normal circumstances, it's a challenge for Republicans running in a presidential year here in New Hampshire, certainly in the last decade plus, but now you mix in this really challenging nominee who is getting you a lot of unwanted press because you have to deal with him — absolutely it's reasonable for her to be concerned," said Southern New Hampshire University civic scholar Dean Spiliotes.

UNH political scientist Dante Scala said New Hampshire has swung toward Democratic candidates every presidential election since 2000 when George W. Bush won 48 percent of the state against Al Gore's 46.8 percent. And as the top of the ticket goes, so follows everyone below.

Part of Ayotte's drop in the polls can be explained by party affiliation, but Ayotte has also — somewhat tacitly — anchored herself to the Trump mothership by saying she will vote for him, even though she says she will not endorse him (more on that later).

That mothership was a veritable Hindenburg in late July and early August as party conventions wrapped up. Trump suffered from the aftermath of stories such as a back and forth with a Gold Star family,

defending his retweet of a symbol circulated by white supremacists that's seen as anti-semitic, a campaign manager with ties to a Russian-backed Ukrainian government and reports that his campaign organization is a hot mess.

Stories circulated that the Republican party was scrambling to find ways to replace him as nominee and that national party chairperson Reince Priebus was threatening to redirect support to congressional races if Trump didn't moderate his message and rein in his incendiary rhetoric for the general election.

Scala said Ayotte has been damaged not only by criticisms of Trump, but by criticisms by Trump himself, when he expressed frustrations that Ayotte wouldn't endorse him. And things got tense when Ayotte publicly stated she was "appalled" by Trump's disparaging remarks about a Gold Star family and that he had the "gall" to compare his sacrifices to that of a family who lost a child on a battlefield. Still, the two appeared to bury the hatchet and establish an "uneasy detente," as Scala described it.

"Really she is a test case on the difficulties of running with Trump at the top of the ticket," Spiliotes said.

To make matters worse, just as Ayotte began to struggle in the polls, she was cast in sharp relief against other New England Republican senators when Maine Sen. Susan Collins, a Republican, said she would not vote for Trump.

Spiliotes said Ayotte is dogged by her support for Trump because her support of the nominee attracts reporters constantly asking if she still supports him after the latest controversial remarks or actions by the New York businessman.

"I think the only way she could have put this to rest completely would be to say, 'I don't support the guy, I'm not gonna vote for him,'" Spiliotes said.

But that was hardly an option for Ayotte, who needs to garner the support of the Republican base and independents.

"You want to kind of tend to your party's faithful but at the same time you want to make a play for the independent voters," Spiliotes said. "It's not an unnatural thing to try to strike a balance like that but it just sort of opens the door to constant recycling of the issue for her. ... She's in a no-win situation."

The WBUR poll showed that New Hampshire independent voters did not generally like Trump. Nearly half of them favored Clinton while less than a quarter would vote for Trump. And a mid-August CBS poll of likely voters in New Hampshire hinted at the damned-if-you-do-damned-if-you-don't calculus for candidates who have

to pick a side. When asked how much it matters to them that some Republican leaders and policy makers have not endorsed Trump, 32 percent said "a lot" while 35 percent said "not at all."

Ayotte has never shied away from openly criticizing Republicans she thinks have messed up or who are seen as too divisive. When Congressman Frank Guinta was fined by the FEC for receiving an illegal sum of \$355,000 from his parents in 2010, and Guinta continued to deny wrongdoing, Ayotte was the senior-most Republican to call for his resignation. When the GOP caucus in the state legislature was poised to vote for the new Speaker of the House — between former Speaker Bill O'Brien, a controversial Tea-Party-era candidate many accused of being unilateral at best, authoritarian at worst, and the more moderate candidate Gene Chandler — Ayotte snubbed O'Brien when she sent a letter urging lawmakers to back Chandler.

So, holding back on criticisms of Trump, even voicing support in the name of party unity, may have gone against the instincts of the tough first-term senator.

"[I'm] comfortable saying I don't think she's a secret fan of Donald Trump. I'm sure she was wishing it was almost anyone but Trump who would wind up as the nominee," Scala said.

Still, Scala said Ayotte's decision to toe the line was probably the least bad option available.

"The fact is that a sizeable portion of her base, a sizeable portion of Republicans, were with Donald Trump. So, what do you do in that situation? Do you basically forsake that part of the base and perhaps discourage them from voting... for you?"

While this strategy may have helped Ayotte's favorability stay higher than Trump's with 42 percent to his 29, this may be moot as she's trailing Hassan especially among independents and women.

Ayotte's challenger

Ultimately, Trump isn't just a possible liability for Ayotte's reelection chances; he's a symptom of decades-old party divisions bubbling over. Another symptom is arguably a GOP primary challenger, in the form of former state Sen. Jim Rubens.

The earliest signs of a challenge came last fall when a group of conservatives met with the goal of finding a candidate and building a coalition behind them to replace Ayotte in the primary. The group was frustrated with Ayotte for her moderate policy positions and votes on certain issues.

But Spiliotes said, historically speaking,

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high-stakes election years like this are usually the time when party members set aside ideological differences in favor of a more strategic choice. In other words, they vote for the candidate in their party more likely to win the general election. This year, at least for some, that thinking has not been a guiding force.

“For Ayotte, she’s a fairly popular incumbent inside her own party,” Scala said. “Jim Rubens is clearly trying to position himself as kind of the Donald Trump of this senate race. Unclear whether that’s working or not, also unclear if he’s going to be more than token opposition to Ayotte.”

Rubens may not be the most ideologically aligned candidate given his more liberal stances on issues like abortion or climate change, but he’s perhaps a more libertarian candidate. Still, unlike Ayotte, he’s expressed unequivocal support for Trump.

And Ayotte, despite this dissatisfaction from the right, has continued to make the case that she’s a “common sense conservative” and someone who can work across the aisle, in her campaign ads. If Rubens proves to be only token opposition, courting the independents will be the smarter approach.

General election strategy

In the final weeks before the election, assuming Ayotte is the Republican nominee for the Senate, Scala said she may take steps to position herself as a check on whoever becomes president. And there are already signs of this.

In recent interviews and ads, Ayotte has highlighted her own criticisms of Trump while arguing Hassan wouldn’t do the same with Clinton.

“Kelly will stand up to do what’s right for New Hampshire regardless of who is in the White House, unlike Governor Hassan, who would be a rubber stamp for Hillary Clinton,” said Ayotte spokesperson Liz Johnson in an emailed statement.

The implication here is that Ayotte would also serve as a check against a Clinton presidency, which is seeming more likely.

Running as a check against a president from an opposing party who isn’t elected yet isn’t very common. Scala said the last case of its broad use was in 1996, when Republican nominee Bob Dole was losing badly to Bill Clinton, according to Scala.

And we might expect to see more of this “checks and balances” strategy if Trump’s recent attempts to tone down his immigration message relapse into more of the same alienating rhetoric that’s hurting him in the polls or if his chances of winning seem so long that Priebus follows through on his threat to refocus party efforts on the congressional races.

Guinta’s war

Meanwhile, the 1st District Congressional GOP primary is fractured by many of the same factors that have pitted “establishment” party elites against “movement” conservatives.

Incumbent Frank Guinta is staring down a challenge by Republican businessman Rich Ashooh, a well-funded, popular party member with a more moderate message focused largely on fiscal issues.

Guinta, on the other hand, was first elected during the Tea Party wave in 2010, a movement he was adept at benefitting from, according to Spiliotes. And he may seek to follow a similar strategy by riding the populist Trump wave.

In this respect, the 1st District primary can be seen as almost a mirror image of Ayotte’s primary. In this case, the incumbent openly supports Trump, while Ashooh, the challenger, has equivocated.

“Guinta has, much more so than Ayotte, said, ‘I support Trump.’ He doesn’t make any apologies about it, he doesn’t resort to half measures about it. ... And it’s Ashooh who has kind of qualified and hedged about that so far,” Scala said. “Ashooh’s kind of taken this gray zone. He hasn’t become this anti-Trump candidate. He’s kind of just hoping the whole thing goes away.”

The source of Guinta’s challenge isn’t a disgruntled right wing, it’s an unhappy establishment. His sin was not being too moderate, but betraying the trust of his constituents, according to his Republican detractors, by being dishonest about his campaign finances.

“Everybody kind of abandoned him when it first broke a while ago, but he’s just kind of put his head down and has been out there kind of doing his thing and trying to make the case that he’s still focused on New Hampshire first,” Spiliotes said.

He said Ashooh, a former BAE Systems executive, ran against Guinta and lost in 2010. But he sees Guinta’s FEC ruling and its aftermath as a weakness he can exploit.

However, Scala said the issue may have blown over for the voters. A late July survey by UNH showed Guinta’s net favorability rating rebounded somewhat from -22 percent in April to -17 percent.

The same survey showed Ashooh’s biggest weakness is that voters still don’t know who he is. While his favorability was +8 percent, 74 percent of those asked didn’t know enough about him to make any judgments.

So political scientists are hesitant to place any bets on this race just yet. Still, as with other state races, the outcome of the GOP primary may prove inconsequential if Trump continues to lose ground to Clinton. If he ultimately loses, the smart money is on Democrats’ taking back those congressional seats. 🌈

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Mini makers

Program director leads young inventors

Nicole MacMillan is the director of the Young Inventors Program for the Northeast at the Academy of Applied Sciences, a private non-profit STEM school in Concord for mostly K-8th grade kids. YIP representatives participated in the fourth annual Dover Mini Maker Faire on Aug. 27 at the Children's Museum of New Hampshire.

Q: What is the Young Inventors Program?

The Young Inventors Program is actually an invention curriculum that is in, right now, about 52 schools in New Hampshire and Massachusetts. It's basically an educational enrichment program where we provide the schools with the tools and resources needed to teach the invention process to youth. And the schools will hold their invention conventions ... [like] science fairs that are invention fairs, where the kids will show their inventions. So the kids basically come up with a problem that they want to solve... and then they solve it and create an original invention.

What kinds of things do the students make?

There's no real restrictions as far as the types of inventions and the types of problems and challenges they can pursue. We tend to see a lot of inventions that come out of the kids' personal interests or hobbies. This last year ... we had a couple of [students who will be] sixth-graders this year ... invent a headband that also held ... their sunglasses on. ... One child a few years ago did an environmental invention where he decided he wanted to design trash cans for the ski lifts because there's so much trash on the slopes. ... The things that they come up with are pretty incredible. ... In the regional competitions and in the invention conventions they actually have to have a poster display and a prototype of their inventions and they have to explain it to a panel of judges.

Do any of these inventions get patented?

We've had some kids apply for provisional patents. Our program in New Hampshire, we're trying to grow. I came on board in October and we had about 30 schools involved and now we have over 50. We don't see a whole lot of patents coming out of New Hampshire quite yet but it's definitely a goal of ours.

How did the Young Inventors Program first get started?

Bob Rines, who was the founder of the Academy of Applied Science, he was an inventor himself and just very much wanted to carry the torch for and encourage invention in youth. It was sort of his dream to do that. ... The Young



Nicole MacMillan

Inventors was the only program that was the academy's original program. The other programs we run for the Army educational outreach program, so they're programs we administer but they're not our original program. ... He really believed in trying to inspire youth in the direction of creation and problem-solving and critical thinking. ... We're part of a national consortium right now. Invention convention became national [but] it's really difficult to trace back how it caught on. ... Just this past year, we became part of a newly formed organization ... called Stemie.org, that's a non-profit organization of affiliate programs all across the country. ... Everything's really coming to a head at the same time in that, this past year, nationally an organization was formed for the first time, we had the first ever national invention convention where all the states were sending kids to compete and then our program has also really expanded pretty significantly. The other thing we did this year that was different was we sent invention kits to the schools this year at no cost.

How was this year's Dover Mini Maker Faire?

The fair was fantastic for us. We connected with a lot of other STEM educational outreach programs. ... We just had so many families and kids stop by our table from all across New Hampshire and even Massachusetts and Maine. We had visitors come through and ask about our program. We were able to pass information on to parents and educators about how they can get our program at their individual schools. ... The activity that we had the kids do was we had a 'design your own car of the future.' All they were given was a graph paper grid and markers and pencils. ... The individual kids ... came up with some of the most amazing ideas all the way from a car powered by water to a car that has a house built on the top of it. ... We also had another Rube Goldberg activity where the kids had to move a tray of food from one side of the cafeteria to the other using serial reactions and energy transfers. ... The kids seemed to have a blast and we had a lot of fun too.

— Ryan Lessard

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QUALITY OF LIFE INDEX

Tick numbers expected to decrease

Scientists say one good thing could come from the drought in the Northeast: a decrease in ticks. The AP reported that experts expect tick numbers to decrease from last year thanks mostly to the prolonged dry spell. Ticks' flat, wide bodies thrive in moisture and humidity but rapidly dry up and die without them. Before this summer, the outlook had been more grim: Forest changes over the years, a high mouse population and a mild winter all likely helped black-legged ticks grow their population to record highs. And forestry scientists had expected an explosion of ticks in 2017 from the growth of host animals that came from a heavy acorn shedding year in 2013. New Hampshire's tick-tracker-in-chief, entomologist Alan Eaton, will have a better sense of how well ticks fared when he does his next survey in October.

QOL Score: +1

Comment: Black-legged ticks are the kind that transmit Lyme disease, so a decrease in their populations could mean a decrease in Lyme cases too.

Mussels vanishing off NH coast

The Gulf of Maine is undergoing significant and rapid changes due to warming temperatures, and scientists think wild blue mussels may be the latest casualty. The AP reported that a recent study along the coastline found mussel populations have declined by 60 percent over the past 40 years. The problem may be coming to a head as Gulf of Maine water is heating faster than any other part of the planet. Last month, thousands of dead mussels washed up on the shores of Long Island, N.Y. Marine biologists also point to overharvesting by humans and the introduction of some invasive species as factors in the mussel population decline.

QOL Score: -1

Comment: Mussels are instrumental in cleaning bacteria and toxins from the water and are worth millions in the New England fishing economy.

Sarah Long Bridge closed for good

Planning a trip to the coast this Labor Day weekend? You're going to need to look carefully at your route before you depart. The Sarah Mildred Long Bridge that connects Portsmouth, New Hampshire, to Kittery, Maine, is now permanently closed. According to an NHPR report, the closure is the result of a mechanical failure that occurred 10 weeks before the bridge was scheduled to close anyway in order to make room for its replacement, currently under construction and scheduled to open in September 2017. The bridge, named after a longtime employee of the Maine-New Hampshire Interstate Bridge Authority, originally opened in 1940.

QOL Score: -1

Comment: Not the best timing for Labor Day travelers; motorists will be forced to instead use the Interstate 95 "High Level" bridge and the Memorial Bridge on Route 1 to make the crossing.

Traffic fatalities up in New Hampshire

Speaking of motorists, traffic fatalities are on the rise throughout the country, and during the first six months of 2016, deaths on New Hampshire roads were 61 percent higher than those during the first six months of 2015 or 2014, according to data from National Safety Council. So far this year, 84 people have died on New Hampshire roads and highways in 81 separate accidents; at this time in 2015, that number was 64, and in 2014 it was 55. The Concord Monitor reports that this percentage increase is higher than the increase reported in any state except Vermont.

QOL Score: -2

Comment: Until 2014, road deaths trended downward for two decades. The National Safety Council speculated the low cost of gas could be to blame, causing more people to be on the road.

QOL score: 73

Net change: -3

QOL this week: 70

What's affecting your Quality of Life here in New Hampshire? Let us know at news@hippopress.com.

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Pennant race now a sprint



It's Sept. 1 and that's when baseball's pennant races get serious. It's the month where low-scoring games go from deadly boring to me, to tense, exciting affairs because the margin of error is so small as the number of opportuni-

ties to remedy a bad game or stretch shrinks away by the day. It's an interesting transformation, as, at least to me, it happens with the simple flip of the calendar from Aug. 30 to Sept. 1.

That is one of two things that distinguishes baseball from other sports. The first is that with each ballpark being different, parks each have a distinct personality to influence how games are played there. Pitching and D are more important in big parks like Oakland and Seattle, while three-run homers are more important at Camden Yards and Fenway because you need runs to win there. Only golf, where every course is different, matches baseball in this great aspect of their games.

The other is that baseball really has two seasons: the marathon first five months and the September sprint as teams try to win their division for a spot in the post-season. True, basketball and hockey have long, interminable seasons too, but winning the division means nothing in either anymore. Not the case in baseball, where winning the division and playing division games really matter. Though to make it better, the lame-brained idea of playing inter-league games in September should be abolished.

So, to bring it back to what lies ahead during the exciting next 30 days, let's look at it through the eyes of the Red Sox as they try to become the first team to my knowledge to go worst to first twice in a five-year period.

Decision 1: Given how Clay Buchholz has pitched recently, if Steven Wright

struggles again in his next start do you put Buch back in the rotation or stick with Wright?

Question 1: Where is the line between loyalty and we have to win these freaking games now? Does a player like Wright have the right to expect loyalty from a manager after basically saving the team in the first half as Buchholz put the team in a tough spot by floundering much of the year? Or with less than 30 games to go, should the manager say, I've got to go with the hot hand, no matter what you did in May, June and July? A tough call I think.

Ortiz Best Season for a 40+ Hitter Ever: With his 31st homer on Sunday, David Ortiz is closing in on the greatest season ever for a 40+ player. As I write this he's hitting .319 with those 31 homers and 101 RBI. The competition is Stan Musial, Dave Winfield, Darrell Evans and Ted Williams. Only Winfield was a DH, though the versatile Evans did it 40 times in 1987. Avoiding that pounding in the field is a major advantage for Papi and why he'll bat a lot more than Williams and Musial did. Even so, with a month to go he's closing in on being the greatest 40+ hitter ever.

The Bullpen – Really? They will live and die with the bullpen and right now it looks more like the latter, Kansas City's eight-run fifth-inning explosion being the latest example of its being a disaster waiting to happen. No lead seems safe, no matter who's coming into the game, and that includes closer Craig Kimbrel, who has been decent but hardly lights-out. The only hope here is that the Buchholz renaissance continues where he can pitch in the eighth or two innings at a time and Joe Kelly has a run like he had last year when he returns from the minors. Other than that, it's going to be white-knuckle time for fans watching the final few innings of any game.

Dustin Pedroia: We'll have to see if fate intervening in the midst of his torrid 13-for-19 stretch over four games and 27-for-61

over 13 games cools him off. But in any event, Pedroia did the right thing missing Sunday's game for a funeral, because pennant race or not, family comes first.

Bradley Hitting Ninth Again: Somebody should start sending John Farrell this column because he's two months behind me in understanding Jackie Bradley Jr. should bat ninth. And I said it before he hit .167 in August. First, him hitting in front of the lumber gives them another lead-off hitter the second and third time around the order. Second, when he has Betts, Bogaerts and Ortiz coming up behind him he sees better pitches to hit and that's a bonus for him.

Random MVP Thoughts: Sorry, but you have to be on drugs to think WAR hero, no, make that hero to the WAR crowd Mike Trout should get any consideration for MVP. Sorry, his team is 20 games out and hasn't been in the AL West race since about April 12. That means he's had no impact on the pennant race, so if the words "most valuable" mean what I think they do, he's out. Jose Altuve, on the other hand, should be in that race. Even if Houston doesn't make the playoffs, he dragged them back into the race after looking more out of it on April 12 than the Angels. Where would they be without him?

2016 Yankees: Interestingly they're doing what the 2015 Sox did by getting better with the young'ns after shedding supposed and/or aging stars like A-Rod, Carlos Beltran, Aroldis Chapman and Andrew Miller, with the catalyst being future star Gary Sanchez reaching 11 career homers faster than anyone in history while becoming the first Yankees catcher to be named AL player of the week since Thurman Munson in 1978!

The Race: As I write this, the Sox trail Toronto by two games in the AL East but lead the wild card race by 3 games over Detroit, 4 over KC and 4.5 over the Yanks.

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Football's back

The Big Story: Nothing signals the return of football more than the annual Queen City Jamboree at Gill Stadium. The annual affair went off on Friday night with 12 schools taking part. The winners were Central (22-0 over Concord), Bedford (27-0 over Nashua South), Trinity (10-0 over West), Souhegan (12-7 over Memorial) and Timberlane (14-13 over Londonderry) while Salem and Goffstown played to a 14-14 tie.

Sports 101: Who holds the major-league baseball record for most home runs in the month of September?

Who's Hot: That would be former Nashua South star **Trevor (pretty good) Knight** after going 15 for 20 for 234 yards and three scores in the annual UNH Blue-White game. It was a strong enough effort for Coach **Sean McDonnell** to name him win the starting QB job on Monday over senior **Adam Riese** despite his solid 12-for-18 for 202 yards, two TD's performance.

Alumni News: Another familiar name was also in the mix at the NE PGA where long ago Derryfield CC Assistant Pro **Kirk Hanefeld**, now playing out of Salem CC in Salem, Mass., finished a shot behind Windham CC's **Rich Berberian** at even par 216.

The Numbers

1 – under par for Hooksett's **Rich Berberian** as his strong summer continued last week when he finished sixth with a 215 three-day total at the New England PGA Championship at Pine Hills CC in Plymouth.

4 – walks in five at-bats for top Red Sox prospect **Yoan Moncada** in an 8-2 win by the C-Dogs over the F-Cats on Thursday when he did

his real damage with a three-run homer in his lone official at-bat.

6 – months suspension for national soccer team goalkeeper (no) **Hope Solo** for her intemperate “they’re cowards” remarks following her team’s disappointing loss to Sweden in the medal round at the Olympic Games in Rio.

142 – passing yards for Bedford QB **Connor Robert**

Sports Quote of the Week: Those watching Late Night on the Olympic network NBC last week saw Bedford’s own **Seth Meyers** give his tally of the U.S. take at the Games in saying, “The U.S. brought home 46 gold medals, 37 silver and four idiots.” He’s nicer than me, I’d have said four stupid idiots.

Sports 101 Answer: The most homers hit in September is 17 by Cleveland’s **Albert Belle** when he had 50 homers and 52 doubles in 1995 and **Babe Ruth** in 1927 when he set MLB’s then record for 60 homers in a season. Ruth (1930) and Belle, with the White Sox in 1998, also hold the record for June (with **Roger Maris**) and July (with **Mark McGwire**) respectively with 15 and 16.

On This Date – Sept. 1: 1918 – The baseball season ends early due to the advent of World War I. **1963** – In a “you don’t see that every day” move, pitcher **Curt Simmons** steals home for the St. Louis Cardinals. **1989** – The baseball world is stunned when Commissioner **Bart Giamatti** dies of a heart attack at 51. **2006** – A dark day in New England and for players everywhere as **Roger (the Dodger) Goodell** begins his tenure as NFL commissioner. 🐼

on 5 for 9 passing in the Bulldogs’ 27-0 win over Nashua South at the Queen City Jamboree at Gill Stadium on Friday night.

62,000 – dollars raised by the Manchester Monarchs at the team’s Hockey for Hope banquet leading to the largest single donation ever by the Monarchs Cares Foundation to Hope for New Hampshire Recovery. 🐼

Sports Glossary

Stan Musial: Greatest St. Louis Cardinal of them all with the highly cool nickname “The Man.” Every bit the player of his more highly publicized contemporaries **Ted Williams** and **Joe DiMaggio**, and continued doing it long after both were gone. Hit .331 lifetime, with 475 homers and a third-best-all-time 725 doubles, while being a model of consistency who split his 3,630 career hits evenly with 1,815 at home and 1,815 on the road. He hit .330 at 41 in 1962 with 18 homers and 82 RBI.

Ted Williams: Red Sox great who hit .344 lifetime with 521 homers and lost roughly 175 more thanks to military call-up in World War II and the Korean police action. The Splinter hit .316 at 42 in 1960 to go along with 29 homers and 72 RBI.

Darrell Evans: Better-than-most-remember slugger with Atlanta, San Francisco and Detroit from 1969 to 1989 where he was overshadowed by **Hank Aaron**’s pursuit of **Babe Ruth**’s homer record in Atlanta, had a mediocre, mid-career stretch in SF before enjoying a renaissance in Detroit where he hit 34 homers with 99 RBI at 40 in 1987. Good enough to hit 40 homers twice, 414 lifetime and was one of three Braves (with Aaron and second baseman **Davey Johnson** — yes, that Davey Johnson) to hit over 40 in the same season.

Dave Winfield: All world athlete and **George Steinbrenner** nemesis who spent 22 years in the bigs while hitting the most vicious line drives in baseball history. Had 26 homers and 108 RBI while hitting .290 when he won his only World Series at 40 playing for Toronto in 1990.

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SUPER FUN RUNS

It seems like everywhere you look these days there are signs and flyers for upcoming road races — if you were so inclined, you could probably find a 5K to run almost every weekend in New Hampshire. But these races aren't just about running fast anymore. The focus now is often on the entertainment value, with many runs offering obstacles, themes or costumes — Color stations! Zombies! Santa suits! — plus post-race food and beer and swag that would put any oversized cotton T-shirt to shame. It's making running more accessible to everyone, and it's not just the shorter races that newbies are flocking to — once you get through that first color run 5K that your friends made you do, those feel-good endorphins could lead you to the starting line of a half marathon (so long as there's beer at the end, of course).

The CHaD Trick-or-Trot 3K. Photo courtesy of Millennium Running..

SUPER (HERO) FUN

Quirky activities, costumes and more at novelty runs

By Angie Sykeny
asykeny@hippopress.com

From Santa suits to bubble blasters, novelty walks and runs offer all kinds of amusements and are ideal for families, runners who want to shake up their routine and anyone looking for a fun way to get active.

If you like getting creative with costumes, try a themed run like Rett's Roost Superhero Run, where participants are encouraged to dress up like superheroes to show their support for kids battling cancer. Like many themed runs, it's family-friendly, low-pressure, and features fun post-race activities like visits from costumed superhero characters, food, live entertainment, face painting, a photo booth and beer for the adults. While serious runners are welcome, Rett's Roost Director Deana Cavan said she expects a crowd of mostly walkers and families with young children and strollers.

"It's a good way to encourage healthy living for families and to get kids outside and to exercise," she said. "And events like this can be a fun way to teach kids how to get out and fundraise and do things for a good cause."

Holidays provide plenty of opportunities for costumed running, too. Don your brightest green or Irish apparel at the Halfway to St. Patrick's Day 5K, where the first 1,000 registrants receive a kilt, or get jolly for the Santa Claus Shuffle, which supplies the first 1,500 registrants with a full Santa suit to run in.

There are multiple Halloween runs that encourage participants to dress up and include costume contests, trick-or-treating and other spooky festivities, but Intown Manchester takes a slightly different approach with its Downtown Zombie Walk.

"Everyone dresses like a zombie and goes growling and groaning down the street," Intown Marketing Coordinator Julia Whitney said. "I think it's something

different and definitely brings an element of fun to getting out and walking with the family, and it's fun to surprise people in downtown."

Most participants create their own zombie costumes and makeup, but for those who don't, there are free makeup applications to help them get zombified before the event begins.

Whitney says novelty walks and runs also allow participants to experience the area more fully than they could while driving by or running through in a competitive race.

"The runs like the Manchester Marathon are completely focused on running, but the ones like the Trick-or-Trot and the Santa Claus Shuffle give you a different viewpoint," she said, "Even though they're races, they're more focused on having fun in downtown and with family."

Crazy costumes aren't the only way to get festive with your run. At the annual Yule Light Up the Night event at New Hampshire Motor Speedway, you can

jaunt through the 2.5-mile Gift of Lights holiday drive-through on foot.

For a run that's more interactive, try the Crusader Color Classic 5K, where participants are doused in vibrant colored powder at various points along the course (wear white for the best results), or the Bubble Run, where they walk or run through waves of blasted colored foam at four different colored "foam bogs."

If you're looking to shake things up even more, skip the run and go for an obstacle-course race like the Insane Inflatable 5K, where you'll run, climb and bounce your way through a 5K-length inflatable obstacle course. It's untimed, so you can tackle it at your leisure and bring the whole family if they're up for the challenge.

"I think [a novelty run] appeals more to the masses and is not as competitive," Cavan said. "There's people who want to walk or families with kids who just want to have fun or do something for a good cause. Not everyone is a runner out there trying to get their best time." 🐼

UPCOMING NOVELTY AND THEMED RUNS/WALKS

Insane Inflatable 5K

Run, climb and bounce through an inflatable obstacle course in this noncompetitive 5K.

Where: Rockingham Park, 79 Rockingham Park Boulevard, Salem

When: Saturday, Sept. 3, race time slots available 8:30 to 11:30 a.m.

Cost: Ranges from \$65 to \$100

Visit: insaneinflatable5k.com/manchester-nh

My Dogs are Barking 5K

You can bring your furry friend along for this dog-friendly 5K run/walk to benefit the Animal Rescue League of NH. Enjoy a pet fair afterward with food trucks, dog demonstrations and vendors.

Where: Derryfield Park, Louis Israel Martel Drive, Manchester

When: Saturday, Sept. 10, 10 a.m.

Cost: \$30

Visit: mydogsarebarking5k.org

Bubble RUN

Walk or run through waves of colored foam at four different colored "Foam Bogs" along the course of this noncompetitive 5K.

Where: New Hampshire Motor Speedway, 1122 Route 106 North, Loudon

When: Saturday, Sept. 17, 8 a.m.

Cost: \$50. Kids age 4 and under are free with paying adult.

Visit: bubblerun.com

Rett's Roost Superhero 5K & Kid Run

Come dressed like a superhero in honor of kids battling cancer. There will be superhero characters, entertainment, face painting, food, a photo booth and beer for the adults.

Where: Throwback Brewery, 7 Hobbs Road, North Hampton

When: Sunday, Sept. 18, 10 a.m.

Cost: \$40 for adults, \$15 for runners under age 16, \$8 for kids fun run

Visit: rettsroost.org/event/superhero-5k-fun-run

Halfway to St. Patrick's Day 5K

Wear green or Irish apparel at this run celebrating the halfway point to St. Patrick's Day. The first 1,000 registrants receive a kilt.

Where: The Wild Rover Pub, 21 Kosciuszko St., Manchester

When: Sunday, Sept. 18, 10:15 a.m.

Cost: In advance, \$30 for adults age 21 and up, \$25 for youth ages 12 to 20 and \$10 for kids ages 11 and under. On race day, \$35/\$30/\$10.

Visit: millenniumrunning.com/halfway

Crusader Color Classic 5K

Be sure to wear white for this noncompetitive color run where you'll be doused in vibrant colored powder along the course.

Where: Sweeney Park, Ferry Street, Manchester

When: Saturday, Sept. 24, 10 a.m.

Cost: \$30 for adults and \$20 for youth under age 18 in advance, \$35/\$25 on event day.

Visit: crusadercolorclassic5k.racewire.com

Manchester Zombie Walk

Wear your best zombie costume and play the part as you make your way through down-

town. Free zombie makeup applications will be offered before the event begins.

Where: Brady Sullivan Plaza, 1000 Elm St., Manchester

When: Saturday, Oct. 29

Cost: Free to participate

Visit: intownmanchester.com

Hallo-Weiner Hustle

In this relay race, runners in teams of four each run a mile, eat a hotdog and drink a beer before sending the next teammate off, all while wearing their Halloween costumes.

Where: McGarvey's, 1097 Elm St., Manchester

When: Saturday, Oct. 29, 10 a.m.

Cost: \$80 per team

Visit: active.com/manchester-nh/running/relay-races/hallo-wiener-hustle-2016

Trick or Treat Trot 5K & Creepy Crawler Fun Run

Arrive in costume to this Halloween-themed 5K run and kids fun run (ages 10 and under). There will be awards for the best costumes.

Where: Exeter Hospital Campus at Exeter Healthcare Building, 4 Alumni Drive, Exeter

When: Sunday, Oct. 30, 5K at 9 a.m., Fun Run at 10:30 a.m.

Cost: Depending on time of registration, \$25 to \$35 for adults, \$20 to \$25 for runners age 18 and under, \$5 to \$10 for kids fun run.

Visit: unitedinwellness.org

CHaD Trick-or-Trot 3K

Wear your Halloween costume. A Halloween festival precedes the main race at noon.

Where: Arms Park, 10 Arms St., Manchester

When: Sunday, Oct. 30, Kids Lil' Pumpkin Runs at 2 p.m., main race at 2:30 p.m.

Cost: \$25 for adults age 21 and up, \$20 for youth ages 12 to 20 and \$10 for kids ages 11 and under.

Visit: millenniumrunning.com/trick-or-trot

Santa Claus Shuffle

The first 1,500 registrants receive a full Santa suit to run in for this Christmas-themed run. The Manchester City Christmas Parade takes place directly after the run at 4 p.m.

Where: Veterans Park, 889 Elm St., Manchester

When: Saturday, Dec. 3, Kids ElfRuns start at 2:30 p.m., main race at 3:15 p.m.

Cost: In advance, \$30 for adults age 21 and up, \$25 for youth ages 12 to 20 and \$10 for kids ages 11 and under. On race day, \$35/\$30/\$10.

Visit: millenniumrunning.com/santa

Yule Light Up the Night

Experience a winter wonderland as you run through the 2.5-mile Gift of Lights holiday drive-through display.

Where: New Hampshire Motor Speedway, 1122 Route 106 North, Loudon

When: Sunday, Dec. 11, 4:30 p.m.

Cost: \$25 for adults and youth age 12 and up, \$15 for kids ages 4 to 11, \$10 for kids age 3 and under.

Visit: millenniumrunning.com/lights

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ON THE RUN

5K options for varying levels of running experience

By Matt Ingersoll
mingersoll@hippopress.com

For runners and walkers of all different levels of athletic ability, the 5K is among the most commonly run distance for races, according to John Mortimer of Millennium Running in Bedford.

"In terms of ability, for someone to complete a 5K distance, unless you have some sort of medical issue, it's an attainable goal for people of any walk of life," Mortimer said. "We see people walk 3.1 miles in about an hour, which is roughly 20 minutes a mile, as well as people running [the same distance] in 15 minutes, or under 5 minutes a mile."

Given how far-reaching 5Ks are, they also tend to offer a more social environment than races of longer distances, where the focus may be more on the running itself.

"When you look at 5Ks on television and on the Olympics, obviously those runners are running to win medals and break records," he said, "but with people that run locally ... much of the experience is also a social experience with their family or friends. It's a great way for them to have fun together while exercising at the same time."



Athletic Alliance Running Club in Manchester.

5Ks also serve as perfect events to raise money for a cause to benefit local and charitable organizations.

"It's a very popular distance for smaller groups to run for cancer, or to run for the memory of someone that has passed on," said John McGarry, director of community relations for the Greater Derry Track Club, "and it's also a very popular race for organizations looking to put together their first race for some type of charity."

McGarry said his job in the club involves gathering sponsors for races and organizing charity work that the club does. The club was formed in 1978 and consists of about 200 members from Derry and the surrounding area. The cost to join starts at \$20 per year.

The club holds track meets at 6 p.m. every Wednesday from St. Patrick's Day to Halloween along Pinkerton Academy's track and every Sunday morning as well, when they run along various Derry roads.

From May to July, McGarry is in charge of a free "Couch to 5K" program, which trains new and first-time runners for their first races.

"They are typically beginner runners or people that haven't been exercising," he said. "So we do a lot of training on stretching, on diet, and on running form ... it's a nine-week training program when participants do three workouts a week and it starts from a combination of running and walking to the point where they are ready to run a 5K in that nine-week program ... so it's a steady progression of running time and distance over that period."

McGarry said training for this program has been rewarding, especially for runners looking to participate in their first 5K to benefit a charity organization.

"Just to see the progression of someone who may have been feeling overwhelmed in the beginning, and to watch them progress through the program and cross the finish line, has been great," he said.

An athletic alliance

Kathleen Jaworski of the Manchester-based Athletic Alliance Running Club said 5Ks are not only great for new runners to gain experience or to try something new, but they are also a good option for some of the most experienced and seasoned runners to work at getting faster.

"5Ks require much less training, and so it's less taxing on your body," she said. "It's exciting because it's quick, and for first-time runners, it's very exciting to be able to cross the finish line. That said, 5Ks are also a really great place to gauge your speed and to keep fit if you're a marathoner."

Denise Spenard, treasurer of the club, was reluctant to join the club at first because of her limited experience in running.

"I was a little intimidated at first, but I realize now that that was foolish," she said. "Because it really is for all levels of people that want to learn or feel their own running distance."

Spenard said the club typically trains for more 5Ks than any race, not only because of the runners' varying levels of experience and comfort, but also because the 3.1-mile race comprises a majority of the races that are out there each year.

The Athletic Alliance Running Club advertises several kinds of runs on its website, with a majority of its members running 5Ks, according to Jaworski. Practice track runs are held at 5:30 a.m. and at 5:30 p.m. every Wednesday from May to October at Livingston Park in Manchester. There is a fee to join the club: \$25 per person and \$30 per family annually, which includes admission to all of the races in New Hampshire that require membership in a running club to participate.

Friends Fighting Cancer 5K

A race to benefit The Friends of Norris Cotton Cancer Center
When: Thursday, Sept. 1, 6:30 to 9:30 p.m.
Where: Arms Park, 500 Commercial St., Manchester
Cost: Registration is by donation
Visit: dartmouth-hitchcock.org

Insane Inflatable 5K

An inflatable-themed obstacle course race to benefit the American Cancer Society's "Relay for Life" movement
When: Saturday, Sept. 3, 8:30 a.m.
Where: Rockingham Park, 79 Rockingham Park Blvd., Salem
Cost: \$65 pre-registration, \$75 race-day registration
Visit: insaneinflatable5k.com

Lois' Race Against Lyme 5K

A race to benefit local families affected by Lyme disease and The Lyme Disease Association, Inc.
When: Saturday, Sept. 3, 10 a.m.
Where: Stellos Stadium, 7 Stadium Drive, Nashua (race runs through Mines Falls Park)
Cost: \$25 pre-registration, \$30 race-day registration
Visit: facebook.com/loisraceagainstylyme

St. Charles Children's Home 5K

A race to benefit the St. Charles Children's Home, a safe haven for children victimized by trauma and neglect
When: Monday, Sept. 5, 9 a.m.
Where: Martin's Point Healthcare, 161 Corporate Drive, Portsmouth
Cost: \$30 race-day registration
Visit: runningnuns.com

Concord Friendly Kitchen 5K

A race to benefit Concord's only soup kitchen
When: Friday, Sept. 9, 5:30 p.m.
Where: NHTI, Concord's Community College, 31 College Drive, Concord
Cost: \$25 race-day registration
Visit: thefriendlykitchen.org

Newton Run 5K

A race to benefit the Newton Recreation Revolving Fund
When: Saturday, Sept. 10, 10 a.m.
Where: 8 Merrimack Road, Newton
Cost: \$20 pre-registration, \$25 race-day registration
Visit: newton-nh.gov

My Dogs are Barking 5K

A certified race to walk or run with your dog, to benefit the Animal Rescue League of NH
When: Saturday, Sept. 10, 10 to 11:30 a.m.
Where: Derryfield Park, Louis Israel Martel Drive, Manchester
Cost: \$30
Visit: mydogsarebarking5k.org

Childhood Cancer Lifeline 5K

An annual run to benefit Childhood Cancer Lifeline of NH
When: Saturday, Sept. 10, noon
Where: Margaritas, 1 Keewaydin Drive, Salem
Cost: \$30 for teens and adults ages 13 and older; \$10 for kids ages 5 to 12; free for kids ages 5 and under
Visit: kidscancer5k.com

PIC NH 5K, Family Fun Run, Walk & Roll

An inaugural race to benefit the Parent Information Center of NH
When: Sunday, Sept. 11, 9 a.m.
Where: Bow High School, 55 Falcon Way, Bow
Cost: \$25 for teens and adults ages 13 and older; free for kids ages 12 and under
Visit: picnh.org

Run to Fall 5K

This 16th annual race is run on the Coe-Brown Northwood Academy cross-country course
When: Sun., Sept. 11, 10 a.m.
Where: 907 First New Hampshire Turnpike, Northwood
Cost: \$15 pre-registration; \$18 race-day registration without the T-shirt and \$20 with the T-shirt
Visit: runtofall5k.weebly.com

Home Stretch 5K

An annual run and walk to benefit Family Promise of Greater Nashua
When: Sunday, Sept. 11, 3 p.m.
Where: Nashua Community College, 505 Amherst St., Nashua
Cost: \$25 for adults; \$15 for kids ages 10 to 14; free for kids under 10
Visit: annemariehouse.org

Hooksett Kiwanis 5K and Fun Run

A race to benefit Hooksett Kiwanis and to be run in memory of Tessa Creamer
When: Saturday, Sept. 17, 8:30 a.m.
Where: Hooksett Heads Hooksett Pond Trail, Hooksett and Post roads, Hooksett
Cost: \$30 for teens and adults ages 15 and older; \$10 for kids and teens ages 15 and under; \$25 per runner for groups of five or more
Visit: hooksettkiwanis.org

Bottomline Technologies Race for a Cause

A race to benefit Families First Health & Support Center, a nonprofit community health and family resource center
When: Saturday, Sept. 17, 9 a.m.
Where: Bottomline Technologies, 325 Corporate Drive, Portsmouth
Cost: \$20 pre-registration, \$25 race-day registration
Visit: btrace4acause.org

Manchester 5K Trail Race

A race to benefit Vision Missions International
When: Saturday, Sept. 17, 9 a.m.
Where: West Side Arena, 1 Electric Drive, Manchester
Cost: \$25 pre-registration, \$30 race-day registration
Visit: manchester5k.com

SalemFest 5K

A race to benefit Stand Up Salem, a drug abuse resistance program
When: Saturday, Sept. 17, 9 a.m.
Where: 2 Centerville Drive, Salem
Cost: \$15
Visit: runsignup.com/salemfest5k

Run/Walk to Break the Silence on Ovarian Cancer

A race to benefit the National Ovarian Cancer

Coalition's New Hampshire chapters

When: Sunday, Sept. 18, 8:30 a.m.
Where: Greeley Park, 100 Concord St., Nashua
Cost: \$30 for kids and adults ages 12 and up; \$20 for kids ages 6 to 11
Visit: runwalk.ovarian.org

CelebratePink 5K Run & Walk

A race to support breast cancer patients throughout the Greater Seacoast area
When: Sunday, Sept. 18, 9 a.m.
Where: Downtown Portsmouth
Cost: \$30 for adults; \$20 for kids ages 14 and under
Visit: cp5k.mybreastcancersupport.org

Miles for Mutts 5K

A race to benefit the Animal Rescue Network of New England, a nonprofit shelter for abused and neglected cats and dogs
When: Sunday, Sept. 18, 9:30 a.m.
Where: Mine Falls Park, 24 Stadium Drive, Nashua
Cost: \$30
Visit: armne.org

Erica's Run/Walk 5K to Strikeback Against Cancer

A race to benefit the Erica Pombrio Foundation, which has raised more than \$100,000 since 2010 and has helped more than 20 families in southern NH affected by cancer
When: Saturday, Sept. 24, 9 a.m.
Where: Merrimack High School, 36 McElwain St., Merrimack
Cost: \$25
Visit: ericasrun.com

Get Your Rear in Gear 5K Run/Walk

A race to benefit colon cancer awareness efforts in NH
When: Saturday, Sept. 24, 9 a.m.
Where: Gould Hill Farm, 656 Gould Hill Road, Contoocook
Cost: \$30 pre-registration, \$35 race-day registration
Visit: coloncancercoalition.org

Kelly Mann Memorial 5K and 3K

A race to benefit the Bridges Domestic and Sexual Violence Support Centers in Nashua and Milford
When: Saturday, Sept. 24, 9 a.m.
Where: Sunset Heights Elementary School, 15 Osgood Road, Nashua
Cost: \$25
Visit: bridgesnh.org

Seacoast Cancer 5K

A race to benefit the Seacoast Cancer Center at Wentworth-Douglass Hospital
When: Sunday, Sept. 25, 9 a.m.
Where: Wentworth-Douglass Hospital, 789 Central Ave., Dover
Cost: \$30 pre-registration or \$35 on race day
Visit: giving.wdhospital.com

Apple Harvest Day 5K Road Race

This race will kick off the seacoast's premier autumn street festival
When: Saturday, Oct. 1, 8:30 a.m.
Where: River Street, Dover
Cost: \$25 for teens and adults ages 15 and over; \$15 for kids and teens ages 15 and under
Visit: dovernham.org

Fun Fall Frolic Walk/Run

A race to benefit the Boys & Girls Clubs of New Hampshire
When: Saturday, Oct. 1, 10 a.m.
Where: Bronstein Park, Manchester
Cost: \$30 for teens and adults ages 13 and older; \$20 for kids ages 12 and under
Visit: mbgcnh.org

Aviation Day & Runway 5K

A race to benefit New Hampshire aviation education programs
When: Sunday, Oct. 2, 9 a.m. to 2 p.m.
Where: Concord Municipal Airport, 65 Airport Road, Concord
Cost: \$25 pre-registration, \$30 on race day
Visit: gsama.org

Footrace for the Fallen

This race honors the memory and the sacrifice of police officers lost in the line of duty and benefits the Manchester Police Athletic League.
When: Sunday, Oct. 2, 10 a.m.
Where: Manchester Police Department, 405 Valley St., Manchester
Cost: \$25
Visit: manchesterpoliceathleticleague.org

James W. Foley Freedom Run

This race will honor the memory of New Hampshire journalist James Foley and will benefit the James W. Foley Legacy Foundation, which advocates for journalists' safety and training.
When: Saturday, Oct. 15, 10 a.m.
Where: 72 Lafayette St., Rochester
Cost: \$25 for adults; \$20 for seniors ages 65 and older; \$15 for kids and teens ages 18 and under
Visit: foleyrun.org

Missy's Hope 5K

A race to benefit the YWCA's Domestic Violence Emergency Fund and The Missy's Hope Fund, which helps child witnesses to domestic violence. It is run in memory of Melissa "Missy" Cantin Charbonneau, a Manchester nurse who was killed by her husband in October 2009.
When: Saturday, Oct. 15, 10 a.m.
Where: Crystal Lake, 757 Bodwell Road, Manchester
Cost: \$20 for teens and adults ages 13 and older; \$10 for kids ages 5 to 12; free for kids ages 5 and under
Visit: missyshope5k.com

Michael LoVerme Memorial 5K

A race to benefit the Michael LoVerme Memorial Foundation. Michael LoVerme was a NH resident who lost his life in June 2012 from injuries sustained in a motorcycle accident
When: Sunday, Oct. 16, noon
Where: Merrimack High School, 36 McElwain St., Merrimack
Cost: \$20 pre-registration, \$25 race-day registration
Visit: mlfm.org

Run for One 5K for Haiti

A race to benefit children in poverty in Haiti
When: Saturday, Oct. 16, 2 p.m.
Where: Stellos Stadium, 7 Stadium Drive, Nashua
Cost: \$35 for teens and adults ages 14 and older; \$20 for kids ages 5 to 12
Visit: jesusisthewayforhaiti.org

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GO BIG OR GO HOME

Running half, full marathons in New Hampshire

By Kelly Sennott
ksennott@hippopress.com

Half marathons and marathons are kind of like the new 5K. More and more are cropping up all over New Hampshire, and as a result, more and more Granite Staters are knocking those distances off their bucket lists. And while they're not quite as accessible as all the 5K fun runs and walks out there (i.e., training is almost certainly required), there are plenty of runners out there who consider longer races to be their idea of fun.

Half, full marathon boom

Larry Gagnon, race director of the Manchester City Marathon, Powered by SNHU, said he's noticed long-distance running has become more popular in the Northeast especially.

"Running a marathon is a challenge. I've heard many people tell me it's a bucket list item," Gagnon said via phone. "And half marathons are a step in that direction. People looking to run a marathon will likely run maybe three half marathons in order to build up to that distance. ... As far as the options, there are some really good races in the area."

In New Hampshire, there's a whole slew of half and full marathons to choose from, their routes lining the coastline, following the state's trails and trekking through its mountain ranges. New ones pop up every year.

Gagnon suspects the social aspect of the races has helped their popularity, as have their variety and flexibility. Many races have full, half or relay options, giving racers stepping stones while they work their way up to the longer, more challenging courses.

"It also comes down to the reward. There's this chemical inside us, these endorphins,

FALL/WINTER 2016 N.H. HALF MARATHONS

Swanzy Covered Bridges Half Marathon,

Swanzy, Sunday, Sept. 4, elijahsrace.com

Half Full Races, Portsmouth, Sunday, Sept. 18, halffullraces.com

Dixville Half Marathon & Relay, Colebrook, Saturday, Sept. 24, northrec.org

Smuttnose Rockfest Half Marathon, Hampton, Sunday, Oct. 2, hamptonrockfest.com

CHaD Hero Half Marathon, Hanover, Sunday, Oct. 16, chadkids.org

New England Half Marathon, Concord, Sunday, Oct. 23, millenniumrunning.com

White Mountain Milers Half Marathon, North Conway, Sunday, Oct. 30, whitemountainmilers.com

Seacoast Half Marathon, Portsmouth, Sunday, Nov. 13, seacoasthalfmarathon.com

Wolf Hollow Half Marathon, Nashua, Sunday, Nov. 20, wolfhollowhalfmarathon.com

Jingle Bell Half Marathon, Atkinson, Sunday, Dec. 4, jinglebellhalf.com



Courtesy of the Manchester City Marathon, Powered by SNHU.

that say, look what I accomplished! I can go get that feeling again!" he said.

Naturally, the 13.1-mile half is more accessible to more people than the 26.2-mile marathon.

"I think it's gotten popular because people see it is do-able. You can be a person who runs just three or four times a week to complete a half marathon," said Rene Whiteley, a Runner's Alley running coach, via phone.

A marathon is the big distance, but it's not for the faint of heart.

"A marathon — that's a lot of work. You have to be willing to give up Saturday or Sunday mornings to run for three or four hours," Whiteley said.

Whiteley urges first-time half- or full-marathoners to choose races with tight community atmospheres that are close to home. Her first marathon, for instance, was the Manchester City Marathon, and she knew that after the race, she could go home, eat food cooked by her husband and take a nap.

Training

For half marathons, Whiteley typically gives herself 12 weeks. For marathons, she aims for 18.

To motivate yourself, register for a race; most half marathons and marathons in the state cost \$60 or more, so it's not a small financial commitment.

"If I spend the money, then I know I'm

FALL/WINTER 2016 NEW HAMPSHIRE MARATHONS

Clarence DeMar Marathon & Half Marathon, Keene, Sunday, Sept. 25, clarencedemar.com

New Hampshire Marathon, Half Marathon, Bristol, Saturday, Oct. 1, nhmarathon.com

Joe English Twilight Challenge Marathon, Half Marathon & Ultra, Amherst, Saturday, Oct. 15, joe-english.org

LOCO Marathon & Half Marathon, Newmarket, Sunday, Oct. 23, locomarathon.com

Manchester City Marathon powered by SNHU, Half Marathon, Manchester, Sunday, Nov. 6, millenniumrunning.com

going to train for it," she said.

The tricky part is sticking with it. Whiteley advises finding a group to run with; there are lots in the state, from the Runner's Alley group runs (at each of the locations, in Manchester, Concord and Portsmouth) to running clubs (like NH Athletic Alliance, Gate City Striders, Greater Derry Track Club or Granite State Racing Team; visit runningintheusa.com for a list).

Group support is how New Hampshire resident Colleen Flynn got into running. Her first races were 5Ks in Manchester — the Shamrock Shuffle and Cigna 5K, the latter of which she trained for with help from the Runner's Alley beginner 5K program. Then she took on the half through its beginner half marathon training group and has since twice run the Wallis Sands Half Marathon. Next on the list is the Disney Wine and Dine Half Marathon in November to celebrate her 50th birthday.

"My best training tip is to keep running. There are good runs and bad runs. My philosophy is just get out there for a run, of any time or [distance], and it's a win," Flynn said.

Some people like to listen to music while they run. Some go for audiobooks or podcasts or choose runs with nice scenery.

"I'm not a big music pusher, just because of the safety issues. You need to be hearing what's going on around you. Some people can only run with music, but I advise these people to just keep one ear bud in," Whiteley said.

After that, it's taking one mile at a time. Whiteley tells runners that if you can run for one hour, you can run for two. Small steps are key. Put reminders on your phone if you need to.

Race day

On race day, it's important not to try anything new.

"[In the running group] we talk a lot about food. Race morning is not the morning to eat an Egg McMuffin," Whiteley said.

To get through the race, Whiteley breaks it down into sections and thinks about those distances as compared to those she always runs. Six miles left? That's the run she does near Derryfield. Three? That's the turkey trot loop she runs on Thanksgiving. Or you could break the race up in terms of water stops.

"I'm very big in walking through the water stops so you can get a drink," Whiteley said.

Flynn said she used to wonder what she'd think about for 13 miles, but she found it wasn't an issue; normally she's taking in the views or running with a buddy.

Whiteley said self-talk is great too.

"I started telling myself, you're so lucky you get to do this! There are some people who can't do this. Put a smile on your face. It's all about enjoying the day. You worked hard for it," she said. 🌈

RUNNING FOR SWAG

Races upping the free-stuff ante

By Ryan Lessard
news@hippopress.com

There are a lot of reasons to participate in a race, like getting or staying in shape or raising money for a worthy cause. But admit it — what really motivates you is the free stuff.

Apparel

A lot has changed from the days when the most anyone got from a 5K was a shirt.

“At a minimum you’d get cold water, orange slices and a crappy cotton T-shirt, maybe in your size,” said Loco Running co-founder Arlon Chaffee.

Now, organizers say the options for merchandising are nearly endless. This is partly due to advances in manufacturing and online ordering, but Chaffee said it’s also the result of a boom in the number of road races.

“Runner incentives, if you will, have become significantly more important. As there are more and more road races out there, you have to offer the runner something besides a slap on the back,” Chaffee said.

The T-shirts, for example, have all upgraded from cotton to wicking performance technical Ts.

“That’s the bare minimum,” Chaffee said.

Other items have begun to appear in recent years, according to Jake Dodge, the director of creative services at Millennium Running.

“We’ve been trying to keep things unique with what you’re getting,” Dodge said.

A hooded sweatshirt was offered at last year’s Snowflake Shuffle, and participants of the Millennium Mile on New Year’s Day got scarves. This year, runners in the Traveler Beer Half Marathon on Oct. 23 will get fleece jackets. Earlier this year, runners at the Red, White and Brew race got trucker hats. Last year’s Yule Light Up the Night race in December came with hats with LED lights.

And at the Halfway to Saint Patrick’s Day 5K on Sept. 18, the first 1,000 registrants will get a green plaid kilt, Dodge said.

Medals & collectibles

Millennium Running partners with Ashworth Awards to make all their race medals and Dodge said they customize everything to make each race medal unique.

“I’ll supply the artwork, they can do any size medal, they’ll do custom ribbons to go with the medals. Everything’s fully custom. They have medals that spin, medals that can glow, medals that can have ... glitter or paint or anything on it,” Dodge said.

Some medals and memorabilia are awarded as a set to a series or as a single award for completing the whole series. Dodge said each of the Holiday Hat Trick series races came with hot cocoa mugs branded for each race.



Custom-made medals. Courtesy of Millennium Running.

Useful merch

The latest trend in race merchandising has been items that serve multiple purposes — like engraved spatulas or grillmaster aprons for the Ribfest race, Dodge said.

Chaffee said useful items have more marketing value since they get more visibility. They’re more likely to be photographed in a selfie or used as a conversation starter in someone’s living room.

“I have these hooks in my garage. I get back from a half marathon, I hang [my medal] up there. ... And then it sits there and gathers dust,” Chaffee said. “So, if you can do a coaster or a fridge magnet or a bottle opener, it lives on. It has utility beyond bragging rights.”

The medal awarded at the Smuttynose Brewing Rockfest Half Marathon is also useful — it has a bottle opener cast into the bottom end of it.

Chaffee said some races have come with branded towels and athletic bags, compression sleeves with the race name on them or branded headbands — a mix of apparel and utility.

Food

Need to recharge your electrolytes or fill up on carbs after a good run? Your options there have improved as well.

“The food has gone from orange slices to bagels and now pizza,” Chaffee said.

At the Rockfest race, there’s lobster rolls and clam chowder, for example, and at the Boot Scootin’ Boogie 5K in July, there were pulled pork sliders, frozen yogurt pops and an ice cream truck. Snowflake Shuffle runners get free soup and pasta from Bedford’s Copper Door restaurant, where the race ends.

And then there’s beer. Loco organizes the Will Run For Beer race series that culminates with Rockfest, and Millennium has the Red, White and Brews event. Plus, plenty of non-beer-focused runs include a ticket for a drink after the race.

“With [a lot] of our road races we give a post-race beer at a local bar,” Dodge said. 🍷

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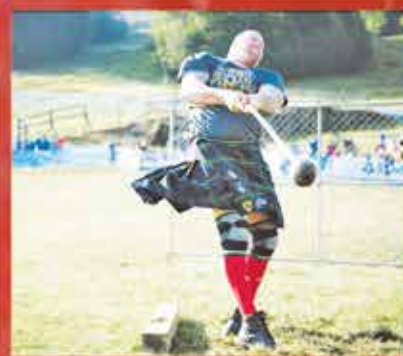
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Friday, Sept. 2

The **Hopkinton State Fair**, an annual Labor Day weekend tradition, returns to Contoocook for four days of festivities, from Friday, Sept. 2, through Monday, Sept. 5. Fairgrounds open at 8 a.m. each day and stay open until 11 p.m. each day except Monday, when they close at 5 p.m. The fair will include midway rides, livestock exhibits, home and garden exhibits, a family farm museum, a petting farm, grandstand entertainment and all kinds of vendors selling food and goods. Call 746-4191 or visit hsfair.org for more details.



Friday, Sept. 2

Popular Hong Kong actor Jackie Chan's latest film **Skiptrace** (rated PG-13) hits theaters in the U.S. Chan co-stars with MTV reality personality Johnny Knoxville in this action comedy film that is actually based on a true story of Chan's life. He plays Benny Chan, a Hong Kong detective who tries to avenge the murder of his partner at the hands of a drug lord.



Saturday, Sept. 3

Spend a day out kayaking on the water and do a good deed at the same time, starting at the Greeley Park boat launch (Concord and Manchester streets, Nashua) at 9:30 a.m. The Souhegan Watershed Association and the Merrimack River Watershed Council will be hosting a **free kayak and canoe tour** that will collect sort trash for recycling at the end of the event. Register online at nhamcpaddlers.org or by calling 533-9460.



Saturday, Sept. 3

The **Chris Duarte Group** perform a show at the Tupelo Music Hall (2 Young Road, Londonderry) at 8 p.m. Duarte is known for mixing blues and punk rock in his guitar playing, and has headlined hundreds of major festivals and clubs across the United States, Canada and Europe. Tickets are \$25. Call 437-5100 or visit tupelohalllondonderry.com for more information.



Wednesday, Sept. 7

Learn to make herbal skin salves at **Beaver Brook Maple Hill Farm** (117 Ridge Road, Hollis) that will help soften your skin. Comfrey and lavender will be used during this workshop to make herbal sugar scrubs that are designed to clean and soften your skin and make great gifts as well. Take-home recipes will also be provided. Admission is \$18 for Beaver Brook Association members and \$20 for non-members. The workshop will be held from 9 to 11 a.m. Call 465-7787 or visit beaverbrook.org to register.

EAT: artisan breads

Learn the basics of bread making while taking a class at **Finesse Pastries** (968 Elm St., Manchester) on Wednesday, Sept. 7. The class will teach how to make breads like the classic French baguette, a hearty country loaf and an herb focaccia, all from scratch. The class will be held from 6 to 9:30 p.m. and costs \$75. Call 232-6592 or visit finessepastries.com for more details.

DRINK: with Clydesdales

Clydesdale Camera Day returns to the **Anheuser-Busch Brewery** (221 Daniel Webster Highway, Merrimack) from 1 to 3 p.m. on Saturday, Sept. 3. The special event is held on the first Saturday of every month and offers a photo opportunity with one of the brewery's world famous Budweiser Clydesdale horses, followed by a tour of the brewery, the gift shop and the Biergarten. Admission is free. Call 595-1202 or visit budweisertours.com.

BE MERRY: at Fan Appreciation Day

Join the **Fisher Cats** in wrapping up their 2016 season with Fan Appreciation Day, which includes an appearance from Wally the Green Monster, on Monday, Sept. 5, at Northeast Delta Dental Stadium (1 Line Drive, Manchester). Before the 1:35 p.m. game against the Portland Sea Dogs, the Boston Red Sox Showcase brings Fenway Park to New Hampshire with a batting cage and virtual reality, starting at 11:35 a.m. A 90-minute all-you-can-eat buffet will be held at 1:05 p.m. for \$22 per ticket. Other ticket prices vary. Call 641-2005 or visit nhfishercats.com.

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Bringing the recorder back

Year-old recorder consort joins national society

By Kelly Sennott

ksennott@hippopress.com

When Kay Lane first moved to Goffstown to be closer to family four and a half years ago, she assumed she'd find a variety of nearby recorder groups to play with if she ever got the urge.

But Lane, who previously played with recorder orchestras in Iowa, discovered she'd assumed wrong when she started looking for activities to fill her time after her husband died in 2014. She began taking beginner piano lessons at the Manchester Community Music School because she had a harpsichord sitting around her house that wasn't being played. As she became more immersed in that music scene, she decided to try to find other recorder players, too. She had some luck at the school's 2015 adult recital.

"[At the recital] I played some beginning piano pieces, and I brought one of my recorders along. I thought, maybe I'll see somebody I'll talk into playing the recorder with me," Lane said during an interview at the Bridge Cafe last week.

It's how she met Kathy Dallaire, a vocal music school student from Chester, who was interested right away. ("I'm



Kay Lane, Kathy Dallaire and Carol Sanders of the New Hampshire Recorder Consort. Courtesy photo.

always looking to play anything, anytime, anywhere," Dallaire said via phone. "I thought, why the heck not?") Music school Executive Director Judy Teehan helped them find another recorder player, Carol Sanders, a Merrimack music school cello student. The trio hit it off and began rehearsing on Mondays at MCMS.

A year later, their group, New Hampshire Recorder Consort, has been accepted into the American Recorder Society — the only one associated with ARS in the state.

All the women are 70 or older and have

varying degrees of recorder experience. Sanders, who sings with the Manchester Choral Society and studied music with the New England Conservatory, taught herself in college because she found demand for beginner recorder lessons. Before she moved to New Hampshire, she played with a recorder consort in Dallas.

Lane taught herself to play about 30 years ago, and Dallaire learned as a kid. She got back into it a few years back and began playing the recorder at hospital bedsides as a Certified Music Practitioner.

They all said it's one of the easiest

instruments to learn — particularly if you've played the saxophone or clarinet or can read music — and with its low cost, is one of the most accessible.

"With the recorder, I can get up to performance grade in probably three rehearsals," Dallaire said via phone.

But it's also an instrument better played with other people, which is hard, because many people stopped playing when they were kids. Ideally, a group would have players performing different recorders — a soprano, alto, tenor and bass.

"It only plays one line, a recorder, whereas with a keyboard, you have chords. So in order for the melody to switch around and be more interesting, you need at least two players," Lane said. "People think of it as how third-graders learned about music. And that's it. But there are a few of us who like to do more than that."

With the ARS recognition, they look to draw more recorder players out of the woodwork and into their consort. They hope to set up music gigs, at weddings, wine tastings, nursing homes and galleries.

Most of the time, they play music appropriate to the recorder, music that dates back to the 15th, 16th and 17th centuries, when it was prominent.

"Henry VIII, he was a mean son of a gun, but a great recorder player. He had 60 recorders when he died, and he wrote some really amazing pieces," Sanders said.

They're also building their repertoire to include contemporary and dance music.

"We're not too bad! We're playing all kinds of things," Sanders said. 🍷

New Hampshire Recorder Consort

Meets Mondays at the Manchester Community Music School, 2291 Elm St., Manchester, from noon to 1 p.m. Visit mcmusicschool.org or call 644-4548.

22 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

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Classical Music

Events

- **MILE WIDE PROJECT** Dr. Joel Glenn Wixson presents suicide prevention program through music. Thurs., Sept. 8, at 7 p.m. West End Studio Theatre, 959 Islington St., Portsmouth. Free. Visit themilewideproject.org.
- **"FROM TRAGEDY TO TRANSCENDENCE: BACK, CASALS, AND THE SIX SUITES"** By guitarist Steven Hancock. Thurs., Sept. 8, at 6:30 p.m. Whistler House Museum of Art, 243 Worthen St., Lowell. Free. Call 978-452-7641. Visit whislerhouse.org. Another concert is Sat., Sept. 10, at 7:30 p.m. West End Studio Theatre, 959

Islington St., Portsmouth. \$28. Call 431-6644, ext. 5.

- **36TH ANNUAL BANJO AND FIDDLE CONTEST** Sat., Sept. 10, 10 a.m.-6 p.m. Boarding House Park, 40 French St., Lowell. Free. Call 970-5000. Visit nps.gov/lowe.

- **EXPRESSIONS OF LIFE AND DEATH** Featuring rising star, organist Katelyn Emerson. Part of Concerts on the Hill series. Sun., Sept. 11, at 4 p.m. St. John's Episcopal Church, 15 Randolph Ave., Portsmouth. \$15. Visit stjohnsnh.org/COTH.

- **NASHUA COMMUNITY CONCERT ASSOCIATION: THE KAT TRIO** Victoria Gorbich on violin, Vladislav Gorbich

on clarinet, and Joseph Ross on piano. Sat., Sept. 24, at 8 p.m. Keefe Center for the Arts, 117 Elm St., Nashua. Visit the site for ticket prices. Visit nashuacommunityconcerts.org.

Open calls/workshops

- **NH GAY MEN'S CHORUS: OPEN AUDITIONS** Seeking men older than 18 who are gay or gay-supportive or adults who identify as male and enjoy singing four-part men's TTBB harmony. Tues., Sept. 6, at 6:30 p.m.; Tues., Sept. 13, at 6:30 p.m.; Tues., Sept. 20, at 6:30 p.m. First Congregational Church, 508 Union St., Manchester. Visit nhgmc.com, facebook.com/nhgmc.

- **CONCORD CHORALE OPEN SING** Meet director, learn about membership, sing through some Handel anthems and Brahms' German Requiem, schedule audition. Wed., Sept. 7, at 7:15 p.m. Concord High School band room, 170 Warren St., Concord. Visit concordchorale.org.

- **WOMEN SINGING OUT! OPEN SING** Wed., Sept. 7, at 7 p.m. Christ Episcopal Church, Portsmouth. Call 978-502-2326.

- **MANCHESTER CHORAL SOCIETY OPEN SING** Looking for singers, high school and beyond. Mon., Sept. 12, 7-9 p.m. First rehearsal for season, featuring Bradley Ellingboe's "Star

Song" and Leonard Bernstein's "Candide." Manchester Community Music School, 2291 Elm St., Manchester. Visit mcsnh.org.

- **SUNCOOK VALLEY CHORALE OPEN SING** Looking for new singers, open to anyone. Mon., Sept. 12, at 6:30 p.m.; Mon., Sept. 19, at 6:30 p.m. Concord High School Music Room, 170 Warren St., Concord. Visit facebook.com/suncookvalleychorale. Call 780-4968.

- **CELLO MASTERCLASS AND CONCERT** With Cecylia Barczyk. Wed., Sept. 14, at 6 p.m. (masterclass), 7:30 p.m. concert. Manchester Community Music School, 2291 Elm St., Manchester. \$25.

Art

Events

- **CURRIER AFTER HOURS: COCKTAILS AND COLOR** Coloring books, food, cocktails, live music. Thurs., Sept. 1, 6-9 p.m. Currier Museum of Art, 150 Ash St., Manchester. Free with museum admission. Visit currier.org. Call 669-6144, ext. 108.
- **ART BE-CAUSE** One-night-only event, featuring four local artists to support Northeastern Ballet Theatre. Courtney Sanborn, Sean Ware, Liz Wilson, Monica Nagle. Fri., Sept. 2, 6-8 p.m. Flight Coffee Co., 478 Central Ave., Dover. Visit northeasternballet.org. Call 834-8834.

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ARTS

Anti-chaos

"Shape Shift & Radiant Chroma" at McGowan

By Kelly Sennott
ksennott@hippopress.com

Peace, order, serenity — these are the feelings Boston artist Nancy Simonds tries to invoke in her work, and to do this, she fills her gouache paintings and collages with simple shapes, hues and compositions.

Examples of these "anti-chaos" images hang at McGowan Fine Art in her 21-piece exhibition called "Shape Shift & Radiant Chroma," on display from Sept. 6 through Oct. 7.

The show contains two-dimensional pieces ranging in size from 5 to 90 inches, with a variety of shapes and color combinations against white backdrops. Some depict stacked rainbow blocks, inspired by the doors, windows and skylines of the city, while others contain more organic shapes, almost like pebbles, which stem from her New England road trips to see mountains, beaches and woods. There are paintings with carefully placed strips of color, and pieces that resemble mandalas.

Creating this art un-clutters her life and keeps her sane, she said.

"When you're an artist, you're an artist because it's something you have to do. Most artists are artists because they just can't not make art," Simonds said via phone last week. "[Painting] gives me this place where I can go and get away from the overall chaos in the world."

But some of her clients have also experienced remarkable responses just looking at her work — which is perhaps why it's displayed in hospitals, offices and homes across the country.

"I think people find it calming and organized on some level. I know one woman who bought my work once who works for the New York Times," Simonds said. "She looks at it and does some kind of deep breathing, and it helps her refocus."

Another woman, a doctor, wrote Simonds a note about how she'd been on the brink of a mental breakdown, contemplating whether to leave her family because she just couldn't handle it all.

"But then she saw my work and it calmed her down and she was able to engage with her life instead of throwing it out the window," Simonds said.

It seems like an intense response, but McGowan Fine Art Director Sarah Chaffee



"Cercis Spring" by Nancy Simonds. Courtesy image.

also said gallery clients were responding well to Simonds' art, which is why she felt it was time to let the artist shine in a one-person show at the Concord gallery.

"We've always loved her work. It's very appealing, even for people who don't necessarily like abstract art, because the colors are just so yummy," Chaffee said. "She's clearly a good artist, but it's also a very joyous presentation."

Simonds has been painting this kind of work for about 25 years, but she studied the classics, not fine art, in college, and spent a semester in Rome. Initially she thought she might be an art conservator but decided not to pursue that degree in grad school.

"I knew I just wanted to make art. I didn't want to work on other people's art," Simonds said.

Her technical training came from the School of the Museum of Fine Arts in Boston. But her undergraduate studies still influence a lot of work today.

"I've always admired ancient Roman and Greek architecture and sculpture. They're just sort of classic and long-lasting, simple but elaborate at the same time," Simonds said.

Simonds' abstract paintings might not appear complex, but each requires a great deal of time and contemplation, about the tensions and relationships between shapes and colors.

"There are so many little decisions I make when I'm making a piece," she said.

Simonds has constructed public art displays — the Cambridge Arts Council commissioned "Beacon of Color" in Cambridge five years ago — but mostly she works with gouache. She likes the rich, textured colors it produces. It doesn't result in a sheen afterward, as with oil paintings, or go on translucent, as watercolors often do. But there's no painting over it. Each stroke must be purposeful.

"There's certain planning involved, but there are also a lot of good accidents happening," she said. "The work references itself and grows out of itself. Every time I do a piece, I see something I could do in another piece."

Nancy Simonds: "Shape Shifting & Radiant Chroma"

Where: McGowan Fine Art, 10 Hills Ave., Concord

When: On view Sept. 6 through Oct. 7; reception Friday, Sept. 9, from 5 to 7 p.m.

Contact: 225-2515, mcgowanfineart.com, nancysimonds.com

LOCAL — COLOR — NH art world news

• **Humans and nature:** The first art exhibition at Southern New Hampshire University's McNinch Art Gallery (2500 N. River Road, Manchester, 629-4622, snhu.edu) is "Wild & Precious: A Photographic Essay," which is on view Sept. 8 through Oct. 30. The show contains images from a series of road trips Jesse Burke took with his family to explore the natural world, revealing the fragile, complicated relationship humans share with nature, as described in the press release. Burke, a commercial and fine art photographer, is drawn to the subject of children by virtue of being a father to three young girls, and his photographic essay contains a narrative about our unassumed and assumed stewardship of the environment. There's an opening reception on Thursday, Sept. 8, from 5 to 7 p.m. The exhibition and opening are free to attend and open to the public.

• **Multicultural art:** The newest addition to the Mariposa Museum's exhibit exploring multiculturalism in New Hampshire is artwork by formally trained Nigerian-born artist Segun Olorunfemi, who lives in Manchester. He talks about his life and work on Thursday, Sept. 1, at 7 p.m., at the Mariposa Museum, 26 Main St., Peterborough. Admission is \$6. Visit mariposamuseum.org or call 924-4555.

• **Make a scratch mold:** The Andres



"As Long As The Grass Shall Grow." 2013. Jesse Burke photo, courtesy of ClampArt.

Institute of Art hosts the Fall 2016 Iron Melt on Saturday, Sept. 3, at 1 p.m., at 98 Route 13, Brookline, to raise money for the annual 2016 symposium (which this year opens Saturday, Sept. 10, at Big Bear Lodge, located at 106 Route 13, adjacent to the institute). Melt participants can make scratch molds to their designs with a \$35 donation. Parking is near the kiosk, and a shuttle to the studio will be provided. Visit andresinstitute.org/events.

• **Fanart fanatics:** For Harry Potter fanatics who've come up with new fan art after the script release of *Harry Potter and the Cursed Child*, the Portsmouth Public Library, 175 Parrott Ave., Portsmouth, is looking for work to hang up during Harry Potter Day on Saturday, Oct. 15. The event will include a banquet, costume contest, trivia contest, crafts, wands and demonstrations. The library will be taking art until Oct. 11 from artists of all skill levels and ages; there's no judging, and participants can enter a drawing for prizes. Visit cityof-portsmouth.com/library or facebook.com/pplnh. — Kelly Sennott

• **ANDRES INSTITUTE OF ART IRON MELT** Make scratch iron mold. Sat., Sept. 3, at 1 p.m. Andres Institute of Art, 98 Route 13, Brookline. \$35. Visit andresinstitute.org.

• **DISCOVERING THE ISLES OF SHOALS THROUGH ART** Day trip to Star Island and Appledore. Tues., Sept. 6, 8:30-4:45 p.m. Departs from Discover Portsmouth. Discover Portsmouth Center, 10 Middle St., Portsmouth. \$125. Call 436-8433. Visit portsmouthhistory.org/islandlight-turner-lecture-series.

• **PAINT THE TOWN ART AUCTION** Art auction to benefit Kimball Jenkins School of Art. Silent auction, cocktails, wine raffle. Thurs., Sept. 8, 5:30-8 p.m. Kimball Jenkins School of Art, 266 N. Main St., Concord. \$35. Visit kimballjenkins.com.

• **JOHN PAUL JONES FALL JUBILEE AND SILENT AUCTION** Featuring jazz by dry Martini, auction, wine raffle, hors d'oeuvres. Thurs., Sept. 8, 5:30-

8:30 p.m. Discover Portsmouth, 10 Middle St., Portsmouth. \$30 suggested donation. Visit portsmouthhistory.org. Visit facebook.com/portsmouthhistory.

Fairs

• **FRANCESTOWN LABOR DAY CELEBRATION JURIED CRAFT SHOW** Featuring work of 30 artists. Mon., Sept. 5, 10 a.m.-5 p.m. Town Offices, HIHS Park, Franconia. Visit francetownhistory.info.

• **APPLE COUNTY CRAFT FAIR** More than 50 juried craftsmen displayed. Sat., Sept. 10, 9 a.m.-4 p.m.; Sun., Sept. 11, 9 a.m.-4 p.m. St. Peter's Episcopal Church, 3 Peabody Row, Londonderry. Call 494-3246.

Open calls

• **CALL FOR ARTISTS** Beaver Brook Fall Festival. Looking for work by amateurs and professionals. Non-juried. New England setting or reflecting nature. Recent art preferred. Accepting artwork

Sept. 16-Sept. 19. Festival is Sept. 24-25. Maple Hill Farm, 117 Ridge Road, Hollis. Visit beaverbrook.org.

• **CALL TO ARTISTS: 50TH ANNUAL ART IN THE PARK** Looking for artists. Download application at manchesterartists.com. Call laurielafleur6@gmail.com. Sat., Sept. 17. Watson Park, Merrimack.

Openings

• **SEGUN OLORUNFEMI** Art exhibit of Nigerian-born artist from Manchester. Presentation about his life and work Thurs., Sept. 1, at 7 p.m. Mariposa Museum, 26 Main St., Peterborough. \$6. Visit mariposamuseum.org. Call 924-4555.

• **"PORTSMOUTH TO PITTSBURG: THE SALT AND SAWDUST OF NEW HAMPSHIRE"** Art show featuring work by Bruce Bacon. On view Aug. 31 through Oct. 1. Reception Fri., Sept. 2, 5-8 p.m. Robert Lincoln Levy Gallery, 136 State St., Ports-

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ARTS

CURTAIN — CALL —

Notes from the theater scene

• **Theater at the gallery:** Members from theatre KAPOW read Edward Albee's 2008 play *Occupant* at the Currier Museum of Art, 150 Ash St., Manchester, on Sunday, Sept. 11, at 2 p.m., in relation to "Dream Houses XXXIII," 1972, by Louise Nevelson, which is in the museum's permanent collection. The play follows "unapologetically flamboyant" New York sculptor Louise Nevelson's life, examined by an unnamed interviewer who questions the posthumous Nevelson — her public accomplishments and her private emotional conflicts — with an unabashed scrutiny. Nevelson answers this interviewer's queries with clarity born of the distance provided by death, as described in the press release, the result being an honest tribute to a pioneer for free-thinking women. The reading features Aimee Blessing and Tomer Oz, under the direction of Carey Cahoon. Dr. Landis K. Magnuson from Saint Anselm College will lead a post-reading discussion. The reading is part of theatre KAPOW's ARTiculate Playreading Series and is free with admission (\$15 for adults, \$13 for seniors, \$10 for students). Visit [tkapow.com](#) or [currier.org](#).

• **Rep enters long-term lease:** The Seacoast Repertory Theatre (125 Bow St., Portsmouth, [seacoastrep.org](#)) has entered into a long-term, renewable lease with the Bow Street Theatre Trust, giving the nonprofit the opportunity to purchase the space it now occupies, according to a story by



Laurie Torosian and Len Deming in theatre KAPOW's ARTiculate Playreading Series at the Currier Museum of Art. Photo by Matthew Lomanno.

the Seacoast Media Group. The lease stipulates that for the first five years, any funds the Rep commits to improving the space will reduce the purchase price, with the goal of the company taking ownership of the building by 2025. The long-term lease will provide "long-needed" stability, said Alan Gold, president of the Rep's board of directors, in the story, and it establishes long-term site control for the nonprofit theater, making it more attractive to grant-makers and large donors, not to mention opening doors for renovation, expansion and redesign possibilities. Visit [seacoastrep.org](#).

• **For fiddle-lovers:** The 36th Banjo and Fiddle Contest hits Boarding House Park, 40 French St., Lowell, Mass., on Saturday, Sept. 10, from 10 a.m. to 6 p.m. The event promises jam sessions and music workshops from 10 a.m. to noon., plus musical entertainment in the afternoon. The event is free to attend, both for contestants and for traditional music fans who want to come and listen. Bring lawn chairs. Visit [nps.gov](#) or call 978-970-5000.

— *Kelly Sennott* 🍷

mouth. Visit [nhartassociation.org](#). Call 431-4230.

• **ISLES OF SHOALS- THEMED ART** Art exhibition featuring work by 13 artists; pieces depict Isles of Shoals. On view through September. Opening Fri., Sept. 2, 5:30-8:30 p.m. Todd Bonita Art Gallery, 39 Ceres St., Portsmouth.

• **"BORN TO FLY"** On view Sept. 2 through Oct. 16. Artist reception Fri., Sept. 2, 6-8 p.m. Aviation Museum, 27 Navigator Road, Londonderry. Call 669-4820.

• **37TH ANNUAL PARFITT JURIED PHOTOGRAPHY EXHIBITION** On view Aug. 31-Oct. 1. Reception Fri., Sept. 2, 5-8 p.m. Robert Lincoln Levy Gallery, 136 State St., Portsmouth. Visit [nhartassociation.org](#). Call 431-4230.

• **"WILD & PRECIOUS: A PHOTOGRAPHIC ESSAY"** Photo exhibit with artwork by Jesse Burke. On view Sept.

8 through Oct. 30. Opening Thurs., Sept. 8, 5-7 p.m. SNHU McNinch Art Gallery, 2500 N. River Road, Manchester. Call 644-3158. Email [s.boucher@snhu.edu](#).

• **"SHAPE SHIFTING & RADIANT CHROMA"** Art exhibition with work by Nancy Simonds. On view Sept. 6 through Oct. 7. Reception Fri., Sept. 9, 5-7 p.m. McGowan Fine Art, 10 Hills Ave., Concord. Call 225-2515. Visit [mcgowanfineart.com](#).

Theater Productions

• **THE SPITFIRE GRILL** ACT ONE production. Fri., Sept. 2, at 2 and 7:30 p.m.; Sat., Sept. 3, at 2 and 7:30 p.m. West End Studio Theatre, 959 Islington St., Portsmouth. \$20. Visit [actonenh.org](#).
• **TALES TOLD: AUTHENTIC VOICES SHARING TRUE TALES OF THE HUMAN EXPERIENCE** Tues., Sept. 6, at 7 p.m. Hatbox Theatre, 270

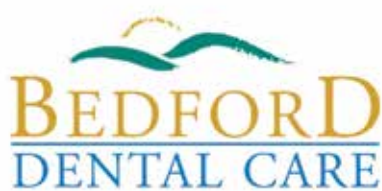
Loudon Road, Concord. \$16.50. Visit [getyourtaleon.com](#).

• **45 PLAYS FOR 45 PRESIDENTS** Merrimack Repertory Theatre production. On view Sept. 7 through Oct. 2. Merrimack Repertory Theatre, 50 E. Merrimack St., Lowell. Visit [mrt.org](#).

• **SISTER ACT** Palace Theatre production. Sept. 9 through Oct. 1. Palace Theatre, 80 Hanover St., Manchester. \$25-\$45. Visit [palacetheatre.org](#). Call 668-5588.

• **ABSINTHE & OPIUM BURLESQUE** Cabaret featuring dancers, improvisers, comedians, burlesque. \$16. 50. Fri., Sept. 9, at 7:30 p.m.; Sat., Sept. 10, at 7:30 p.m. Hatbox Theatre, 270 Loudon Road, Concord.
• **PLAY READING OF OCCUPANT** theatre KAPOW reading of Edward Albee play. Sun., Sept. 11, at 2 p.m. Currier Museum of Art, 150 Ash St., Manchester. Free with museum admission. Visit [tkapow.com](#).

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INSIDE/OUTSIDE

Out of this world

Exeter UFO Festival returns

By Matt Ingersoll
mingersoll@hippopress.com

New Hampshire is home to one of the most unexplained and highly publicized alleged UFO sightings in history, an account back on Sept. 3, 1965, from two Exeter police officers and a 19-year-old man named Norman Muscarello that has simply been coined the "Exeter Incident."

This Labor Day weekend, the 51st anniversary of the incident will be celebrated with a series of UFO- and paranormal-themed lectures, along with several children's and family-oriented events.

The seventh annual festival will be held Saturday, Sept. 3, and Sunday, Sept. 4, and is a major fundraiser for the Exeter Area Kiwanis Club.

Bill Smith of the Exeter Kiwanis said the 1965 incident actually occurred in the neighboring town of Kensington, but because Muscarello was an Exeter resident and Exeter police responded and allegedly witnessed the UFO, it's become known as the "Exeter Incident."

"Norman ... was walking back to his home in the middle of the night when he saw this thing hover and saw it move," Smith said. "So off he goes to the Exeter police station, and then the two officers who went out there to investigate saw it too. That was what really gave this incident some legs, was that these were trained officers who supposedly saw this thing too."

Smith said local researcher and historian Dean Merchant started the UFO Festival in 2010 out of a fascination with alleged UFO sightings and alien abductions.

"Dean was disappointed that no one at the time had seemed to



Exeter UFO Festival. Courtesy photo.

remember this incident in '65," he said, "and when he did his research, he found out that it was probably the most documented and researched sighting in the country, ranking with Roswell. So when he realized that it was something of a historic nature, he invited some prominent speakers of the day and asked them if they wanted to do a lecture series on ufology and UFOs in general."

Smith said the first festival drew a modest following of around 100 people despite some initial skepticism among the town's citizens, and since then it has continued to grow.

"It's understandable that several years ago, people would say, 'Are you nuts?' ... or, 'This is embarrassing,'" Smith said. "But as Dean persisted in expanding [the festival], people began to kind of see that these were educated people and not just a congregation of people walking around town with aluminum foil on their heads."

Smith said last year's festival drew national attention because it observed the 50th anniversary of the incident, and it was also the first year the event expanded from one to two days.

"What we do is try to get a mix of both local and international speak-

ers," he said. "We do a little bit of rehash of the Incident at Exeter, and an update on everything there and what is new, but most of the speakers that come in now talk about a wide variety of topics."

Topics this year include "Evidence of UFO Coverups by Government Agencies," by author and ufologist Kathleen Marden, and "Origins of the UFO Ridicule Factor," by investigative writer and lecturer Peter Robbins. Ryan Mullahy of New Hampshire UFO Research will be there to speak about other documented sightings in the Granite State.

A New Hampshire organization called the Seacoast Saucers will give a presentation that will highlight social awareness of UFOs.

"They will talk about why this topic is still considered to be a taboo in today's society, despite all these sightings that have spanned over decades," Smith said.

The festival will also feature a staged "crash site," made up of recyclable materials and set up along Exeter's townhouse commons.

"It becomes an arts and crafts event for the kids," Smith said. "They collect the stuff and make ray guns, space packs, laser rockets, and other space- and UFO-related stuff. We've been doing that

for three or four years now and it's always a big hit with the kids."

UFO-themed face painting, T-shirts, balloons and other items will also be offered at the townhouse commons.

"The speakers are generally more adult-oriented, and some of them can get really technical," Smith said. "So with [the Kiwanis Club] being more youth-oriented, we want to make it a fun event for the kids too."

This year, for the first time, the Exeter Area Chamber of Commerce has arranged a trolley service for people to visit the site in Kensington where the alleged UFO sighting took place.

"Mike Stevens from Seacoast Saucers is going to be on the trolley and will give a narrative of the incident itself that should dovetail nicely into the site's visit," Smith said.

A \$20 donation is requested for the lecture portion of the event; kids' activities and other events happening outside of town hall are free, with varying costs for food and merchandise. A special meet and greet with each of the speakers will be offered at the Hampton Inn and Suites in Exeter from 7 to 9 p.m. on Saturday; the cost for that is \$20, and tickets are limited. 🍌



KIDDIE — POOL —

Family fun for the weekend

Sky high

Stop by the Amoskeag Fishways Learning & Visitors Center (4 Fletcher St., Manchester) at 11 a.m. on Saturday, Sept. 3, for their special “Saturday Nature Seekers” program. Discover something new every month at the center through “short and sweet” mini-programs and nature-based activities. This month’s topic is **bird migration**. Admission is free and there is a suggested family donation of \$5. No registration is required. Call 603-626-FISH or visit amoskeagfishways.org for more details.

Join the Aviation Museum of New Hampshire (27 Navigator Road, Londonderry) for an opening reception for their special juried art show, “**Born to Fly**,” which will showcase several aviation-themed and interactive exhibits. The reception will be held from 6 to 8 p.m. on Friday, Sept. 2, with awards announced at 7 p.m. Light refreshments will be served. The exhibit will continue to be on display during the museum’s normal hours of operation through Oct. 16. Admission is \$5 for adults, \$2.50 for kids ages 12 to 16 and free for kids 12 and under. Call 669-4820 or visit nhahs.org.

Join the McAuliffe-Shepard Discovery Center (2 Institute Drive, Concord) for their next **Super Stellar Fridays** event on Friday, Sept. 2. Held on the first Friday of every month, the event features a planetarium show at 7 p.m. followed by a special feature presentation beginning at 8:15 p.m. This Friday will feature a screening of the 1954 movie *Them!*, starring James Whitmore. The center will also be open until 10 p.m. that night and will feature a free telescope skywatch with the New Hampshire Astronomical Society beginning at dusk. Admission to the Super Stellar Fridays program at the museum is \$10 for adults, \$9 for seniors and students, and \$7 for kids. Call 271-7827 or visit starhop.com for more details.



Fun with clay

The **Studio 550 Arts Center** (550 Elm St., Manchester) will be holding a Family Pottery Workshop from noon to 1 p.m. on Saturday, Sept. 3. Kids of all ages can come to the studio with their parents and families to hand-sculpt a clay project from scratch. There is no defined lesson plan, and no prerequisites in knowing how to build something from clay. If you are stumped, the teacher will have projects to suggest and will guide you. Leave your creations at the center for three to four weeks before taking home. Admission is \$30 for the first parent-and-child pair and includes all materials, instruction and finishing of work. Each additional parent or child is \$10. Call 232-5597 or visit 550arts.com for more information.

Last call

Don’t miss the final fireworks show of the season at **Canobie Lake Park** (85 N. Policy St., Salem) at 9 p.m. on Saturday, Sept. 3. The park will be open for its regular hours from 11 a.m. to 8 p.m. with carnival midway rides, food, live entertainment and more, and it all leads up to the fireworks to tap off the evening. The best place to watch the show will be from the DaVinci’s Dream ride. Tickets are \$38 general admission before 5 p.m. and \$26 after 5 p.m., \$29 for seniors and kids under 48 inches tall, and free for kids ages 3 and under. Call 893-3506 or visit canobie.com for more details.

CRUISE DOWNTOWN

More than 700 classic cars will take to the streets of downtown Manchester for the 15th annual **Cruising Downtown** show on Saturday, Sept. 3, from 8 a.m. to 4 p.m. Presented by the Manchester Rotary Club, the event is the third largest car show in New England and also offers a fun-filled day of family entertainment that will include live music and hundreds of cars on display along Elm Street throughout the day. Radio stations 99.1 and 106.3 Frank FM and 93.3 The Wolf will also be on hand to broadcast the event live. Admission is \$5 for adults and free for kids ages 12 and under, and all proceeds will be distributed to Manchester-area nonprofits through the Rotary Club’s grant program. Call 669-2411 or visit cruisingdowntown.com for more details.



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IN/OUT THE GARDENING GUY

Flowers for free

How to get your plants to self-sow

By Henry Homeyer

listings@hippopress.com

Right now my front walkway is dominated by annual flowers, many of them that I did not plant — not this year, anyhow. First and foremost are the calendula. These are wonderful bright yellow flowers in the composite family, like daisies or sunflowers. They blossom and then drop seeds on the soil so they come back every year.

To have a nice supply of calendula, all I had to do was leave some of the seedlings to develop this spring. The seedlings are easy to identify: their color is a bright green, the color of young lettuce. I removed many but left a dozen or so. Right now they are gorgeous.

Another of my annual favorites that seeds itself is a big, bodacious flower with white blossoms that are often more than 6 inches long and shaped like a trumpet: Angel's trumpet. It comes in both white and purple forms, though I have not been impressed with the purple ones — they are much less vigorous, with fewer blossoms.

Angel's trumpet is my substitute for Asiatic and Oriental lilies, which I can no longer grow — they are consumed and ruined by an invasive red beetle. Unlike the true lilies, Angel's trumpet is not bothered by the beetles and blooms all summer. I have read that the seeds and flowers are poisonous — they produce severe hallucinations. But the seeds come in spiny covering, so few kids or animals are likely to want to put them in their mouths.

When I see their distinctive leaves in the spring I move them to a place where I have space for a plant that is often 4 or 5 feet across and 2 to 3 feet tall. Some years I get plenty of "babies;" other years I do not. They grow best in full sun to part shade in rich soil that stays a little moist.

Also on my front walkway is a tall plant with tough, thin, wiry stalks that often reach 4 to 5 feet, Brazilian verbena. In our climate this is an annual, but back home in South America it is a perennial. It has reddish-blue flowers, usually in groups of three at the tops of the stems. It rarely needs to be staked.

Its spring leaves, important to recognize if you want free flowers, are in pairs with serrated edges and roughly the shape of an elongated tennis racket. Look hard at the leaves now, noting the color and texture — even though the mature leaves are greatly elongated.

Of course, if you want to get flowers to self-sow, you must allow seeds to fall on bare soil. Even a 1- or 2-inch layer of mulch will prevent most seeds from finding a home and growing. If you are well mulched, you



Brazilian verbena close-up. Courtesy photo.

will need to monitor the seeds so you can pull back the mulch and sprinkle some on the ground when they are brown and ripe.

But there are other ways to get lots of plants besides encouraging self-sowing. Some perennials spread by root, turning a small clump into a big one in no time at all. Bee balm is one that is a well-known spreader. Of course it is a lovely flower and most of us are happy to have more. And it pulls up easily, so I don't call it a thug. Mine do best in part sun — morning only — and soil that doesn't dry out too much.

In a funny quirk of fate, one of the least obedient plants I grow is called obedient plant. This is a beautiful tall pink plant that grows and spreads like crazy! It is a great cut flower with square stems with little florets up and down it. Here is what I recommend: If you want to grow obedient plant, put it in shade, and don't give it too much moisture. I have it growing under a rosemary willow that has its lower branches pruned off, and it is lovely there. And if it grows toward the sun, it's in the lawn where my mower will keep it in line.

Obedient plant also comes in a form with green and white leaves. This spreads a little, but it is not a thug for me. Whenever you have white portions of leaves, the plant gets less food because there is no photosynthesis in the white parts. That will make them less able to survive our winters, too. Plantswoman Nina Klinck at E.C. Brown Nursery in Thetford, Vermont, says, "A variegated leaf plant is one zone less hardy than the same plant with all green leaves." I agree.

One last suggestion: Don't fertilize thugs or any plants that might take off and run. The less nitrogen and other nutrients in the soil, the more likely it is that you can control overly vigorous plants. Even adding compost to the planting hole is giving it an advantage it does not need. Put a thug in dry, crummy soil and maybe, just maybe, it will behave itself.

Read Henry's blog twice weekly at dailyuv.com/gardeningguy. Henry gardens in Cornish Flat. He is the author of four gardening books. 🍷

Dear Donna,

I have a question about what I think are sacks from a farm right here in New Hampshire. I acquired them from a relative and have over a dozen. They are in fair condition and have the name F.E. Litchfield on them. Can you give me any history, possibly?

Linda F. from Boscawen

Dear Linda,

What you have are grain sacks, and yes, they could be from a farm or factory. These are what were used for many grains and other things as well. American grain sacks have been around since the 1800s into the 1900s. They are usually thicker than ones found from other countries and not as collectible. I'm not sure why this is but it could be that most have been used so much that they are worn and stained. But isn't that what they were for?

I can't see the back of yours, but a lot of bags were done by Bemis Co. and it would have its logo on it. And as with yours, it's not uncommon to have the farmer's or manufacturer's name on it as well. I did some research on F.E. Litchfield and found there was one from Danbury and I would



think that was him.

Although grain sacks were used for many reasons then, they now are used more for decorative reasons. So having them stain-free would be important. I don't think holes or worn areas would be such a factor in today's decor. So, Linda, I think you have a few sacks to have fun decorating with. The value would be in the \$20 range for each.

Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (fromoutofthewoodsantiques.com). She is an antiques appraiser and instructor. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or email her at footwdw@aol.com. Or drop by the shop (call first, 624-8668). ☺

Continuing Education Adult education

• COFFEE AND COLORING FOR ADULTS Enjoy the magic of coloring - this time with a giant mug of coffee. Fri., Sept. 2, 10 a.m. Goffstown Public Library, 2 High St., Goffstown. Free. Call 497-2102.

Professional development

• PUBLIC SPEAKING WORKSHOP Taught by Southern New Hampshire University Professor Andrea Bard, this workshop offers instruction on delivering professional, confident and well-articulated presentations. Sat., Sept. 10, 9 a.m. to 3 p.m. Nackey S. Loeb School of Communications, 749 E. Industrial Park Drive, Manchester. \$50 (includes lunch). Call 627-0005.

Dance

Special folk dances

• ENGLISH COUNTRY DANCE Dave Bateman leads the dances with music by Vince O'Donnell and Amy Cann. Beginners and singles are welcome. Sun., Sept. 11, 6 to 9 p.m. West Street Ward House, 41 West St., Concord. \$10. Call 934-2543 or visit nhceds.org.

• CONTRA DANCE Caller Chris Ricciotti with the band Gypsy Minor. Beginners, singles and families are welcome. Sat., Sept. 17, 8 to 11 p.m. East Con-

cord Community Center, 18 Eastman St., Concord. \$7; \$5 for ages 15 to 25; free for kids ages 15 and under. Call 225-4917.

Festivals & Fairs Events

• AUBURN DAY & 24TH ANNUAL DUCK RACE This annual event is the main fundraiser for the Auburn Historical Association. Activities include a duck race, an antique car show, local artisans and vendors, a BBQ by the Auburn Fire Department, the Salmon Falls Apple Pie Contest, children's activities, and more. This is a rain or shine event. Sat., Sept. 17, 10 a.m. to 4 p.m. Auburn Village, Auburn. Free admission. Call 483-2547.

Health & Wellness

One-time screenings

• IMMUNIZATION "PARTY" Services offered will include shingles, flu, pneumonia, and other immunizations, HIV/HCV testing and counseling and free blood pressure screening. There will be also be refreshments and live music, coordinated by the Wilton Community Center in collaboration with the Nashua Division of Public Health and Community Services. Wed., Sept. 14, 3 to 4:30 p.m. Edgewater Estates, 5 Howard St., Wilton. \$10. Call 589-4500.

Marketing & Business Networking groups

• SOCIAL MEDIA FOR BUSINESS WORKSHOP The goal of this workshop is to help small business owners and nonprofits get started or improve and manage use of Facebook, Twitter, LinkedIn, and video marketing. Fri., Sept. 16, 9 a.m. to 3 p.m. Nackey S. Loeb School of Communications, 749 E. Industrial Park Drive, Manchester. \$50 registration, which includes lunch. Call 627-0005.

Personal finance workshops

• IS ENTREPRENEURSHIP RIGHT FOR YOU? This workshop is designed to help decide if starting your own business is right for you. Wed., Sept. 7, 6 p.m. Derry Public Library, 64 E. Broadway, Derry. Free. Call 432-6140.

Miscellaneous

Car & motorcycle shows

• CONCORD KIWANIS ANTIQUE AND CLASSIC CAR SHOW There will be 21 classes of cars with trophies, vendors, a giant raffle, a 50/50 raffle, and Kiwanis Food and free parking. Sat., Sept. 10, 9 a.m. to 3:30 p.m. NHTI-Concord's Community College, 31 College Drive, Concord. \$3 general admission. Call 224-1504.

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Sitting parked for extended period will not damage a car



By Ray Magliozzi

Dear Car Talk:

I own a Honda Fit that is included in the big air-bag recall. Honda has provided me with a loaner car while we wait for parts to fix the problem (thank you, Honda). When Honda gives you a loaner, you sign a statement agreeing not to drive your car at all. The recall notice from Honda also indicates that the Fit should not be driven until the repairs are made. My car has now been sitting in my garage for nearly three months. What damage might be happening

to my car, if anything, because it has been sitting for so long? — Fred

Nothing. The worst thing that will happen is that the battery will go dead and you'll lose all your radio presets.

It's possible that the belts will dry out a little bit and you'll get a small amount of surface rust on your brake discs, which will wear off in 20 minutes of driving. I guess if you're truly unlucky, a family of mice might move in and procreate under your hood. Even mice find the Fit roomy.

If you had written to us when you first parked the Fit, I would have suggested that you disconnect the battery. But it's kind of done that on its own. It's probably dead by now, and will need to be recharged. But that's not a big deal.

If it's not dead, I suppose you could run the engine for half an hour every other week or so. You're not supposed to drive it, but I assume there's no danger in starting it. Well, just to be safe, put on a football helmet and turn your head to the right before you turn the key.

But honestly, Fred, at this point I would do nothing; just leave it. When Honda calls you and says your parts are in, tell them to send a tow truck to come and get it. After all, it's not safe for you to drive it, so they

won't be expecting you to start it and drive it in.

And the tow-truck driver will jump-start the car if he needs to. Then Honda will recharge the battery when they make the repairs.

And then when your car is completely repaired, you can drive your loaner back to the Honda dealer, swap it for your car, and leave them the football helmet, too.

Dear Car Talk:

When I'm driving my 2007 Audi Q7, water will pour out from under the console into both the passenger and driver's sides. My carpet is now soaked. No one knows what the problem is. Some say it's the wells that are clogged, but not so. I need advice! — Trina

You didn't order the Audi footbath feature, did you?

It sounds like the drain for your AC evaporator is plugged up. When you run the air conditioner, moisture gets removed from the air inside the car. That moisture then collects in the evaporator housing, and is supposed to drain out onto the ground through a small tube under the car. But yours isn't draining.

Over time, the tube can get clogged up

by stuff that travels through your ventilation system: dust, pollen, the occasional rodent. Then the housing around the evaporator fills up with water, and when you turn left or right, you suddenly wish you were wearing your waterproof boots.

You can test this theory by starting the car and letting it run in your driveway for half an hour with the AC on. When you look underneath the car, you should see a small puddle of water. If not, that drain is plugged.

Your mechanic will put it up on the lift and clear out that rubber drain using compressed air. He should wear his fireman's hat when he does it, because once he removes the debris, that stored water probably will pour out onto his head.

If you do see water dripping under the car when you do the test, the other possibility is that your sunroof drains are clogged. They also can be cleared out with compressed air, but it's a little more involved.

And if it's neither of those, then you probably have a leak around your windshield seal. But I'd put my money on the AC evaporator drain, Trina, which is the cheapest and easiest to fix. Good luck.

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Horses with history

Lipizzan stallion shows to benefit UpReach



Courtesy photo.

By Matt Ingersoll
mingersoll@hippopress.com

Watch “the ballet dancers of the horse world” when Herrmann’s Lipizzan Stallions stop in Goffstown during Labor Day weekend as part of their two-month tour.

The stallions will perform their dance-like *Airs Above the Ground* techniques during four 90-minute shows at UpReach Therapeutic Equestrian Center from Friday, Sept. 2, through Monday, Sept. 5.

“These horses were originally kept behind closed doors for royalty and bred for war,” said Gabriella Herrmann, owner of Herrmann’s Lipizzan Stallions farm in Florida, “so only the kings, princes and high-ranking officers were allowed to sit on them. They actually stopped using the [*Airs Above the Ground*] maneuvers when gunpowder started to be used, so it’s considered ... a lost art.”

Among the special methods of dressage the horses will be performing will include the “levade,” in which the horse raises its two front legs to maintain a standstill position at a 45-degree angle. Other maneuvers will be the “coubette,” where the horse performs several jumps on its hind legs off the ground, and the “capriole,” where it strikes with its hind legs after leaping in the air from all four feet.

Herrmann said all breeds of horses are capable of performing these types of maneuvers, but the Lipizzan Stallions are easier to train because they have a much heavier bone structure in their feet.

It’s little factoids like this that make these shows more than just an artistic performance, Herrmann said — there’s a history lesson, too.

“[We] explain a lot of history, and the training and maneuvering is explained too, so it’s very educational,” she said.

About 12 of the stallions tour at one time. Herrmann said they used to visit venues

small and large all over the United States and parts of Canada. But in recent years, they have focused on much smaller venues — it gives people a chance to see them up close, and it’s a little easier on the horses.

“A generation of seniors who come to our shows know the history of [the stallions] coming to the U.S., and we’ve got families that now come and bring their children when they themselves came as kids,” Herrmann said. “And of course those in the horse community appreciate the shows because they know the time it takes to train these horses.”

Herrmann said several members of her family as well as hired apprentices come to the farm and to the shows during the tour. This will be their first time visiting UpReach, but they have performed shows at a few other therapeutic centers in the past.

All proceeds from ticket sales at each of the four shows will benefit all of the offerings at UpReach, according to program director Kristen McGraw, which include therapeutic horseback riding, a therapeutic carriage driving program, equine-facilitated mental health and assisted learning programs, and several other partnerships.

“It’s a great cause and my hand really goes out to those folks,” Herrmann said, “because I know how much work, effort and patience goes into doing this. ... It’s a treat because the horses love the audiences, and the [money] they are raising for the Center is definitely another great aspect.”

Herrmann’s Royal Lipizzan Stallions

When: Friday, Sept. 2, 7 p.m.; Saturday, Sept. 3, 3 p.m.; Sunday, Sept. 4, 5 p.m.; and Monday, Sept. 5, 3 p.m.

Where: UpReach Therapeutic Equestrian Center, 153 Paige Hill Road, Goffstown
Cost: \$25 for adults, \$20 for kids ages 6 through 12
Visit: hlipizzans.com or upreachtrc.org

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ON THE JOB

JOSHUA CARLONI

LOBSTER BIOLOGIST

Joshua Carloni of Barrington is a marine biologist with the New Hampshire Fish & Game's Marine Fisheries Division. His specialties are in the monitoring and research of American lobsters.

Q: *Explain what your current job is.*

I head up all of the lobster and crab biological monitoring and research programs for the state. ... I spend about 40 percent of my time in the field collecting data and probably the other 60 percent or so in the office analyzing data to determine the health of the resource. ... All of the field work is generally done within a window of May to October and a little into November.

How long have you been in your career?

I've been [with New Hampshire Fish & Game] full-time for about 10 years. ... I've been focusing on lobster for that entire

time. There are many other biologists in the office that work on various other species, though, and sometimes I'll help them with their work.

How did you get interested in this field?

Ever since I was a child, I've always been interested in the outdoors, and I knew I wanted a career in the outdoors.

What kind of education or training did you need for this job?

I went to Johnson State College in Vermont and studied environmental science. ... I took a lot of different classes there but wasn't exactly sure of what I wanted to do

until I took a class in wildlife management during my senior year. It opened my eyes to a possibility that I wasn't aware of in the past. So after I graduated, I applied for a job with the state and got a job part-time with the [New Hampshire] Fish & Game Department doing a variety of tasks and I soon worked up to a full-time position. ... I'm currently enrolled at UNH [in a master's degree program].



Courtesy photo.

What do you wish you'd known at the beginning of your career?

It's a great job and you get to spend a lot of time in the field collecting data, but it's important to remember that even with a job like this, it's a lot of work and you need to prepare yourself very well. ... I would say I was a little naïve when I first began this career.

What is your typical at-work uniform?

In the office, it's pretty laid back, but in the field, we try to dress in a way that the public will know who we are ... so you dress appropriately by making sure you're wearing a golf shirt with the Fish & Game logo on it.

What was the first job you ever had?

I worked at the Lantern Motor Inn in Jefferson as a groundskeeper. ... I did a lot of landscaping and I shoveled out firepits.

— Matt Ingersoll

WHAT'S SOMETHING YOU'RE REALLY INTO RIGHT NOW?

My wife and I own an oyster farm that's been taking up a lot of our time ... we actually grow them from the size of a thumbnail to about 3 inches long and sell them to local restaurants in Portsmouth.

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News from the local food scene

By Angie Sykeny
food@hippopress.com

FOOD

Tropical tastes

New cultural festival features Caribbean cuisine

By Angie Sykeny
asykeny@hippopress.com

Experience the flavors of the islands at the first annual 1Love Caribbean Festival, with food representing at least four different Caribbean nations as well as cultural music and dance performances, craft vendors and fun for kids.

The festival is happening Saturday, Sept. 3, at the Milford Community House lawn and is hosted by the Caribbean Fete & Cultural Group. The new organization was founded by Manchester woman Rane Edwards, who grew up in the U.S. Virgin Islands on the island of St. Croix, and her husband Albert Edwards Jr., who works as a local chef.

"The Caribbean community has been included in some of the other festivals going on, but there was nothing for us specifically," Rane Edwards said. "I looked around and noticed that Glendi is its own festival, Mahrajan is its own festival, and I thought to myself, there's Caribbean people here. Why don't we go ahead and create something to educate New Hampshire about our food and culture and way of life?"

There will be at least four food vendors at the festival, each offering cuisine specific to a different Caribbean nation. The lineup includes Dos A-A Restaurant of Nashua representing Colombia, Manchester-based food truck Made With Love 603 representing Puerto Rico, an individual representing Jamaica and the Edwards representing the Virgin Islands.

1Love Caribbean Festival

Where: Milford Community House lawn, 5 Union St., Milford
When: Saturday, Sept. 3, 9 a.m. to 6 p.m.
Cost: Free
Visit: cfeg-tpv.vpweb.com



While there are cooking styles characteristic of the Caribbean region as a whole, Edwards said she is encouraging vendors to bring food that is distinguishable from the others' and emphasizes what makes the cuisine from their represented countries unique.

"We're trying to not have dishes that are too vague. We want them to be very country-specific so there's more of a variety," she said. "Everyone could do a curry, it's a Caribbean staple food, but they aren't going to do that. They're going to represent their countries with their countries' specialties like jerk spice for Jamaica or empanadas for Puerto Rico."

At the Virgin Islands booth, Edwards and her husband will be serving up traditional treats like banana fritters and juices like passion fruit, tamarind, soursop and sorrel as well as a spicy ginger beer.

"We don't dumb it down at all," she said, "so if you don't like the spice then don't drink it because it goes down really good and spicy."

In Caribbean culture, Edwards said, people form a more personal connection with food. Both girls and boys are taught at a young age to cook, and most people grow their own produce and catch their own fish, or source from a friend or family member who does, as opposed to buying food at a store. Their cooking is thoughtful and unhurried with an emphasis on flavor.

"There's a lot of seasoning and flavoring in our food. You would never say a dish is bland or that you can't taste the cumin or the sofrito," she said. "We cook with a lot of love, and you can taste the love in our food."

In addition to the food, visitors at the festival can experience other aspects of Caribbean culture like moko jumbie (also known as stilt walking), fire dancing and other traditional performing arts.

"We have an intense pride about our lifestyle and who we are, and we're excited to show that to people in New Hampshire," Edwards said. 🍷

Bring on The Uglies

Farmers market program makes use of ugly produce

By Angie Sykeny
asykeny@hippopress.com

Looks aren't everything — that's the message behind The Ugliers, a new program started by New Hampshire Food Bank to clear up misconceptions about blemished produce and ultimately cut back on food waste.

Once a month at the Manchester Com-

munity Market, chefs from the food bank's Recipe for Success culinary training program conduct an interactive cooking demonstration, transforming ugly produce into restaurant-worthy dishes.

"There's this stigma about a carrot that's all twisted up or a tomato with a growth off the side, and it has something to do with the retail market and what we're used to seeing," said Paul Morrison, New Hampshire Food Bank production chef. "We

want what we think is the best possible thing for our money, and the grocery stores only keep their shelves full of product they know they will sell."

Because much of the local produce offered at the farmers market is grown naturally and without chemicals, it's common for it to be misshapen, disproportionate, scabbed or scarred, and Morrison wants people to know that aesthetically challenged fruits and vegetables aren't any less

• **Pokemon sushi:** Muse Thai Bistro (581 Second St., Suite C, Manchester, 647-5547, musethaibistro.com) has added a special item to its menu for Pokemon fans. The Poke Ball maki sushi is made with tuna, white tuna and raspberry-infused sushi rice to resemble the iconic red and white Poke Ball. Try it Tuesday through Saturday, 11:30 a.m. to 2:30 p.m., and 3:30 to 10 p.m.; and Sunday, 11:30 a.m. to 2:30 p.m., and 3:30 to 9:30 p.m.

• **Late-night eats for Concord:** A proposal has been submitted to Concord's planning board to build a 24-hour Red Arrow Diner where the adjacent Mobil and Sunoco gas stations stand at 110 and 116 Loudon Road, according to the Concord Monitor. The plan is to remove the Sunoco — which is currently one of five within a three-mile stretch — as well as the Mobil Mart and car wash, but preserve the Mobil gas pumps. A new 6,100-square-foot building would be built to house a new Mobil Mart and a 3,300-square-foot Red Arrow Diner. Concord currently has no late-night dining options except for fast food drive-thrus. This would be the fourth Red Arrow location in New Hampshire; locations already exist in Manchester, Londonderry and Milford. A public hearing before the planning board will be held on Wednesday, Sept. 21.

• **Craft and cult classics:** Rockingham Brewing Company (1 Corporate Park Drive, Unit 1, Derry, 216-2324, rockinghambrewing.com) is launching a Flight & Film series, featuring a monthly screening of a cult classic or offbeat indie flick, paired with a craft beer flight of eight 4-ounce beers and unlimited popcorn. The screenings will take place in the taproom on the first Wednesday of every month, with seating and beers starting at 7 p.m., and the movie starting at 7:30 p.m. The series kicks off on Wednesday, Sept. 7, with the original version of *Night of the Living Dead*. Admission costs \$15, and an ID is required.

• **Seafood galore:** Get your fill of lobster rolls, clam chowder, crab cakes and more at the 26th annual Hampton Beach Seafood Festival, happening Friday, Sept. 9, through Sunday, Sept. 11, along Ocean Boulevard at Hampton Beach. The festival features 60 of the Seacoast's top restaurants serving seafood, plus Wicked 40 ▶

Looking for more food and drink fun? Check out **Hippo Scout**, available via the Apple App Store, Google Play and hipposcout.com.

healthy or less tasty than the ones that look good.

On a market day featuring The Ugliers, participating vendors bring their ugly produce, and Morrison and his fellow chefs bring a mobile kitchen with stainless steel tables, burners, pots and pans, cutting boards and knives and a basic pantry — everything they need to create an improvised meal.

“We don’t get the produce until we show up; it’s totally on the fly, which is a lot of fun for us,” Morrison said. “We just make whatever strikes our fancy and whatever we can with the produce they bring us.”

So far, they’ve made dishes like creamed corn, a spicy tomato salad, carrot curry, potato salad and quick pickled cucumbers. People can try samples of the dishes, get cooking tips and even participate in the cooking process if they like.

“We’ve even done things as simple as pan-fried potatoes where we showed folks what the potatoes used to look like, then slice them and fry them up so they can see that a bruised and battered potato tastes as good as the beautiful ones do,” Morrison said.

Ironically, he said, there are some studies that suggest that produce that has been stressed by insects and atmospheric conditions generates a higher concentration of nutrients as a defense mechanism, making it even more wholesome than unstressed produce.

Part of the program’s mission is to help farmers by giving them an outlet to use their ugly produce and changing the public’s idea of ugly produce so farmers will be able to sell more of it in the future.

“There’s so much [ugly produce] that doesn’t make it to the market or retail stores because the farmers have already decided it’s not what they’re going to bring,” Morrison said. “They end up feeding it to their animals or tilling it back into the soil ... but it costs a lot of money and time to grow produce. Even if they sold the ugly ones for half price, they could get back what they spent and be in better shape.”



Vegetable pancakes and dilled zucchini and chard made with ugly produce in a previous Ugliers demonstration. Courtesy photo.

The New Hampshire Food Bank will offer The Ugliers at the Manchester Community Market two more times this year, Sept. 8 and Oct. 20, and it may participate in some winter farmers markets. Morrison is also planning a multi-course ugly vegetable dinner prepared by local chefs for next fall to raise more awareness about food waste and funds for the food bank.

The most impactful thing people can do now, he said, is to create a demand for ugly produce.

“We can start a push here one by one if we just remind people that ugly fruits and vegetables are out there and encourage them to get out and let their grocery store produce managers know that they want to see some ugly produce at their store,” Morrison said. 🍅

The Ugliers

Where: Manchester Community Market, Victory Park, 105 Concord St., Manchester

When: Thursdays, Sept. 8 and Oct. 20, from 3 to 6 p.m.

Visit: mcmnh.weebly.com

Food & Drink

Author events/lectures

• **COOKBOOK EXPLORERS: SEPTEMBER** Group explores a new type of cuisine or diet each month. Share your cooking successes and challenges and leave with new recipes. For September meeting, bring a dish you would bring to a BBQ. Wed., Sept. 21, 12:30 p.m. Pelham Public Library, 24 Village Green, Pelham. Free and open to the public. Email wflint@pelhamweb.com.

• **Beer, wine & liquor festivals & special events**
• **ABLE EBENEZER BEER DINNER** Cocktail hour fol-

lowed by a four-course dinner paired with Able Ebenezer Brewing Company beers. Fri., Sept. 9, 6 p.m. Bedford Village Inn, 2 Olde Bedford Way, Bedford. \$95. Reservations required. Visit bedfordvillageinn.com or call 472-2001.

• **3RD ANNUAL HENNIKER BREWING OKTOBERFEST** Features release of fall seasonal Hometown Double Brown, as well as food trucks, local vendors, live music, free brewery tours, beer samples, games, raffle prizes and more. All-ages and pet-friendly event, Sat., Sept. 10, noon to 4 p.m. Henniker Brewing Company, 129 Centerville Road, Henniker. Free admission.

Visit hennikerbrewing.com.

• **NH BEER CLUB** Monthly meetings feature a Granite State brewer, plus a limited edition or unique brew. Mon., Sept. 19, Oct. 17, Nov. 21, Dec. 19, Jan. 16, March 20, April 17, May 15, at 6:30 p.m. New England’s Tap House Grille, 1292 Hooksett Road, Hooksett. Cost is \$30 per event. See nhbeerclub.com.

• **SHAKEN NOT STIRRED** James Bond-inspired evening of casino gaming and a Winetini Blending Challenge where 10 guests will compete to create the best cocktail creation by blending wines and spirits. Tues., Sept. 27, 5:30 to 9 p.m. LaBelle Winery, 345 NH-101, Amherst.

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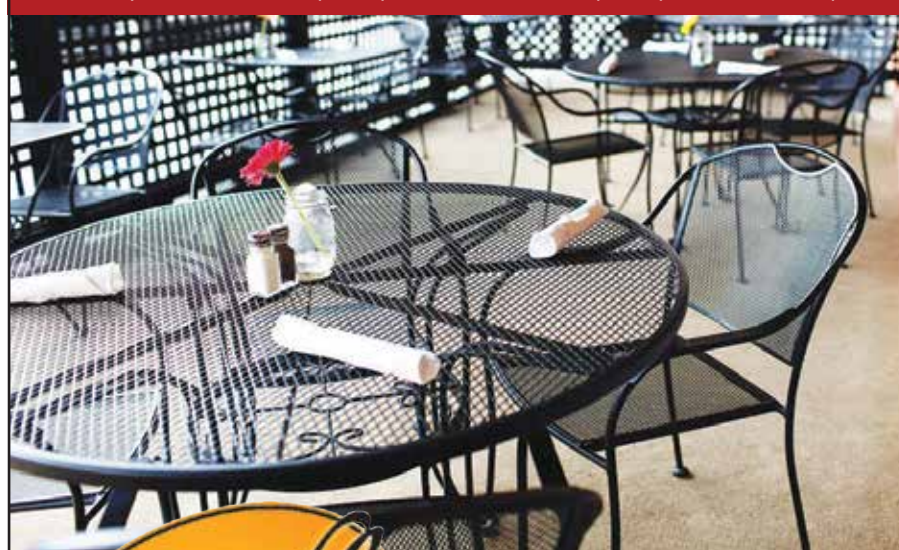
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FOOD

A spirited discussion

Winemaker, meadmaker, distillers at Science on Tap



A previous Science on Tap session. Courtesy photo.

By Angie Sykeny
asykeny@hippopress.com

Have a drink with the experts and learn how alcoholic beverages are made when the fourth season of SEE Science Center's Science on Tap series kicks off Tuesday, Sept. 6, at Stark Brewing Co. in Manchester.

The monthly forum gives people a chance to chat with scientists and experts about a variety of science topics. The September session, "Spirit: The science of wine, beer, mead, and spirits," will feature a panel with local distillers, a winemaker and a mead and cider maker.

Science on Tap is not a lecture series but a discussion series in which participants can engage in open dialogue with the panelists in a laid-back, friendly atmosphere.

"We have these in a pub because we want to keep it casual," Peter Gustafson, development manager at SEE Science Center, said. "We want it to be a place where people can sit down, have a beer, order a bite to eat and have a regular conversation. It's an informal way for us common people to communicate with the experts."

The session will run for an hour and a half and will begin with brief introductions from the four panelists: Brian Ferguson, owner, distiller and winemaker at Flag Hill Winery & Distillery in Lee; Andy Harthcock, owner

and distiller at Djinn Spirits in Nashua; Andre Marcoux, head distiller at the hosting venue Stark Brewing Co.; and Michael Fairbrother, head mead and cider maker at Moonlight Meadery in Londonderry.

They will be discussing and answering questions about the chemistry, nuances and process of crafting their respective beverages, from ingredient selection and preparation to production and storage.

This isn't the first time Science on Tap has featured a food-and-drink-related topic. Past sessions have covered GMOs, understanding the labels behind sustainable seafood, the science of chocolate making and the science of brewing.

"Those kinds of topics are often very popular ones," Gustafson said. "Not everyone is into 3-D printing, but everyone has to eat and drink, so because of the nature of those topics, they tend to be more appealing to a wider audience."

While Science on Tap provides a unique opportunity for participants, Gustafson said the panelists are often just as enthusiastic.

"I think anyone who is into a craft — be it one focused on culinary arts or makers and tinkerers or artists — they like to talk about what they do," he said. "Anytime they can get an audience who is interested in hearing how they do what they do, they're more than happy to tell their story and educate."

At the end of each session, participants are invited to fill out a survey indicating other topics they'd be interested in exploring through Science on Tap in the future. The following month's topic will also be announced at that time.

"Oftentimes the audience is knowledgeable about these subjects, too," Gustafson said. "It's an interesting and fun thing for them to come learn about different areas of science and be able to participate in the process." 🍷

Science on Tap: the science of wine, beer, mead, and spirits

Where: Bo's Lounge and Function Room at Stark Brewing Company/Milly's Tavern, 500 Commercial St., Manchester

When: Tuesday, Sept. 6, doors at 5:30 p.m., discussion from 6 to 7:30 p.m.

Cost: Free and open to the public. Drop-ins are welcome, advance registration on Eventbrite is requested.

Visit: see-sciencecenter.org/visitors/Science-on-Tap.aspx

IN THE KITCHEN

WITH CAROLINE AREND

Caroline Arend, owner and executive chef at Caroline's Fine Food (132 Bedford Center Road, Bedford, 637-1615, carolinesfood.com), has always had a passion for cooking. Both of her parents attended culinary school, and she followed in their footsteps, graduating from The Culinary Institute of America. She owned a catering company in Massachusetts for many years before moving to New Hampshire and starting Caroline's about four years ago. Caroline's Fine Food is a full-service catering business and has a recently opened walk-in retail shop offering specialty sandwiches, paninis and other prepared meals to go. There's an open house event on Saturday, Nov. 5, where people can stop in and sample the shop's products.



What is your must-have kitchen item?

I'd say tongs and a mandoline, which is a tool used to thinly slice things or make julienne cuts. That saves you a lot of time.

What would you choose for your last meal?

Dim sum. I grew up eating it, and it's my comfort food. I love it.

What is your favorite dish on your menu?

Our lamb la lot. It's a Vietnamese dish where we take ground lamb and Vietnamese seasonings and roll it in a grape leaf and grill it. They're one of our signature items and very different than any other appetizer. Everyone loves them.

What celebrity would you like to share a meal with?

Donna Hay. She's like the Martha Stewart of Australia. She has a magazine and product lines, and she's a food stylist. Her food is beautiful.

What is your favorite local restaurant?

I have two: Republic and Tek-nique. For Republic, I like their food and think it's very interesting and clean with [its] ingredients, and I like the atmosphere. For Tek-nique, I love their oysters, and I think they do a lot of innovative dishes that are really well executed.

What is the biggest food trend in New Hampshire right now?

People wanting to go gluten-free. There's a lot of people with food sensitivity in general, who can't eat wheat or dairy or eggs. Then there's people who want to eat a paleo diet or no carbs and just want to be healthier. It seems like there's an upsurge of this.

What is your favorite meal to cook at home?

Steamed mussels. [My family and I] put them in a giant bowl and gather around the table and talk, and it's a fun thing to do. It's something everyone can be involved in.

— Angie Sykeny 🍷

BBQ Vietnamese Pork

From the kitchen of Caroline's Fine Food

1½ pounds pork tenderloin, cut crosswise into ½-inch slices

Marinade:

3 cloves garlic, minced
¼ cup minced shallots
¼ cup minced lemongrass
6 black peppercorns
2 tablespoons light soy sauce
1 tablespoon fish sauce
2 tablespoons grated palm sugar
2 tablespoons olive oil

Use a food processor to grind together the garlic, shallots, lemongrass, pepper-

corns and 1 tablespoon of water into a thick paste.

Transfer the paste to a bowl and whisk in the soy sauce, fish sauce, palm sugar and oil.

Place the sliced pork in a large sealable plastic bag and pour the marinade on top and combine until the meat is well coated with the marinade.

Refrigerate overnight or for at least 4 hours.

30 minutes before cooking, remove the pork from the refrigerator and bring to room temperature.

Grill the slices of pork for 1 to 2 minutes until crisp, brown and slightly charred on the edges.

Transfer to a warm platter and serve immediately.



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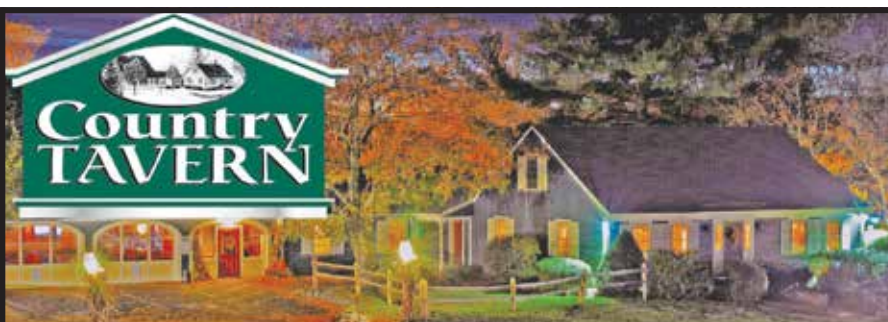
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VIEW COMPLETE EVENT SCHEDULE ONLINE

109712

Weekly Dish

Continued from page 36

Bites Culinary Chef demonstrations (Saturday and Sunday, 11 a.m. to 4 p.m.), a 200-foot beverage tent with wine and beer, a beach cabana bar, a lobster roll eating contest (Saturday at 2 p.m.), live entertainment, vendors, kids' activities, fireworks (Saturday at 8:15 p.m.) and a skydiving demonstration (Sunday at 5 p.m.). Festival hours are Friday, 4 to 9 p.m., Saturday, 10 a.m. to 9 p.m., and Sunday, 10 a.m. to 6 p.m. Admission for adults costs \$5 on Friday, \$10 on Saturday and \$8 on Sunday.

Children under age 12 are admitted free. Visit hamptonbeachseafoodfestival.com.

• **Baking bread:** Learn how to make artisan bread at Finesse Pastries (968 Elm St., Manchester, 232-6592, finessepastries.com) on Wednesday, Sept. 7, from 6 to 9:30 p.m. The class will teach the basics of bread-making including leavening, kneading and shaping. Students will make their own classic French baguette, hearty country loaf and herb focaccia completely from scratch. The cost is \$75. Register online. 🍞

\$75 for gaming and food only, \$100 to compete in Winetini Challenge. Early reservations suggested as space is limited. Visit tinyurl.com/winetini.

Chef events/special meals

• **FARM TO TABLE BRUNCH BUFFET** Outdoor brunch buffet features seasonal fruit, baked goods, egg and breakfast meat prepared by farm kitchen and bakery staff. Sun., Sept. 4, from 9 a.m. to noon. Moulton Farm, 18 Quarry Road, Meredith. Cost is \$16.99 per adult, \$9.99 for children 10 and under. Visit moultonfarm.com.

• **CELEBRITY WAITERS DINNER AND AUCTION** Franklin Opera House dinner and appetizers provided by well-known waiters, followed by a live auction. Sat., Sept. 10. Mojalaki Country Club, 321 Prospect St., Franklin. \$25 per person, \$180 per table. Call 934-1901.

• **FIREHOUSE BREAKFAST** Proceeds benefit the Firemen's Relief Fund. Sun., Sept. 11, Oct. 9, from 7:30 to 11 a.m. Milford Fire Department, 39 School St., Milford. Cost is \$6 per person, children under age 5 are free.

• **TEA BY THE SEA** Enjoy tea fare and teas in a cool room casually decorated with a seaside theme. Sun., Sept. 18, 1 to 3 p.m. The Cozy Tea Cart, 104 Route 13, Brookline. \$34.95. Call 249-9111 to reserve your spot.

• **MAIN STREET FARMERS DINNER** Farm-to-table event highlights local food and cooking. Main Street will be closed to traffic and festively decorated for 200 people to enjoy a multi-course dinner created by downtown chefs using locally sourced ingredients. There will be musical entertainment, guest speakers and a farmers market. Sun., Sept. 25. Downtown, Nashua. Visit thefarmersdinner.com.

• **BRUNCH & BUBBLES IN THE VINEYARD** Enjoy Sparkling Cayuga and handcrafted specialty Bloody Marys. Sun., Sept. 25. Flag Hill Winery &

Distillery, 297 N. River Road, Lee. Visit flaghill.com. Call or email for reservations.

• **FARM TO TABLE DINNER** Cocktails and hors d'oeuvres will begin at 5 p.m., with the meal being served at 6 p.m. The harvest-themed meal will consist of local apples, wines, cheeses, meats and vegetables raised in New England. There will also be an auction during the event. Sun., Oct. 16, 5 to 8 p.m. LaBelle Winery, 345 NH-101, Amherst. Tickets cost \$50 per person. To purchase tickets, visit ajwcnh.org or email Alison Batey at alsbatey@gmail.com.

Classes/workshops

• **ARTISAN BREADS II** Learn the basics of bread baking while making the classic French baguette, hearty country loaf and herb focaccia. Wed., Sept. 7, 6 to 9:30 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost is \$75. Visit finessepastries.com.

• **HEALTHY SOILS WORKSHOP** Learn different ways to improve your soil health, different soil test equipment available to improve your soils for a better harvest. Mon., Sept. 12, 6:30 to 8 p.m. Boscawen Municipal Complex, 116 N Main St., Boscawen. Free. Register by calling 753-9188 ext. 301.

• **FRENCH MACARONS** Learn how to make classic French macaron from scratch with ganache filling. Wed., Sept. 14, 6 to 9 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost is \$60. Visit finessepastries.com or call 232-6592.

• **THE WINEMAKER'S KITCHEN COOKING SERIES: MARINADES & DRESSINGS** Class line-up includes making wine vinaigrettes, making marinades and understanding the theory behind using them and covering the basis for creating successful salads. Wed., Sept. 14, from 6 to 7:30 p.m. LaBelle Winery, 345 Route 101, Amherst. Cost \$25. Call 672-9898 or visit labellewineryevents.com.

• **ARTISAN BREADS I** Learn

the basics of bread baking while making sweet Challah bread, herb ciabatta and cheesy Gruyere rolls. Thurs., Sept. 15, from 6 to 9:30 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost is \$75. Visit finessepastries.com.

• **FALL THEMED FRENCH MACARONS** Learn techniques to make classic French macarons and fall flavored fillings such as pumpkin pie, maple and caramel, and learn tips and tricks from the chef. Thurs., Sept. 22, from 6 to 9 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost \$75. Call 232-6592, or visit finessepastries.com.

• **PUFF PASTRY** Make classic puff pastry dough from scratch, then make turnovers, Palmiers and Sacristan. Fri., Sept. 23, from 6 to 9:30 p.m. Finesse Pastries, 968 Elm St., Manchester. Cost is \$75. Visit finessepastries.com.

• **FRENCH MACARONS** Learn how to make classic French macaron from scratch with ganache filling. Wed., Sept. 28, 6 to 9 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost is \$60. Visit finessepastries.com or call 232-6592.

• **GLUTEN FREE COOKING CLASSES** Cooking demonstrations for people with celiac disease or people thinking of trying a gluten free diet, or anyone who wants new food ideas. Taught by Chef Oonagh Williams, featured chef on WMUR's Cooks Corner segment. Thurs., Sept. 29, Oct. 13, Oct. 27, and Nov. 10, 7 to 9 p.m. Town Hall, 1 Union Square, Milford. \$45 for Milford residents, \$50 for non-residents. Visit milford.nh.gov/documents/gluten-free-cooking-class.

• **PATE A CHOUX** Learn how to make pate a choux. Make, fill and finish eclairs, cream puffs and Paris-Brests. Thurs., Sept. 29, from 6 to 9 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost \$60. Call 232-6592, or visit finessepastries.com.

• **KIDS FALL COOKIES** For kids age 8 and up. Make an assortment of fall themed cook-

Tomatoes

It's just about the end of summer, which means back to school, cooler weather and an abundance of tomatoes. We are swimming in tomatoes and I absolutely love it. My plum (or Roma) tomatoes are so prolific that the branches keep breaking from the weight! We have a few interesting heirloom varieties and the sweetest orange slicing tomato I've ever had. Our cherry and sun gold tomatoes don't even make it in the house (notice they are not pictured) because my children eat them fresh off the vine. While it can be overwhelming to have such an influx of a certain crop (do you hear me, zucchini?), tomatoes are ALWAYS welcome in my house.

Tomatoes love warm weather and, if you want to grow your own around here, won't grow from seeds unless they're started indoors. I always pick up a bunch of plant starts at the farmers market, where I can talk to the farmers and get their take on what varieties are best this year — that's how I ended up with an orange tomato that is perfect for slicing (adios, Beefsteak!). Farmers do their best to preserve and propagate types of tomatoes you're not going to see at the grocery store. This vegetable (although it's really a fruit) is one that is worth buying at a market rather than the grocery store because you absolutely taste the difference, and you'll see it, too. Tomatoes you buy at the market (or grow in your backyard) can be yellow, orange, red or even black. Some are quite fleshy (like plum) while others are filled with seeds and jelly. Some are better for sauce-making while others just need a bit of salt to taste divine. All are rich in vitamins A and C and extremely low in calories.



ories at about 20 calories per ½-cup serving (according to the USDA website).

My love for the tomato spans varieties and sizes, and there are about a million ways to use them. Here are eight of my favorite things to do with tomatoes.

Eat them straight off the vine. This obviously works best for smaller tomatoes (some tomatoes could be quite the mouthful!). Pop them like popcorn.

Slice and salt them. My mom does this. Have a really good tomato? Slice and salt.

Mozzarella, baby! We all know this. So do it. Italians know what they're doing. Add some basil because, duh.

Throw on sandwiches. Burgers, turkey, I don't care. Dress-up your sandwich because it's going to a party in your mouth.

Salad it. Make it the main event and just mix with avocado and feta cheese. Or go nuts and mix it with black beans and corn!

Bake 'em. Layer those tomatoes under chicken and top that chicken with mozzarella and basil. Bake at 350 for 40 minutes, broiling for a few minutes at the end. Going meat-free? Skip the chicken and opt for zucchini and eggplant!

Freeze 'em. Feeling too overwhelmed with the surplus of tomatoes? Freeze them, skin and all. Use them to make sauce later.

Make sauce ... now. Do it and then freeze it. You'll thank yourself come December!

— Allison Willson Dudas 🍅

ies. Sat., Oct. 1, from 10 a.m. to noon. at Finesse Pastries, 968 Elm St., Manchester. Cost \$60. Call 232-6592, or visit finessepastries.com.

• **THE WINEMAKER'S KITCHEN COOKING SERIES: COOKING WITH BEER & WINE** Class line-up includes soup made with wine, beer ice cream, mud pie and fall shandy. Wed., Oct. 12, from 6 to 7:30 p.m. LaBelle Winery, 345 Route 101, Amherst. Cost \$25. Call 672-9898 or visit labellewineryevents.com.

• **CORDIALS AND CHOCOLATES** Celebrate the holidays with festive cordials featuring seasonal produce like apples, pears and cranberries to serve at gatherings and give as gifts. Sat.,

Oct. 29. Canterbury Shaker Village, 288 Shaker Road, Canterbury. \$50 for Village members, \$60 for non-members. Call 279-7920.

Fairs/festivals/expos

• **VINTAGE AND VINE FESTIVAL** Fine wine and food festival and silent auction to benefit the museum. Guests will sample an extensive selection of fine wines from around the world, hand-selected by New Hampshire wine brokers, along with imaginative cuisine prepared by top Seacoast-area chefs. Sat., Sept. 10, 5 to 7:30 p.m. Strawberry Banke Museum, 14 Hancock St., Portsmouth. \$65 for general admission, \$20 for designated driver. Visit strawberrybanke.org.

• **EAT LOCAL FALL FOOD FESTIVAL** New event celebrating local agriculture, culinary arts, musicians and makers. Includes local chefs using local ingredients throughout downtown, a harvest celebration at the Nashua Farmers Market and more. Sat., Sept. 24, to Sun., Oct. 2. Downtown, Nashua. Visit downtownnashua.org.

• **5TH ANNUAL EXETER POWDER KEG BEER AND CHILI FESTIVAL** Sample over 40 breweries along with many New Hampshire restaurants chili. Family friendly event. Sat., Oct. 1, 11 a.m. to 4 p.m. Swasey Parkway, Exeter. \$30, \$15 for youth and non drinkers. Visit powderkegbeerfest.com.

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Out-of-state travels

Wine tastings as a tourist

By Stefanie Phillips
food@hippopress.com

I always like supporting our local New Hampshire winemakers, but occasionally I go on trips that take me out of the state. What is a tourist like me to do? Go wine tasting, of course! Thankfully my boyfriend enjoys this too, so recently while we were in Connecticut, we checked out Stonington Vineyards.

We pulled up to the winery on a Saturday afternoon ahead of the tour time advertised on their website. The place was packed with people enjoying themselves, including several bachelorette parties. This is a bit of a different atmosphere than we have here in New Hampshire, but the setup of the tasting room and space inside were designed to accommodate large groups. The tasting room was loud with chatter, but again it seemed to be because everyone was having such a good time.

We were able to find space at the counter and taste several wines, including their Sheer Chardonnay, Pink Noir, Riesling, Seaport White, Triad Rose and Cabernet Franc. The Cabernet Franc was a couple dollars more but ended up being worth it. We skipped the Estate Chardonnay, as it was oaked and not our favorite style of wine. The unoaked Sheer Chardonnay was crisp and fresh, though, with subtle fruit flavors. I really liked the unique blend of the Pink Noir, made from Pink Noir Blanc and riesling grapes.

The riesling was our overall favorite as it was a bit on the drier side but still had some nice fruit notes, a tiny hint of sweetness and a nice smooth finish. We ended up purchasing a bottle to enjoy there on the deck, which made for a very nice afternoon. The weather was perfect and the view of the vineyard was very peaceful. It was clear to see why so many people had planned ahead and packed a picnic lunch and chairs or blankets. You do have to purchase tastings there, but the price includes a glass to take home.

We were able to join the afternoon tour, which included an overview of the vineyards and a glimpse into their winemaking operations. While on the tour, we learned that the main grape grown on the property is chardonnay. (Now I know why the tasting room employee was a bit taken aback by the fact that we didn't want to try their estate chardonnay).

Vineyard owners Nick and Happy purchased the vineyard almost 30 years ago. At the time, a small, young vineyard existed. Unfortunately, during the first year, a frost



A taste at Stonington Vineyards. Stefanie Phillips photo.

killed almost all of the primary vine shoots and fruit clusters. They learned quickly that Mother Nature always wins. The couple, now in their 70s, still lives on the property and is very hands-on in the winery. I can only imagine how nice it must be to wake up and look out over your own vineyard every day.

Mike McAndrew has been the winemaker at Stonington Vineyards since 1987. He has focused on "food-friendly European-style wines," according to their website. The winery has grown slowly over time and now produces 5,000 to 7,000 cases per year. The bulk of their sales are in their tasting room (no surprise there with the crowds we saw). Their wines are also sold in a few area stores and served at area restaurants.

At a wedding on Friday night, we tried two Jonathan Edwards Winery wines. I believe they were a red and white blend, but I was unable to find any additional information about them on their website. It could be that these wines are reserved for events. Interestingly enough, this winery's slogan is "New England charm. Napa style." I enjoyed the wines that night but ultimately decided I wanted to visit Stonington Vineyards instead. I heard that the winery was nice, though. Another nearby winery, Saltwater Farm, requires reservations on Saturdays due to their full event calendar.

These wineries are just two stops along the Connecticut Wine Trail, which has 25 stops and wineries all over the state. Had we had more time, we could have visited more. To check out the map and list of wineries, visit ctwine.com.

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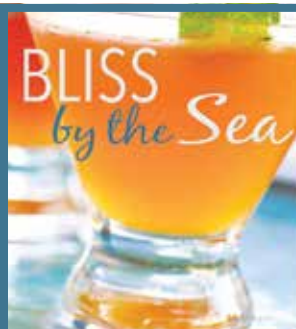
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• *Psychic Twin, Strange*

Diary C-

• *The Brevet, Embers:*

Ch. 2 B

• *Who Cooked Adam*

Smith's Dinner? C

• **Book Report**

Includes listings for lectures, author events, book clubs, writers' workshops and other literary events. To let us know about your book or event, e-mail Kelly Sennott at ksennott@hippopress.com. To get author events, library events and more listed, send information to listings@hippopress.com.

• *Hell or High Water A*

• *Mechanic: Resurrection*

C-

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POP CULTURE

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Psychic Twin, *Strange Diary* (Polyvinyl Records)



I can appreciate that this debut LP is essentially a sharing of the full range of emotions singer-leader Erin Fein experienced during a knock-down drag-out divorce that went on for too long and affected her mindset while living in both Champaign, Illinois, and Brooklyn. I'm sure this was as cathartic for her as it was tedious for me, even if tedious is a bit more negative than would be warranted, but I'm only saying that to be nice. Frankly, I'm embarrassed for her, a little. Not only is the album title itself a dull thud, but nothing much happens in the way of

hookage or groove throughout any of these proceedings. The promised trappings are certainly in my comfort zone, with influences like Cocteau Twins and Siouxsie, but there's less swoosh and spookiness than glorified Nintendo and, well, early Madonna, which is what Fein's voice resembles. The beats are mostly dead on arrival, and that goes double for the amateurish wub-wub on "Stop in Time." I'm sure she's a nice, worthwhile person, OK, and I was rooting for this to be good, but, well, oh boy. **C-** — *Eric W. Saeger*

The Brevet, *Embers: Ch. 2*



No-brainer sports-bar ambiance in this apparent tease EP for the second album from this Irvine, California, band, who've been quietly building a buzz, at least finding ways to huckster their songs onto TV show soundtracks for *90210* and *The Good Lie* et al. This is neo-MOR stuff that's no edgier than anything you've heard on any daytime soccer-mom chat-box show, and in fact there's mention on the press release that they had something to do with *American Idol* — what, do random Cali bands make appearances on there? I'm serious, I've never watched

that show once, ever. But this all makes sense, of course, it's blatant sellout-pop-rock, they're from Cali and their singer, Aric Chase Damm, is a Followill wannabe. Most of this agreeable but contrived Americana-rock is a bold pastiche of Mumfords, Kings of Leon and whatever's on the hayloft-indie front-burner over at Arts & Crafts Records these days. No, the songs are fine, if a bit disposable — we've seen this kind of thing before and will again; any sea change in pop music's direction results in 90 million Cali bands myna-birding the sound, popping up like giant, stinky, puffy mushrooms and getting just enough attention to make their moms proud, not that success should be defined any more specifically than that. **B** — *Eric W. Saeger*

PLAYLIST

A seriously abridged compendium of recent and future CD releases

• Jeez, I didn't know English indie band **The Wedding Present** was still around, did you? Ha ha, remember how they started off kind of edgy/unlistenable, like The Fall, and then they sold out, but said they didn't sell out, but they actually did? Well, none of that matters anymore, because their fast-approaching new album *Going, Going...* is almost here, to set the record straight! Now let's stick safety pins in our earlobes, shave these mohawks back up, get in the punk-noise groove with their new single "Sprague," and mosh until we can't even ... wait, what's this slow, sad piano and cello music, with no punky yelling? OK, maybe it's a mistake, here's another song, called "Rachel," this should be super awesome, I totally plan to stage-dive! Wait, it's sort of like Gang of Four, but more like Men at Work, like ska-rock for a kid's birthday party. Why does this band hate their old selves so much?

• Irish orchestral-pop band **The Divine Comedy** has also been around a long time, specifically 27 years. Mind you, "orchestral-pop" bands don't necessarily have a million band members, they could be like this band, which is often just bandleader Neil Hannon. Also, sometimes "orchestral-pop" bands don't even sound orchestral at all, like this band/person, which started life as a synthpop band. Their 11th album, *Foreverland*, is led up by the single "Catherine The Great," which actually does have some "orchestral" stuff to it, like churchbells and stuffy British horns and things like that, all so that Hannon can sing lines like "she looked bloody good on a horse" in a boring Eric Clapton voice. Basically it is a joke song about stuffy British royalty. It will not end up in my "daily mix," but you are welcome to add it to yours.

• St. Louis-based indie-folkie **Angel Olsen** has an interesting booming voice, a little like Florence Welch when she's actually trying. Her third album *My Woman* will be released this week, but you've probably already heard the single "Shut Up Kiss Me" because you're so cool and hip and blah blah blah. It's a little bit surf-noise and a little bit grunge, but surf-noise-grunge that Spoon might play. In other words, you'll like it.

• Finally we have some band or whatnot called **Wiley**, whose new album *Godfather* is on the way, hurtling toward a world that's never heard of Wiley, unless you have. Oh, that's why I don't know who he is, he's a British grime rapper, and he's been stabbed like 90 times, because that's what British grime rappers do, because no guns in Britain. Right? There is no advance music for this album, so you will simply have to assume that if you like grime rapped by guys who get stabbed a lot, it will put you in a good mood. — *Eric W. Saeger*

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Poetic memories

Tales from Sugar Hill Retirement Community

By Kelly Sennott
ksennott@hippopress.com

New Hampshire poets Barbara Bald and Beth Fox began volunteering at the Sugar Hill Retirement Community in Wolfeboro two years ago. During their first visit, they read Mother's Day-themed poetry, simply thinking the residents might enjoy it.

The response was surprising. "We just started reading to them, and all of a sudden, their memories started bubbling to the surface," Bald said via phone last week.

The people in this group, Fox and Bald learned, climbed the Himalayas, lived in the mountains of Brazil and predicted weather for the Transcontinental Hot Air Balloon flights. They described pilfering plums, apples and pears from neighbors' trees after dark, carrying the fruit in rolled-up shirts during the Depression, and losing a mother to childbirth in Burma.

Bald was amazed by the detail with which they told. Fox began writing the tales down.

"I kept thinking, wow, these are amazing memories. And when we had them all down, I said, what if I try writing a poem with the facts they gave me?" Bald said.

And so that's what happened. Bald and Fox read poetry, and residents responded to it. Their responses turned into poems, edited and embellished by the poets. After a year, they'd generated so much material, Bald decided the best way to service these stories was to lay them out in a book. Jessi Graustein voluntarily designed the text with her small press, Folded Word, and Richard Moore volunteered the cover design.

The result is *Other Voices/Other Lives*, which contains 50 poems. Fox and Bald, who are from Wakefield and Alton, respectively, talk about the book at a number of events, starting with Gibson's Bookstore's Thursday, Sept. 1.

The text is organized in three sections. One, "Glimpsing a Life," peeks into the eyes of ordinary people Fox and Bald met in their lives, at Sugar Hill and otherwise. "In Their Words" features poems with individual stories told to Fox or Bald. "Looking Back Together" are group poems melding together the voices and generational experiences from people at Sugar Hill, sometimes written on prompts or themes, like kissing — one woman remembered getting kissed by Australian officers, while others remembered uncomfortable kisses by harrowing older relatives. Another poem called residents to look and write about their hands. What do they look like? What have they done? The result was a group poem, "A Tribute to Hands."



Diane Hopewell, Barbara Bald photo.

Admittedly, some poems have been embellished by Fox and Bald, but the pair brought all finished pieces to be fact-checked by the original storytellers and poets.

"Most people would say, 'Yeah, it's good.' Then we'd move on to something else," Bald said.

But a handful, like Harry Widman, became very invested. He and fellow Sugar Hill poet Frances Walters died before the book's publication.

"He was funny and he loved poetry. We were like kindred spirits. The rest of us would move on to the next poem, and he'd still be mulling [the previous] one over," Bald said. "He'd jump in and say, 'This line has to stay!' And he had reasons why."

Ninety-seven-year-old Harvey Stephenson liked writing so much he recently joined the Poetry Society of New Hampshire and is currently submitting poems to print in its quarterly magazine, *The Poets Touchstone*.

Bald and Fox still visit Sugar Hill twice a month to read and write poetry with the residents. Fox said this week's poem touched on AM radio, which sparked memories of old-time radio shows.

"These people started talking about the radio and the things they remember from the past," Fox said.

Both she and Bald said the poetry workshops led to more than either could have imagined.

"It ended up being more about unearthing memories long forgotten, sharpening minds and helping them bond together," Bald said. 🍷

Meet Barbara Bald and Beth Fox

Gibson's Bookstore: 45 S. Main St., Concord, 224-0562, Thursday, Sept. 1, at 5:30 p.m.

Wolfeboro Public Library: 259 S. Main St., Wolfeboro, 569-2428, wolfeborolibrary.org, Wednesday, Oct. 5, at 7 p.m.

Contact: barbarabald.com

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POP CULTURE BOOKS

*Who Cooked Adam Smith's
Dinner?* by Katrine Marcal
(Pegasus Books, 197 pages)

Most everyone with a college diploma knows who Adam Smith is: the Scottish philosopher whose theories of self-interested economics were published the same year as the Declaration of Independence. A society runs best, Smith believed, when individuals are allowed to pursue their own desires, their cumulative efforts aided by an “invisible hand,” creating the well-oiled machine that is the free market.

The book detailing all this, *The Wealth of Nations*, made Smith a name; less so, his mother. Swedish journalist Katrine Marcal explains why in *Who Cooked Adam Smith's Dinner?*, a tart, sophomoric analysis of how the market (and economists) have failed women,

Hers is a provocative question of which Socrates would have approved; merely asking it, and waiting for the answer (Bueller? Bueller?) succinctly accomplishes the goal of three waves of feminist literature. Point made, and no trees had to die. Nobody knows who cooked Adam Smith's dinner, but, this being the 18th century, we know it wasn't him, and there was no Blue Apron to deliver.

But Marcal is not content to provide the damning answer and be done with the matter; she eviscerates a forest to rehash Friedan-era arguments about why women's work should be valued. The reasoning is sound; it's just a tad tired.

“They say that Ginger Rogers did everything that Fred Astaire did — except that she did it backwards and in high heels. And that's what women continue to do. Woman has entered the job market but man has not entered the home to the same extent. Our ideas about the boundaries between work and family life haven't fundamentally changed,” Marcal writes.

And about Smith's dinner: It was his mother who lit the fire, plucked the chicken, washed the pot, darned the socks, deep into adulthood.

“Adam Smith never married. The father of economics lived with his mother for most of his life,” Marcal writes.

“For the butcher, the baker and the brewer to be able to go to work, at the time Adam Smith was writing, their wives, mothers or sisters had to spend hour after hour, day after day, minding the children, cleaning the house, cooking the food, washing the clothes, drying tears and squabbling with neighbors. However you look at the market, it is always built on another economy. An economy that we rarely discuss.”

This may have been true in the 1950s, when magazine editors were telling Betty Friedan no one wanted to read her silly



article about depressed housewives, but it's no longer true today. The problem of unpaid “women's work” enabling the careers of men is a much-beaten horse, recycled as regularly as newsprint. (Last year's flurry of Mother's Day stories that calculate the economic worth of a stay-at-home mom put her missing income at about \$119,000.)

Marcal, an editorial writer for a Swedish newspaper called

Aftonbladet, specializes in economics and feminism, and her book is much like a subpar editorial on those topics: long on pith, short on substance. She's well-read and passionate, but comes across more as Simba than Mufasa, a problem with anyone newly outraged at an old injustice. (Wait — how sexist to mention *Lion Kings* — who killed Simba's supper, anyway?)

But Marcal doesn't seem angry just at a sexist system, but at economists in general (at one point, she likens them to Etruscan soothsayers who would cut a sheep's liver into 16 parts and read the future through the patterns) and the free market specifically. She dislikes not only its disdain for the work of running a family, but for the way it has infiltrated all parts of life, from our language to leisure time.

Another famous economist, John Maynard Keynes, predicted a future in which widespread affluence would allow everyone to retire, pursue art and gaze at flowers. Instead, the maw of the market, ever open, consumes all and creates appetites that can't be satisfied. It has, Marcal believes, caused a fundamental change in what it means to be human, propagating a “fantasy of self-sufficiency” not unlike Lennart Nilsson's famous LIFE magazine photos of a fetus unconnected to its mother. (Not-so-fun fact: some of the embryos in Nilsson's awe-inspiring book of photographs, *A Child is Born*, were actually dead; even worse, aborted.)

Marcal's ultimate message, besides the ills of capitalism, is for a kinder, gentler theory of economics, one that does not exploit fear and greed but helps us rise above it, one that puts others' needs above competition. Instead of an invisible hand, a visible stroke.

“The purpose of this journey could change. We could go from trying to own the world to trying to feel at home in it,” she writes. “And here's the difference. To own is to possess. To wrap your hands around a dead thing and say, ‘This is mine.’ When you feel at home, you never need to say that this is mine. Because you know that it isn't.”

Then, finally, she tells the story of Adam Smith's mother, ironically reducing her life to nine paragraphs.

And offers another, equally significant caveat: “Virginia Woolf couldn't cook either.” C — Jennifer Graham

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Book Report

THE NIX



jacket. As he works to save her, he uncovers long-buried secrets. Visit gibsonsbookstore.com or call 224-0562.

• **Season finale:** The last featured poet for Frost Farm's Hyla Brook Reading Series is Johnny Longfellow, who will read his work Thursday, Sept. 8, at 6:30 p.m., at the Robert Frost Farm, 122 Rockingham Road, Derry. Longfellow has served for 20 years as a mentor to Newburyport, Mass., high school students through the Poetry Soup reading program and is the editor of *BAD ACID LABORATORIES, INC.* His poetry has appeared in journals devoted to formal verse like *The Barefoot Muse*, *The Road Not Taken* and *The Rotary Dial* and in small-press publications. Goffstown resident Marti Noel will also read, and following will be an open mike from 7:30 to 8:30 p.m. It's free and open to the public to attend. Visit frostfarmpoetry.org.

• **Registration open:** The New Hampshire State Arts Council opened registration for New Hampshire Poetry Out Loud for the 2016-2017 season, and state high school and regional groups wishing to sign up have until Oct. 17. Poetry Out Loud is a nationwide program offering free educational materials to schools to help students master public speaking skills, build self-confidence and learn about their literary heritage. Participants memorize and recite poems identified by the National Endowment for the Arts. Last year, approximately 10,000 Granite State high school-aged students participated. Visit nh.gov/nharts. — *Kelly Sennott*

Books

Author Events

• **SHARON DEAN** Author signs *The Isles of Shoals*. Thurs., Sept. 1, at 7 p.m. Toadstool Bookshop, 614 Nashua St., Milford.

• **BARBARA BALD, BETH FOX** Discussion of *Other Voices/Other Lives*. Thurs., Sept. 1, at 5:30 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com. Call 224-0562.

• **KEVIN MANNIX, LINDA ROTA** Authors speak about *Weathering Shame*. Tues., Sept. 6, at 6:30 p.m. Dover Public Library, 73 Locust St., Dover. Free. Visit library.dover.nh.gov. Call 516-6050.

• **NATHAN HILL** Author talks about *The Nix*. Thurs., Sept. 8,

at 7 p.m., Nathan Hill visits Gibson's Bookstore, 45 S. Main St., Concord, to talk about his latest book, *The Nix*. It follows a man whose mother shows up in his life after decades of absence; he hasn't seen her since he was a boy. But she needs his help, having committed an absurd crime that "electrifies the nightly news," according to the book's

author. Visit gibsonsbookstore.com or call 224-0562.

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at 7 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com.

• **JED POWER** Author talks about Dan Marlowe mystery series. Sat., Sept. 10, 1-5 p.m. Ashley's Gift Shop, 169 Ocean Blvd., Hampton.

• **PETER LANGELLA** Author signs epic historical fiction series. Sat., Sept. 10, at 2 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• **CRAIG JOHNSON** Author talks about *An Obvious Fact*. Wed., Sept. 14, at 7 p.m. The Music Hall, 28 Chestnut St., Portsmouth. \$42. Visit themusicchall.org. Call 436-2400.

• **JOHN PERKINS** Author talks about/signs upcoming book, *Confessions of an Eco-*

nomie Hit Man. Sat., Sept. 17, at 2 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• **J. DENNIS ROBINSON** Author speaks about *Mystery on the Isles of Shoals: Closing the Case on the Smutynose Murders of 1873*. Tues., Sept. 20, at 6:30 p.m. Hampton Falls Free Library, 7 Drinkwater Road, Hampton Falls. Visit hamptonfalls.library.org. Call 926-3682.

• **JOE SMIGA** Author talks about *Blackest of Fridays*. Tues., Sept. 20, at 7 p.m. Manchester City Library, 405 Pine St., Manchester.

• **ROB CHIRICO** Author signs new memoir *Not My Mother's Kitchen*. Sat., Sept. 24, at 2 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• **JENNIFER VAUGHN** Author discusses new book, *Throw Away Girls*. Sat., Sept. 24, at 3 p.m. Gibson's Bookstore, 45 S. Main St., Concord.

• **STEPHEN BREYER** U.S. Supreme Court Justice talks about *The Court and the World: American Law and the New Global Realities*. Thurs., Sept. 29, at 7 p.m. The Music Hall, 28 Chestnut St., Portsmouth. \$13.75, for each 1-2 tickets sold, book voucher purchase required. Call 436-2400.

• **RICH WALLACE, SANDRA NEIL WALLACE** Authors talk about Jonathan Daniels biography. Thurs., Sept. 29, at 5:30 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com/event/blood-brother.

• **DYAN PARKER** Author signs *Voice of God*. Sat., Oct. 1, at 2 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• **NEW ENGLAND ROMANCE READER/AUTHOR CONFERENCE** Books, workshops, author panels, socials, etc. Fri., Oct. 14, and Sat., Oct. 15. Best Western Plus, 13500 S. Willow St., Manchester. \$99. Visit fallinlove-withnewengland.blogspot.com.

• **KAITLIN ROIG-DEBEL-LIS** Signs *Choosing Hope*. Sat., Oct. 15, at 2 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

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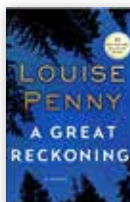
SHARON DEAN

Thu., Sept. 1 at 7pm

The retired Rivier University professor visits to talk about and sign her murder mystery set on the Isle of Shoals, *Death of the Keynote Speaker*.



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Hell or High Water (R)

Two brothers decide to save their family ranch by paying back the bank loan with money from bank robberies in *Hell or High Water*, a cool little cops-and-robbers thriller to end your summer with.

Tanner Howard (Ben Foster) is a regular customer of the Texas justice system, but his brother Toby Howard (Chris Pine) has a clean record. A crime-free life hasn't added up to all that much for Toby; he's unemployed and behind on his child care payments, and the bank is about to take the family ranch where his mother lived until her recent death. Because oil has been found on the land, all Toby needs to do is pay off the bank loan and the land will be able to provide a good life for his two sons. To get the money, Toby and Tanner have a carefully planned schedule of bank robberies. They intend to steal small-ish amounts of money from small-ish banks in the northwestern Texas towns near (but not too near) their ranch. They'll bury the getaway cars, launder the money through a casino and pay off the loan, putting the land (and all the oil money to be made from it) in trust for Toby's boys.

The x-factor in this plan is, to some degree, Tanner. Though he's happy to help secure a future for Toby's boys, he's just sort of happy to be engaged in the robberies in general, which makes him a loose cannon.



Hell or High Water

Also adding to the uncertainty is exactly what the men will find when they get to each bank. At one location, the bank isn't quite open yet. At another, the bank has been shut down. And, this being West Texas, the bank customers are likely to be at least as well-armed as the robbers.

And then there is Texas Ranger Marcus Hamilton (Jeff Bridges). Nearing retirement, Hamilton pushes his partner, Ranger Alberto Parker (Gil Birmingham), to join him on the hunt for the bank robbers. He is able to tease out generally what the rob-

bers are doing and, perhaps to keep his mind off the coming boredom of life after law enforcement, he decides to go after the robbers with even more gusto than the few thousand here, few thousand there that they're stealing would seem to warrant.

This is not new business we're seeing from Bridges. His retiring ranger isn't so different from *True Grit*'s Rooster Cogburn or even *R.I.P.D.*'s Roy. But just because it's familiar doesn't mean it isn't good and a pleasure to watch. Hamilton mercilessly rags on the part Native American, part Mex-

ican Parker, but Parker, and we, can sense the desperation behind the joviality. A widower, Hamilton truly won't know what to do with his days when he has no white hat, partner and crime-fighting to fill them.

Over on the robbers' side, Foster is also returning to well-trod ground for him, but his performance still feels fresh and vibrant. Tanner isn't just a thrill-criminal; he's a man who is full of rage, some of it justifiable, at the world and now long past the point when he could have found a positive place to put his energies. Pine's Toby is also a well-crafted mix of emotions. He goes full Olyphant by the end of the movie, making his "doing a bad thing for a good reason" character similar visually and tonally to the ones played by Timothy Olyphant. The movie and the performances allow us to sympathize with the brothers without necessarily being on their team.

Hell or High Water isn't particularly fancy in what it's doing — with its story, its excellent cinematography or its across-the-board solid performances — but the movie does all of these things exceptionally well and crafts a grown-up action movie that's a delight to watch. **A**

Rated R for some strong violence, language throughout and brief sexuality. Directed by David Mackenzie with a screenplay by Taylor Sheridan, Hell or High Water is an hour and 42 minutes long and distributed by CBS Films and Lionsgate.

AT THE MULTIPLEX

* Indicates movies worth seeing.

Coming soon

Opens Sept. 1: *The Light Between Oceans* (PG-13) Based on a novel by M. L. Stedman, this movie tells the story of a lighthouse keeper and his wife who find a baby by itself in a boat; Alicia Vikander, Michael Fassbender and Rachel Weisz star.

In theaters now:

***Bad Moms* (R)** Mila Kunis, Kristen Bell. Kathryn Hahn rounds out the trio of moms who decide to take a break from trying to be perfect in this slight but occasionally funny movie. **B-**

***Ben-Hur* (PG-13)**

Jack Huston, Toby Kebbell. This stab at a blend of swords-and-sandals movie and faith-based movie is an embarrassing mess that serves neither part of the

story well. Terrible acting, laughable wigs and a plot held together by Morgan Freeman narration are the hallmarks of this *Ben-Hur*. **D**

****Finding Dory* (PG)**

Voices of Ellen DeGeneres, Ed O'Neill. Not as deep or as dark as the original, this sequel is nonetheless light, sweet fun with standout vocal work from DeGeneres in the lead. **B+**

***Florence Foster Jenkins* (PG-13)**

Meryl Streep, Hugh Grant. This movie about one of the most famous bad singers in history rather lazily rests itself on the performance of Streep (which is, as ever, solid). **B-**

****Ghostbusters* (PG-13)**

Melissa McCarthy, Kristen Wiig. Also starring Leslie Jones and Kate McKinnon, this

remake of the 1980s classic is totally fun. Even if it doesn't quite reach the heights of previous Paul Feig-directed outings such as *Bridesmaids* or *The Heat* nonetheless has a joyful "let's play *Ghostbusters*" feel. **B+**

***Ice Age: Collision Course* (PG)**

Ray Romano, Simon Pegg. This would be adventure number five for our plucky band of prehistoric animals, who here are attempting to stop a world-ending asteroid strike. Way too many characters and not nearly enough silly fun make this movie an unappealing bit of kid entertainment. **C**

***The Infiltrator* (R)**

Bryan Cranston, John Leguizamo. A customs agent helps take on the drug cartels by going after their money launderers

in this based-on-a-true-story drama. Cranston does a solid job as a man who not only infiltrates increasingly powerful and dangerous levels of organized crime but also finds his undercover assignment bleeding into his personality. **B**

****Kubo and the Two Strings* (PG)**

Charlize Theron, Matthew McConaughey. Beautiful if occasionally terrifying, this animated tale of a boy whose magical family has been torn apart by a vengeful villain called the Moon King is a solid adventure (probably for 8 or 9 year olds and up). **A**

***Pete's Dragon* (PG)**

Bryce Dallas Howard, Robert Redford. Though a bit drowsy, this gentle tale of a boy who is lost in the woods but finds a friend in a big green drag-

on is a sweet old-fashioned (1980s) kid adventure. **B**

***Sausage Party* (R, very very much R)**

Voices of Seth Rogen, Kristen Wiig. Really, like for serious, this movie may be animated but it is NOT FOR KIDS. Do not take your children to this tale of a hot dog, looking to consummate his relationship with a bun, and instead learning the horrible truths about what happens to food once it leaves the supermarket. Though full of eye-catching visuals, the movie, which is, you'll recall, NOT FOR KIDS, is also probably not for many adults, including this reviewer who felt the comedy never quite found its groove. **C+**

***The Secret Life of Pets* (PG)**

Voices of Louis CK, Eric Stonestreet. A happy dog becomes an

annoyed dog when his owner brings home a big shaggy new dog-member of their previously two-mammal family. This movie has weird moments of darkness and violence that are in no way balanced by the main buddy-adventure plotline. **C**

****Star Trek Beyond* (PG-13)**

Chris Pine, Zachary Quinto. This third movie in the rebooted series offers space adventure, well staged battles and zingy energy all around. **B+**

***Suicide Squad* (PG-13)**

Will Smith, Margot Robbie. Remember how we all hoped this would be the fun DC movie? We were wrong. This "anti-heroes save the day" movie got a few things right — Harley Quinn, Will Smith and Viola Davis — but most other things (any sense of fun, a sense-making plot, the score) quite wrong. **C**



Mechanic: Resurrection

Mechanic: Resurrection (R)

Jason Statham is a hitman forced to come out of retirement to do One Last Job in Mechanic: Resurrection, an excitement-free defective firecracker of an action movie.

Arthur Bishop (Statham), the careful hitman from 2011's *The Mechanic*, is back. But he's retired now and living a life of boating and relaxation in Rio. Not for long — a woman representing some shadowy employer tells him that he must do a job for them, three kills made to look like accidents, or else they will expose him. Bishop declines, instead taking the photo of the woman offering him the job and then escaping (well, smashing up a restaurant and fighting some half-a-dozen henchmen but, eventually, escaping). He digs up a new passport and heads to Thailand, where friend Mei (Michelle Yeoh) keeps an eye on a specially outfitted shack, located on a remote beach.

But Crain (Sam Hazeldine), the man looking for Bishop to do some killing for him, is not going to give up so easily. He crafts an elaborate plan to force Bishop to carry out the three complex murders or else Crain will kill Gina (Jessica Alba). Who is Gina to Bishop? Absolutely nobody. To which you might ask, so how is she leverage again?

Resurrection never quite settles on a plot that makes any sense and regularly takes you out of the movie as you try to figure out just what is supposed to be going on. Crain sets in motion an elaborate plan to get Bishop to kill his three criminal underworld competitors. But why Bishop? On a practical level, there is no good reason why Bishop has to be the one to kill these men or why their deaths need to look like an accident. They're criminals; they could die of a heart attack in an ER and the people to whom it matters would probably assume it was murder. (There is a backstory reason why Crain might want it to be Bishop, but it's a stupid backstory that undermines this

movie's already shaky construction.)

Later, Crain manipulates Gina into playing the role of damsel in distress, so that Bishop will save her, fall in love with her and then do anything to save her. That's a lot of things that need to happen in a fairly short time period for his plan to work. "And then he falls in love" is a real roll of the dice, evil-plan-wise. Since Crain somehow knows where Bishop is going to be, why not just kidnap Mei, an actual person who matters to Bishop? (Well, I mean, shots of Jessica Alba in a bikini is why not but that's not a good enough reason, story-wise.)

With a nonsensical plot that only gets dumber as the movie progresses, *Resurrection* has only the action and the charisma of its stars going for it. Or it would have these things if the action didn't feel like a silly variation on poor man's Jason Bourne and the stars had any chemistry or energy to speak of. In fact, something weird seems to happen as Alba and Statham interact wherein their performances get progressively worse. It's like they bring out the flatness in each other, somehow heightening each other's worst qualities. Alba can be entertaining, especially in action-based movies. Statham is definitely capable of bringing an only-slightly-winky tough-guy charm to ridiculous kicky-punchy situations. Here, it's like they acid-base each other, only instead of a baking soda volcano, it's a quiet fizzle. Where I should have been cheering on the henchmen-defeating Bishop, I found myself instead thinking that even a buff guy like Statham can't look all that bad-ass in a mock-turtlenecked wetsuit.

Mechanic: Resurrection commits the worst sin for a movie like this: It's boring. C-

Rated R for violence throughout and language. Directed by Dennis Gansel with a screenplay by Philip Shelby and Tony Mosher; Mechanic: Resurrection is an hour and 39 minutes long and distributed by Summit Entertainment. 🍷

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MOVIES OUTSIDE THE CINEPLEX

RED RIVER THEATRES

11 S. Main St., Concord, 224-4600, redrivertheatres.org
• **Indignation** (R, 2016) Thurs., Sept. 1, at 2:10, 5:25 & 7:45 p.m.
• **Southside With You** (PG-13, 2016) Thurs., Sept. 1, at 2, 5:30 & 7:30 p.m.; Fri., Sept. 2, at 1:30, 3:30, 5:30 & 7:30 p.m.; Sat., Sept. 3, at 1:30, 3:30, 5:30 & 7:30 p.m.; Sun., Sept. 4, at 1:30, 3:30 & 5:30 p.m.; Mon., Sept. 5, at 5:35 & 7:30 p.m.; Tues., Sept. 6, at 2:10 & 7:30 p.m.; Wed., Sept. 7, at 2:10 & 7:30 p.m.; Wed., Sept. 7, at 2:10, 5:35 & 7:30 p.m.; Thurs., Sept. 8, at 2:10, 5:35 & 7:30 p.m.

• **Florence Foster Jenkins** (PG-13, 2016) Thurs., Sept. 1, at 2:05, 5:35 & 8 p.m.; Fri., Sept. 2, at 1, 3:25, 5:50 & 8:15 p.m.; Sat., Sept. 3, at 1, 3:25, 5:50 & 8:15 p.m.; Sun., Sept. 4, at 1, 3:25 & 5:50 p.m.; Mon., Sept. 5, at 2:05, 5:30 & 7:55 p.m.; Tues., Sept. 6, at 2:05, 5:30 & 7:55 p.m.; Wed., Sept. 7, at 2:05, 5:30 & 7:55 p.m.; Thurs., Sept. 8, at 2:05, 5:30 & 7:55 p.m.

• **The Light Between Oceans** (PG-13, 2016) Fri., Sept. 2, at 2, 5 & 8 p.m.; Sat., Sept. 3, at 2, 5 & 8 p.m.; Sun., Sept. 4, at 2 & 5 p.m.; Mon., Sept. 5, at 2, 5:25 & 8 p.m.; Tues., Sept. 6, at 2, 5:25 & 8 p.m.; Wed., Sept. 7, at 2, 5:25 & 8 p.m.; Thurs., Sept. 8, at 2, 5:25 & 8 p.m.

• **Spies** (1928) Fri., Sept. 16, at 7 p.m., silent film with musical accompaniment by Jeff Rapsis
• **The Cat and the Canary** (1927) Fri., Oct. 14, at 7 p.m., silent film with musical accompaniment by Jeff Rapsis
• **The Big Parade** (1925) Fri., Nov. 11, at 7 p.m., silent film with musical accompaniment by Jeff Rapsis

WILTON TOWN HALL

40 Main St., Wilton, 654-3456, wiltontownhalltheatre.com
• **Indignation** (R, 2016) Thurs., Sept. 1, at 7:30 p.m.
• **Absolutely Fabulous** (R, 2016) Thurs., Sept. 1, at 7:30 p.m.
• **Florence Foster Jenkins** (PG-13, 2016) Fri., Sept. 2, through Thurs., Sept. 8, at 7:30 p.m. Additional screenings Sun., Sept. 4, at 2 & 4:30 p.m.
• **Indignation** (R, 2016) Fri.,

Sept. 2, through Thurs., Sept. 8, at 7:30 p.m. Additional screenings Sun., Sept. 4, at 2 & 4:30 p.m.
• **Follow the Fleet** (1936) Sat., Sept. 3, at 4:30 p.m., free admission, donations to charity

MILFORD DRIVE-IN

531 Elm St., Milford, 673-4090, milforddrivein.com, for Fri., Sept. 2, through Sun., Sept. 4, films at 7:30 p.m., 9:30 p.m. and 12:15 p.m., if there's a third movie
• **Screen 1: Finding Dory** (PG, 2016), **The Secret Life of Pets** (PG, 2016) & **Jason Bourne** (PG-13, 2016)
• **Screen 2: Lights Out** (PG-13, 2016) & **War Dogs** (R, 2016)

CAPITOL CENTER FOR THE ARTS

44 S. Main St., Concord, 225-1111, ccanh.com
• **The Audience** (National Theatre Live) Wed., Sept. 21, at 6 p.m.

MANCHESTER CITY LIBRARY

405 Pine St., Manchester, 624-6550, manchester.lib.nh.us
• **The Last Laugh** (1924) Tues., Sept. 6, at 6 p.m., silent film with musical accompaniment by Jeff Rapsis
• **Bridges of Madison County** (PG-13, 1995) Wed., Sept. 7, at 1 p.m.
• **In the Heart of the Sea** (PG-13, 2015) Wed., Sept. 14, at 1 p.m.

NASHUA PUBLIC LIBRARY

NPL Theater, 2 Court St., Nashua, 589-4611, nashualibrary.org
• **He Named Me Malala** (PG-13, 2015) Mon., Sept. 12, at 10:45 a.m.

WARNER TOWN HALL

5 E. Main St., Warner, 456-2298, warner.nh.us
• **Peter and John** Fri., Sept. 23, at 7 p.m.

RODGERS MEMORIAL LIBRARY

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HENNIKER COMMUNITY CENTER

57 Main St., Henniker, 428-3256
• **Peter and John** Sat., Sept. 24, at 7 p.m.

JAFFREY PARK THEATRE

19 Main St., Jaffrey, 532-8888, theparktheatre.org; films start at 7 p.m.
• **Armageddon** (PG-13, 1998) Sat., Sept. 10

PETERBOROUGH COMMUNITY THEATRE

6 School St., Peterborough, 924-2255, pctmovies.com, movies@pctmovies.com
• **Florence Foster Jenkins** (PG-13, 2016) Aug. 26 through Sept. 8, Wed., Sat. and Sun. at 2:30 & 7 p.m., Thurs. and Fri. at 7 p.m.

THE MUSIC HALL

28 Chestnut St., Portsmouth, 436-2400, themusichall.org. Some films are screened at Music Hall Loft, 131 Congress St., Portsmouth
• **Wiener-Dog** (R, 2016) Thurs., Sept. 1, at 7 p.m.
• **Swiss Army Man** (R, 2016) Thurs., Sept. 1, at 7 p.m.
• **Our Kind of Traitor** (R, 2016) Fri., Sept. 2, at 7 p.m.; Sat., Sept. 3, at 7 p.m.; Tues., Sept. 6, at 7 p.m.; Wed., Sept. 7, at 7 p.m.
• **Les Innocents** (PG-13, 2016) Fri., Sept. 2, at 7 p.m.; Sat., Sept. 3, at 7 p.m.; Sun., Sept. 4, at 7 p.m.; Tues., Sept. 6, at 7 p.m.
• **One More Time With Feeling** (documentary, 2016) Thurs., Sept. 8, at 9 p.m.
• **Cafe Society** (PG-13, 2016) Fri., Sept. 9, at 7 p.m.; Sat., Sept. 10, at 7 p.m.; Sun., Sept. 11, at 7 p.m.; Wed., Sept. 14, at 7 p.m.; Thurs., Sept. 15, at 7 p.m.

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By Michael Witthaus
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• Blues power:

Telling their audience that joy and sorrow are two sides of the same coin, Lisa Marie & All Shook Up mix shouting blues with gospel soul, swampy rhythms and funky grooves. Always surprising and inspiring, the band's husky-voiced lead singer tells a story with every song, making her a return favorite at a downtown taproom and restaurant that offers music nightly. Go Thursday, Sept. 1, at 9 p.m. at Strange Brew Tavern, Market Street, Manchester. See allshookup.us.

• Parody's poo-bah:

Most pop stars are thrilled when Weird Al Yankovic deigns to parody a song. Kurt Cobain thought 1992's "Smells Like Nirvana" was proof of his band's arrival. See Weird Al Yankovic on Friday, Sept. 2, at 8 p.m. at Bank of New Hampshire Pavilion, 72 Meadowbrook Lane, Gilford. Covered seats \$39.75 and up at banknhpavilion.com.

• Rock docs:

A mainstay on the regional club circuit, Bad Medicine is a rock cover band that's more than the Bon Jovi song they're not actually named after (though they do play it). A typical set list might include Hoobastank, Cee-Lo Green, Led Zeppelin, Linkin Park and 4 Non-Blondes. It's an all-guy band, so that last one is a feat. Mostly, they stay in a classic and active rock wheelhouse. Go Saturday, Sept. 3, at 9 p.m. at ManchVegas Bar & Grill, 50 Old Granite St., Manchester. See badmednh.com.

• New key:

For his newest album, Rehab Reunion, Bruce Hornsby played a dulcimer, a bold move for the world-class piano man. His upcoming Seacoast concert will include songs from that and other records from his three-decade career. The new disc includes a great duet with Mavis Staples that Hornsby sent to the Staples Singers through Bonnie Raitt but that wasn't recorded until now. Go Monday, Sept. 5, at 7 p.m. at The Music Hall, 28 Chestnut St., Portsmouth. Tickets range from \$45 to \$54 at themusichall.org.

• Sibling song:

Dan and Nate Monea began playing together in their early teens. Their brother band Hey Monea has since opened for Bruce Springsteen in London and shared the stage with everyone from Lady Antebellum to Kid Rock. Dennis Herring produced their major-label debut, Cheap Souvenirs; he's worked with Elvis Costello, Counting Crows and Modest Mouse. Go Wednesday, Sept. 7, at 3 p.m. at Colby Sawyer College, 541 Main St., New London. See heymonea.com.

Want more ideas for a fun night out? Check out **Hippo Scout**, available via the Apple App Store, Google Play and online at hipposcout.com.

NITE Unbroken

Mayall still has more room to move

By Michael Witthaus
mwitthaus@hippopress.com

At age 82, John Mayall is amidst one of the most prolific phases of his career. That's saying a lot for a man who helped invent British blues rock in the early 1960s, playing with a Rock & Roll Hall of Fame wing's worth of sidemen along the way. He cut his teeth backing blues legends John Lee Hooker, T-Bone Walker and Sonny Boy Williamson on initial forays into England.

As bandleader of the Bluesbreakers, Mayall gave early work to Eric Clapton, Mick Taylor and a pre-birth lineup of Fleetwood Mac. Half a century later, Mayall isn't slowing down. From now until early December, he has no fewer than 47 shows on his schedule, a staggering number for performers half his age and then some.

He's released two new studio albums in three years — 2014's *A Special Life* and last year's *Find a Way to Care* — and completed another in early spring. Called *Let's Talk About*, it's due out next year. Add to that two volumes of vintage Bluesbreakers performances, and Mayall has an impressive list of new offerings.

Talking by phone from his home in Los Angeles, Mayall said that switching record labels was the main source of his current activity.

"Nothing to do with creative energy really ... the last label promised a new album and never came through with it," he said. After releasing *Tough* in 2009 to solid response, "they dragged their feet. ... It was a very frustrating decade with them."

John Mayall

When: Thursday, Sept. 8, 8 p.m.

Where: Tupelo Music Hall, 2 Young Road, Londonderry

Tickets: \$45-\$60 at tupelohall.com



John Mayall. Courtesy photo.

That changed when Mayall hooked up with Forty Below Records, run by his producer Eric Corne. His first two studio albums for the label contained originals and nuggets from performers long admired by Mayall, like Percy Mayfield and Lightnin' Hopkins.

"I always try and highlight certain artists ... that people have not really heard too much about," he said.

His forthcoming album is "mostly material of my own composition," Mayall said. It includes a guest appearance from Joe Walsh. The two had never met before the sessions.

"He came into the situation because he was a friend of the people at the House of Blues Studio; he just wanted to come down and play on a couple of tracks," Mayall said.

Mayall added that he wasn't really familiar with Walsh's music.

"I had to go and check out his play list to see if it was a good fit, and, of course, it did," he said.

In the studio, they hit it off immediately.

"Really fabulous ... it took all of one hour to do what he had to do on it ... all

first takes," Mayall said.

Walsh played a straight ahead solo on "The Devil Must Be Laughing," which Mayall described as a topical song about "the Devil's work in the world today and how everything is going wrong."

Along with the Mayall's three studio albums, the new label released a pair of live Bluesbreakers albums from archived performances featuring Peter Green, Mick Fleetwood and John McVie as his backing band. Shortly after the shows, the three musicians formed the original Fleetwood Mac.

The 1967 performances were recorded in five London clubs by Dutch fan Tom Huissen, who used a one-track reel-to-reel recorder he somehow concealed. Things were different in the days before smartphones. Huissen kept the tapes in his personal collection for decades before reaching out to Mayall, who began the restoration process with Corne.

"While the source recording was very rough and the final result is certainly not hi-fidelity, it does succeed in allowing us to hear how spectacular these performances are," Corne said in a 2015 press release.

"After the passage of time, he thought it was time that people heard it rather than [letting] it lay buried...," Mayall said. "We had been in touch several years before, but now he was ready to let them go. So we did the deal and it's proved to be very successful. ... What a great band that was."

Mayall feels his current combo is even better. The group playing with him in Londonderry on Sept. 8 bears his name; he retired the Bluesbreakers in 2008.

"It didn't seem right to assemble different people and call it the same thing, so it was back to being just John Mayall," he said.

For the past eight years he's worked with Texas guitarist Rocky Athas and bassist Greg Rzab, with Jay Davenport on drums.

"It's the best band I've ever had," he said. 🍷

Nite Life

Music, Comedy & Parties

• **GATHER ROUNDERS** at Amoskeag Studio (250 Commercial St. #2007, Manchester 315-9320) on Fri., Sept. 9, 8 p.m. \$15/advance - string band that tastefully blends traditional and progressive bluegrass and folk into a lush mix of clean harmonies, inventive pickin', and solid grooves.

• **SHANNON HEATON** at Red & Shorty's (4 Paul St., Dover 767-3305) on Fri., Sept. 9, 8 p.m. \$20 - Music without the overhead of running a commercial venue with fine quality

coffee and tea and snacks - but the main focus is the music. A comfortable, homey, family oriented atmosphere where the music can shine.

• **ANDY & JUDY** at NEC Listening Room (62 North Main St., Concord 715-2306) on Saturday, Sept. 10, 7:30 p.m. New England husband and wife folk duo performs live.

• **GRANITE STATE OF MIND** at NEC Listening Room (62 North Main St., Concord 715-2306) on Wednesday, Sept. 14, 7:30 p.m. Rob Azevedo hosts live music performance and interview

• **FRANK A. WALLACE** at Amoskeag Studio (250 Commercial St. #2007, Manchester 315-9320) on Fri., Sept. 16, 8 p.m. \$15/advance - His new project "Of Love & Soul" provides intimate connection to the composer's personal life with songs and solos about place, aging, and fatherhood, inspired by the birth of his first son, the passions and passing of his father, and the films of his second son. The concert features a group of songs on poems by his grandfather about childhood and the wisdom of his own father in the 1890s.

• **GREG KLYMA** at NEC Listening Room (62 North Main St., Concord 715-2306) on Saturday, Sept. 17, 7:30 p.m. Old school folk music troubadour on national tour performs live.

• **TRISTAN OMAND** at NEC Listening Room (62 North Main St., Concord 715-2306) on Friday, Sept. 30, 7:30 p.m. Six Strings, Three Chords: Americana singer-songwriter and a special guest, as the NH native performs selections from his new LP, The Leser-Known Tristan Omand

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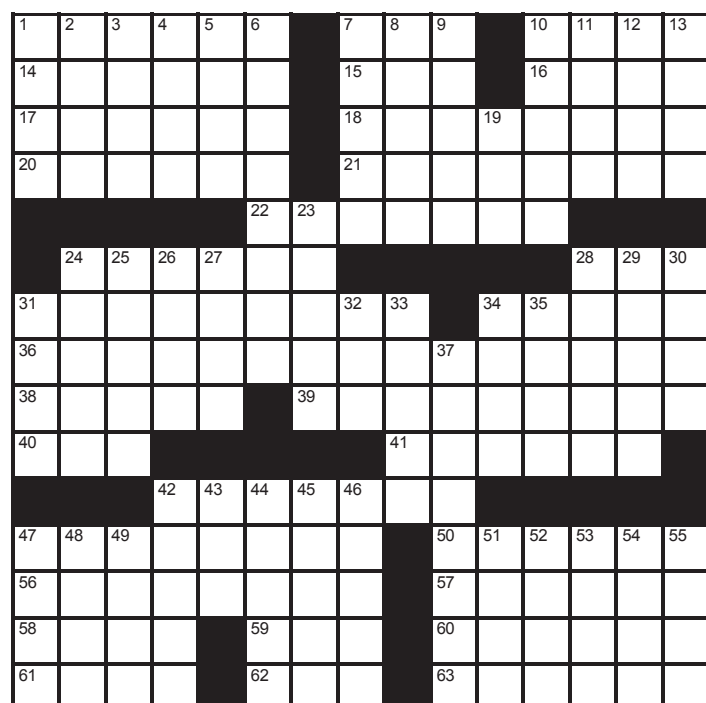


Please drink responsibly

What a wonderful puzzle

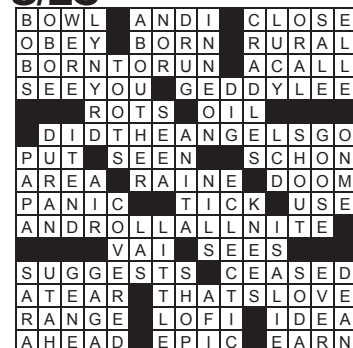
Across

1. '95 Pearl Jam feat/Neil Young hit (1,3,2)
7. Classic '85 Replacements album
10. Murray of Iron Maiden
14. Quiet Riot's Carlos
15. Louis Armstrong "Life ____ caba-
- ret old chum!" (2,1)
16. Like unwritten contract
17. '07 James Taylor live album ' ____ Band' (3,3)
18. 'I Believe In A Thing Called Love' band
20. Ozzy ' ____ For The Wicked' (2,4)



21. To turn off fans
22. Cradlesong
24. '03 Howie Day song 'Perfect ____ Day' (4,2)
28. Saigon Kick "Love is on the way, I ____ see it in your eyes"
31. Urge Overkill 'Girl, You'll Be A ____' (5,4)
34. Musical exercise
36. Louis Armstrong "And I think to myself, what ____" (1,9,5)
38. Alt Godfathers Yo La ____
39. 'King Of Anything' Sara
40. Green Day album after ¡Uno! & ¡Dos!
41. '12 Matchbox 20 'North' hit 'She's ____' (2,4)
42. 'Who Let The Dogs Out?'" band (4,3)

8/25



47. Fuel ' ____ Gun' (5,2,1)
50. SoCal rockers that have a low pH?
56. U2 & The Dubliners
57. Ornate 70s prog rockers?
58. Like amazing rare record condition
59. Louis Armstrong "How will it ____? Ain't got a friend"
60. '87 Midnight Oil album ' ____ And Dust'
61. Archers Of Loaf debut ' ____ Mettle'
62. 'Hit The Road Jack' Charles
63. Like Isaac Hanson to Zac & Taylor

Down


1. Legendary singer
2. Gordon of Violent Femmes
3. '76 Kiss album 'Rock And Roll ____'
4. Subdued Pixies song?
5. Faces 'A Nod ____ Good As A Wink To A Blind Horse' (2,2)
6. Ricki ____ That Number (4,4)
7. Fiona Apple 'Shadowboxer' album
8. Louis Armstrong/Mill Bros "You'll find out just what love ____ about" (2,3)
9. Blondie " ____ you've gotta see her"
10. 'Soldier Of Love' Osmond
11. Yngwie Malmsteen 'Hanger 18, ____ 51'
12. 'Touched' band that was huge?
13. Cranberries 'Everybody ____ Is Doing It, So Why Can't We?'
19. 'Keep It Simple' Grammy winning Mo'

23. #1 Orb album
24. 70s fusion guys ____ Of Power
25. Singular Who song? (2,3)
26. Smash Mouth 'Fush Yu ____'
27. 'Songs For The Restless' rockers
28. Mike Patton's friend Hassett
29. Rick of Def Leppard
30. 'Not Sleeping Around' ____ Atomic Dustbin
31. Mike of Firehose
32. Louis Armstrong "This heart of mine hasn't a ghost ____ chance" (2,1)
33. White Stripes 'Get Behind Me Satan' song 'The ____'
34. Louis Armstrong will either sink or this, on 'Bout Time'
35. 'Unforgettable' singer Nat King
37. Blessid Union of Souls 'Hey ____ (She Likes Me For Me)'
42. Like groupie with "assets"
43. British rockers Wishbone ____
44. Alaskan town Jewel is from
45. Bigger than a theater
46. Pop singer Moore
47. 'Axis: Bold As Love' Hendrix
48. Guitar god Clapton
49. What Louis Armstrong didn't do on 34 Down
51. Phish's is 'Squirmying'
52. 'The Glorious Burden' ____ Earth
53. The Exies song about doctor's amount?
54. Cube and Vanilla
55. Black Crowes/Lynyrd Skynyrd bassist

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472-2001

Copper Door
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Shorty's
206 Rte 101 488-5706

Belmont
Lakes Region Casino
1265 Laconia Road
267-7778
Shooters Tavern
Rt. 3 DW Hwy 528-2444

Boscawen
Alan's
133 N. Main St. 753-6631

Bow
Chen Yang Li
520 South St. 228-8508

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2 Central St. 744-0405
Purple Pit
28 Central Sq. 744-7800
Rumor Mill
50 S Main St, 217-0971

Concord
Barley House
132 N. Main 228-6363
CC Tomatoes
209 Fisherville Rd
753-4450
Cheers
17 Depot St. 228-0180
Granite
96 Pleasant St. 227-9000
Hermanos
11 Hills Ave. 224-5669
Makris
354 Sheep Davis Road
225-7665

Penuche's Ale House
6 Pleasant St. 228-9833
Pit Road Lounge
388 Loudon Road
226-0533
Red Blazer
72 Manchester St.
224-4101
Ron's Top Shelf
1 Eagle Sq. 856-7614
True Brew Barista
3 Bicentennial Sq.
225-2776

Contoocook
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Cedar St. 746-5191
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896 Main St.
746-3018

Claremont
New Socials
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Nine Lions Tavern
4 North Rd 463-7374

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965-3490

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Asia
42 Third St. 742-9816
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11 Fourth St. 343-4390
Dover Brick House
2 Orchard St. 749-3838
Fury's Publick House
1 Washington St.
617-3633
Sonny's Tavern
83 Washington St.
742-4226
Top of the Chop
1 Orchard St. 740-0006

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Epping
Holy Grail
64 Main St. 679-9559
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235 Calef Hwy 679-8225
Tortilla Flat
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734-2725
Popovers
11 Brickyard Sq 734-4724

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73 Ocean Blvd 926-5050
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139 Ocean Blvd. 929-7400
Breakers at Ashworth
295 Ocean Blvd. 926-6762
Breakers By the Sea
409 Ocean Blvd 926-7702

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North Beach Bar & Grille
931 Ocean Blvd.
967-4884
Old Salt
409 Lafayette Rd.
926-8322
Ron's Landing
379 Ocean Blvd 929-2122
Savory Square Bistro
32 Depot Sq 926-2202
Sea Ketch 127 Ocean Blvd. 926-0324
Stacy Jane's
9 Ocean Blvd. 929-9005
The Goat
20 L St. 601-6928
Wally's Pub
144 Ashworth Ave.
926-6954

Hanover
Salt Hill Pub
7 Lebanon St. 676-7855
Canoe Club
27 S. Main St. 643-9660

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262 Maple St. 428-7007
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Salt Hill Pub
2 West Park St. 448-4532

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518-8464
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782 South Willow St.
627-8600
Central Ale House
23 Central St. 660-2241
City Sports Grille
216 Maple St. 625-9656
Club ManchVegas
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222-1677
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123 Hanove St.
Jewel
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Karma Hookah & Cigar Bar
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500 Commercial St.
625-4444
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N'awlins Grille
860 Elm St. 606-2488
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Shaskeen
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Giuseppe's Ristorante
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Homestead
641 DW Hwy 429-2022
Jade Dragon
515 DW Hwy 424-2280
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356 DW Hwy 424-6320
Tortilla Flat
594 Daniel Webster Hwy 262-1693

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J's Tavern
63 Union Square 554-1433
Lefty's Lanes
244 Elm St. 554-8300
Pasta Loft
241 Union Square
672-2270
Shaka's Bar & Grill
11 Wilton Rd 554-1224
Tiebreakers at Hampshire Hills
50 Emerson Rd 673-7123
Union Coffee Co.
42 South St. 554-8879

Moultonborough
Castle in the Clouds
455 Old Mountain Road
478-5900

Nashua
110 Grill
27 Trafalgar Sq. 943-7443
5 Dragons
29 Railroad Sq. 578-0702
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53 High St. 881-9060
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55 Northeastern Blvd.
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577-1718
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9 Clinton St. 577-9015
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194 Main St.
889-2022
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Nashua Mall 883-6662
Killarney's Irish Pub
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14 Railroad Sq 882-7437
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Auburn Pitts: Jam w/ Tom Ballerini Blues Band

Bedford
Copper Door: Jim Devlin

Boscawen
Alan's: John Pratte

Concord
Common Man: Katy White
Granite: CJ Poole Duo
Hermanos: Eugene Durkee
Makris: 3 D

Dover
Cara: Bluegrass w/Steve Roy
Fury's: Five of the Eyes

Exeter
Station 19: Thursday Night Live

Gilford
Patrick's: Jim Tyrrell, Andres Balazs

Schuster's: Eric Grant

Hampton
Bernie's Beach Bar: Slack Tide
Boardwalk: Barry Arvin Young
CR's: Wendy Nottonson Duo
Sea Ketch: Steve Tolley

Hanover
Canoe Club: Gillian Joy
Salt hill Pub: Irish Trad' Session
Randy Miller/Roger Kahle

Hillsborough
Turismo: Line Dancing

Lebanon
Salt hill: Celtic Open Session

Londonderry
Coach Stop: Chris Lester

Manchester
Central Ale House: Jonny Friday Blues
City Sports Grille: DJ Dave
Derryfield: Rob& Jody
Foundry: Chad Verbeck
Fratello's: Jazz Night
Karma: DJ Midas, SP1 & Reed on drums

Manchvegas: Brad Bosse
Murphy's: Jimmy Denney
Shaskeen: Bigfoot/Lung
Strange Brew: Jon Ross Big Night of Bluegrass
Whiskey's 20: DJs Shawn White/ Ryan Nichols/Mike Mazz
Wild Rover: Tom Boisse

Merrimack
Homestead: Justin Cohn

Nashua
Agave Azul: DJ K-Wil Ladies Night

Arena: College Night with DJ Hizzy
Country Tavern: TBA
Fody's: White Steer
Fratello's: Amanda Cote
Riverwalk Cafe: Chris Hersch & The MoonRaiders

Newmarket
Stone Church: Irish Music w/ Jordan Tirrell-Wysocki & Jim Prendergast

Newport
Salt Hill Pub: Pete Merrigan



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Peterborough Harlow's: Bluegrass Night Plaistow Racks: Rock Jam w/ Dave Thompson Portsmouth Fat Belly's: DJ Flex Portsmouth Gaslight: Higgins & Jakes Press Room: Bangkok Disco Red Door: Green Lion Crew Rudi's: Jeff Auger Thirsty Moose: Molly Kupris Seabrook Chop Shop: Spent Fuel Weare Stark House: Lisa Guyer Solo Windham Common Man: Karen Grenier	Derry Coffee Factory: Dave LaCroix Dover Cara: Club Night w/ DJ Shawunny O Top of the Chop: Funkadelic Fridays Epping Holy Grail: Jim Dozet Gilford Patrick's: Dueling Planos Schuster's: Kevin Hacket Acoustical Guitar Hampton Boardwalk: John Buonomo CR's: Steve Sibulkin Sea Ketch: Ross Mcginnes The Goat: American Ride Duo Hanover Canoe Club: Tim Utt & Barbara Blaisdell Jesse's: Tad Dreis Salt Hill Pub: AliT Hooksett Asian Breeze: DJ Albin Laconia Naswa: 9th Annual Mardi Gras Paradise Beach Club: Tigerlilly	Pitman's Freight Room: Entrain Lebanon Salt Hill Pub: Wayne Canney Manchester Central Ale House: 80S Prom City Sports Grille: DJ Dave Derryfield: D-Comp/Jimmy's Down Foundry: Chad Verbeck Fratello's: Sean Coleman Ignite: Chris Roop Jewel: Three Points Of Madness/ Death Rattle ManchVegas: Branded Murphy's Taproom: Amanda McCarthy Penuche's: Desert Rain Shaskeen: Ramez Gurung Strange Brew: Lisa Marie & All Shook Up Whiskey's 20: DJs Jason Spivak & Sammy Smoove Wild Rover: Songs With Molly Merrimack Homestead: Marc Apostolides Milford Pasta Loft: Slakas Tiebreakers: Brian Weeks Moultonborough Buckey's: Carolyn Ramsay Band
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Nashua

Boston Billiard Club: Chuck & John
Country Tavern: Brad Myrick
Fratello's Italian Grille: Chris Lester
Haluwa: Fatha Groove
Riverwalk: Dub Apocalypse
Speaker's Corner: Mike Iodice/Dave Chiasson

Newbury

Salt Hill Pub: Chad Gibbs

Newmarket

Riverworks: Cormack McCarthy
Stone Church: The Edd with Swimmer

Portsmouth

Birdseye Lounge: Billy Wylder/Gretchen and the Pickpockets
Dolphin Striker: Los Sugar Kings
Fat Belly's: DJ Cootz
Portsmouth Book & Bar: Jordan Tirrell-Wysocki Trio
Portsmouth Gaslight: Truffle
Press Room: The Van Burens
Ri Ra: Element 78
Rudi's: John Funkhouser & Rob Gerry
Thirsty Moose: Groovin' You

Rochester

Magrilla's: Joel Cage
Radloff's: Dancing Madly Backwards

Sunapee

Anchorage: Jim Yeager / Double Take

Weare

Stark House: Katy White

Saturday, Sept. 3

Auburn

Auburn Pitts: Multiple Bands - Dennis Cousins benefit

Bristol

Back Room at the Mill: Bird Mancini Trio
Rumor Mill: Two Old Guys

Concord

Hermanos: Paul Speidel
Tandy's: DJ Iceman Streetz (105.5 JYY)

Dover

Cara: Club Night w/ DJ Shannny O
Fury's: Lovewhip

Epping

Holy Grail: Sidecar

Gilford

Patrick's: Bruce Marshall
Schuster's: Dan the Muzak Man

Goffstown

Village Trestle: Monkeys With Hammers/Classic Rock Labor Day BBQ Bash

Hampton

Bernie's Beach Bar: Rob Benton / Thirdmanhigh
Boardwalk Café: Mary Casiello
Old Salt: Jimmy D
Sea Ketch: Leo Co/Steve Tolley
The Goat: Tim Parent/Ryan Fitzsimmons Duo

Hanover

Canoe Club: Rowley Hazard
Salt Hill Pub: Michael Spaulding

Lebanon

Salt Hill Pub: Sullivan Davis
Hanscom Band

Londonderry

Stumble Inn: Nicole Knox
Murphy

Manchester

Cafe la Reine: Ryan Sandford
Central Ale House: Queen City Soul
Derryfield: Brad Myrick/Soundtrack to Monday
Foundry: Charlie Chronopoulos
Fratello's: Sean Coleman
Ignite: Chris Roop
ManchVegas: Bad Medicine
Murphy's Taproom: Brad Bosse/Shana Stack Band
Shaskeen: Heartbeat City
Strange Brew: Love Dogs
Whiskey's 20: DJ Hizzy/Shawn White
Wild Rover: Sean McLaughlin

Merrimack

Homestead: Marc Apostolides

Milford

Pasta Loft: Robert Alward On Deck
Shaka's: Catfish Howl

Nashua

Agave Azul: DJ Roberto
Tropical Saturday
Boston Billiard Club: DJ Anthem Throwback

Fratello's Italian Grille: Matt Richardson
Haluwa: Fatha Groove
Peddler's Daughter: Six Fox Whiskey
Riverwalk Cafe: Tim Gearan & Johnny Trama

Newbury

Salt Hill Pub: Pete Merrigan

Newmarket

Stone Church: Barnstormers XI Music and Arts Festival

Newport

Salt Hill Pub: Talkin' Smack

Portsmouth

Birdseye Lounge: Colbis the Creature CD Release w/ Broken Amps
Blue Mermaid: Slack Tide
Fat Belly's: DJ Provo
Hilton Garden: Pork Low Mainers
Portsmouth Gaslight: Deck - Scott McRae/Eddy's Shoe/Brad Bosse
Press Room: Press Room Jazz Lunch
Ri Ra: The Depths
Rudi's: Mike Effenberger
White Heron: Carol Coronis and Tom Richter Duo

Rochester

Magrilla's: Joel Cage

Sunapee

Anchorage: Tirade

Weare

Stark House Tavern: Paul Hubert

Sunday, Sept. 4

Bedford

Copper Door: Marc Apostolides

Concord

Hermanos: Michael Alberici

Dover

Cara: Irish Session w/ Carol Coronis & Ramona Connelly
Dover Brickhouse: Jazz Brunch
Sonny's: Sonny's Jazz

Goffstown

Village Trestle: Wan-tu Blues Band & Jam

Hampton

Bernie's Beach Bar: Rob Benton

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COMEDY THIS WEEK AND BEYOND

Thursday, Sept. 1	Sunday, Sept. 4	Wed., Sept. 7	Merrimack
Derry	Meredith	Manchester	Pacific Fusion: Comedy on Purpose - Alana Susko
Hilltop: Alana Susko Comedy on Purpose	Hart's Turkey Farm: Rob Steen Hosts	Shaskeen: Stuart Thoompson/Derek Furtado	
Saturday, Sept. 3	Monday, Sept. 5	Murphy's Taproom: Laugh Free Or Die Open Mic	Thursday, Sept. 8
Manchester	Portsmouth		Derry
Headliners: Paul Nardizzi	Music Hall: Adam Newman		Hilltop: Alana Susko Comedy on Purpose

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Boardwalk Café: Clint
 LaPointe/RJ Acoustics
Sea Ketch: Ray Zerkle/Dueling
 Piano

Hanover
 Canoe Club: TBD

Hillsboro
Tooky Mills: Red House Road
 Blues Band

Manchester
 Central Ale House: Phil Jakes
 Derryfield: Chad LaMarsh
 Murphy's Taproom: Brad
 Bosse/Justine Bethune
 Shaskeen: Rap night, Industry
 night
 Strange Brew: Jam
 Wild Rover: DJ Dance Nite

Meredith
 Giuseppe's: Open Stage with
 Lou Porrazzo

Nashua
 Agave Azul: DJ Rich - Smokin'
 Sunday
 Portland Pie: Brett Wilson
 Riverwalk Cafe: Riverwalk
 Jazz Sundays: First Take

Newbury
 Salt Hill Pub Sunapee: Josh
 Gerrish

Portsmouth
 Portsmouth Gaslight: Deck -
 Ryan Williamson /Monkey's w/
 Hammers
 Red Door: Trap Night w/ Adfe-
 ro & Yung Abner
 Ri Ra: Irish Session
 Rudi's: Jazz Brunch With John
 Franzosa

Rochester
 Lilac City Grille: Brunch
 Music @9:30
 Radloff's: James McGarvey

Seabrook
 Chop Shop: Sunday Funday
 Music with Artty

Sunapee
 Anchorage: The Bonds

Monday, Sept. 5
Concord
 Hermanos: Paul Bourgelais

Hampton
 Sea Ketch: Ray Zerkle/Ross
 McInnes
 The Goat: Kevin White

Hanover
 Canoe Club: Marko the
 Magician
 Salt hill Pub: Hootenanny

Manchester
 Central Ale House: Jonny
 Friday Duo
 Derryfield: Chris Gardner
 Fratello's: Rob Wolfe or Phil
 Jacques
 Murphy's Taproom: Ryan
 Williamson

Merrimack
 Homestead: Doug Thompson

Milford
 Shaka's: Brad Bosse

Nashua
 Dolly Shakers: Monday's Muse
 w/ Lisa Guyer
 Fratello's Italian Grille: Ted
 Solovicos

Newmarket
 Stone Church: Blues Jam w/
 Wild Eagles Blues Band

Portsmouth
 Dolphin Striker: Old School
 Portsmouth Gaslight: Sean
 Coleman/Jimmy D.
 Press Room: Scott Mullett Trio
 Ri Ra: Oran Mor

Tuesday, Sept. 6
Concord
 Hermanos: Dan Walker

Dover
 Fury's Publike House: Tim
 Theriault and Friends
 Sonny's: Soggy Po' Boys

Gilford
 Patrick's: Jon Lorentz hosts

Hampton
 The Goat: Craig LaGrassa

Hanover
 Canoe Club: Bruce Gregori

Manchester
 Derryfield: Clint Lapointe
 Murphy's Taproom: Sean
 Coleman
 Shaskeen: James Keyes
 Strange Brew: David Rousseau
 Whiskey's 20: Sammy Smoove
 & DJ Gera

Merrimack
 Homestead: Paul Luff

Nashua
 Fratello's Italian Grille: Brad
 Bosse

Newmarket
 Stone Church: SpeakEazy:
 Church Street Jazz Band/
 Bluegrass Jam Late

North Hampton
 Barley House Seacoast:
 Traditional Irish Session

Peterborough
 Harlow's: Celtic Music Jam

Portsmouth
 Portsmouth Gaslight: Justin
 Cohn
 Press Room: Jazz Jam w/ Larry
 Garland & Friends

Seabrook
 Chop Shop: Bare Bones

Wednesday, Sept. 7
Bedford
 T-Bones: Jim Conners

Concord
 Hermanos: Paul Bourgelais

Dublin
 DelRossi's Trattoria: Celtic
 and Old Timey Jam Session

Gilford
 Patrick's: Cody James - Ladies
 Night

Goffstown
 Village Trestle: Acoustic Night

Hillsborough
 Turismo: Blues Jam w Jerry
 Paquette & the Runaway
 Bluesmen

Manchester
 Derryfield: Brandon Lapere
 Fratello's: Jeff Mrozek
 Murphy's Taproom: Corey
 Brackett

Merrimack
 Homestead: Phil Jacques

Milford
 Pasta Loft: Brad Bosse

Nashua
 Fratello's: Ryan Williamson

Plaistow
 Racks: DJ Sensations

Portsmouth
 Portsmouth Gaslight: RC
 Thomas
 Press Room: Miss Maybell &
 Slimpickin's
 Red Door: Red On Red w/
 Evaredy (Ladies Night)
 Ri Ra: Erin's Guild
 Rudi's: Dimitri

Rochester
 Lilac City Grille: Tim Theriault
 - Ladies Night
 Radloff's: Tony Santesse -
 Ladies Night

GET THE CROWDS AT YOUR GIG

Want to get your show listed in the Music This Week? Let us know all about
 your upcoming show, comedy show, open mike night or multi-band event by sending all the
 information to **music@hippopress.com**. Send information by 9 a.m. on Friday to have the
 event considered for the next Thursday's paper.

Bank of New Hampshire Pavilion at Meadowbrook 72 Meadowbrook Lane, Gilford, 293-4700, meadowbrook.net
Capitol Center for the Performing Arts 44 S. Main St., Concord, 225-1111, ccanh.com
The Colonial Theatre 95 Main St., Keene, 352-2033, thecolonial.org
Dana Humanities Center at Saint Anselm College 100 Saint Anselm Drive, Manchester, 641-7700, anselm.edu/dana
The Flying Monkey 39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com
Hampton Beach Casino Ballroom 169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com

Leddy Center 38c Ladd's Lane, Epping, 679-2781, ledlycenter.org
Lowell Boarding House Park 40 French St., Lowell, Mass., lowellsummermusic.org
Lowell Memorial Auditorium East Merrimack Street, Lowell, Mass., 978-454-2299, lowellauditorium.com
The Middle Arts & Entertainment Center 316 Central St., Franklin, 934-1901, themiddlearts.org
The Music Hall 28 Chestnut St., Portsmouth, 436-2400, themusichall.org
The Old Meeting House, 1 New Boston Road, Franconstown
Palace Theatre, 80 Hanover St., Manchester, 668-5588, palacetheatre.org

Prescott Park Arts Festival 105 Marcy St., Portsmouth, prescottpark.org, 436-2848
Rochester Opera House 31 Wakefield St., Rochester, 335-1992, rochesteroperahouse.com
Stockbridge Theatre Pinkerton Academy, Route 28, Derry, 437-5210, stockbridgetheatre.com
Tupelo Music Hall 2 Young Road, Londonderry, 437-5100, tupelohall.com
Verizon Wireless Arena 555 Elm St., Manchester, 644-5000, verizonwirelessarena.com
Whittemore Center Arena, UNH 128 Main St., Durham, 862-4000, whittemorecenter.com

• **Weird Al Yankovic** Thursday, Sept. 1, 7:30 p.m. Boarding House Park
 • **Three Dog Night** Thursday, Sept. 1, 7:30 p.m. Flying Monkey
 • **Rod Stewart** Thursday, Sept. 1, 8 p.m. Meadowbrook
 • **James McMurtry** Thursday, Sept. 1, 7 p.m. Prescott Park
 • **Bret Michaels** Thursday, Sept. 1, 8 p.m. Casino Ballroom
 • **Weird Al Yankovic** Friday, Sept. 2, 8 p.m. Meadowbrook
 • **David Grisman Sextet** Friday, Sept. 2, 7 p.m. Prescott Park
 • **Three Days Grace** Friday, Sept. 2, 8 p.m. Casino Ballroom
 • **B-52s** Saturday, Sept. 3, 7:30 p.m. Boarding House Park
 • **Darius Rucker** Saturday, Sept. 3, 8 p.m. Meadowbrook
 • **Chris Duarte** Saturday, Sept. 3, 8 p.m. Tupelo
 • **Darius Rucker** Sunday, Sept. 4, 8 p.m. Meadowbrook
 • **Bruce Hornsby and The Noisemakers** Monday, Sept. 5, 7:30 p.m. Music Hall
 • **Les Brers (Allman Brothers Members)** Thursday, Sept. 8, 8 p.m. Casino Ballroom
 • **John Mayall** Thursday, Sept. 8, 8 p.m. Tupelo
 • **Taj Mahal** Friday, Sept. 9, 7 p.m. Prescott Park
 • **Gov't Mule** Saturday, Sept. 10, 7 p.m. Cap Center

• **Martin Barre** Saturday, Sept. 10, 8 p.m. Tupelo
 • **Martin Barre** Sunday, Sept. 11, 8 p.m. Tupelo
 • **John Cafferty & Beaver Brown Band** Sunday, Sept. 11, 8 p.m. Tupelo
 • **Mike Peters (Alarm)** Thursday, Sept. 15, 8 p.m. Tupelo
 • **Jeff Dunham** Thursday, Sept. 15, 8 p.m. Casino Ballroom
 • **Brubeck Brothers Quartet** Thursday, Sept. 15, 8 p.m. Stockbridge Theatre
 • **Don Henley** Friday, Sept. 16, 8 p.m. Meadowbrook
 • **Elvin Bishop** Friday, Sept. 16, 7:30 p.m. Flying Monkey
 • **Dropkick Murphys Irish Festival** Saturday, Sept. 17, 8 p.m. Meadowbrook
 • **Savoy Brown** Saturday, Sept. 17, 8 p.m. Tupelo
 • **John Waite & the Axemen** Wednesday, Sept. 21, 8 p.m. Tupelo
 • **Natalie MacMaster & Donnell Leahy** Friday, Sept. 23, 7:30 p.m. Flying Monkey
 • **New Riders of the Purple Sage** Friday, Sept. 23, 8 p.m. Tupelo
 • **Wishbone Ash** Sunday, Sept. 25, 8 p.m. Tupelo
 • **Ziggy Marley** Sunday, Sept. 25, 8 p.m. Casino Ballroom
 • **Garrison Keillor** Tuesday, Sept. 27, 8 p.m. Colonial Theatre

• **The Handsome Family** Thursday, Sept. 29, 8 p.m. Music Hall Loft
 • **Carrie Underwood** Thursday, Sept. 29, 7 p.m. Verizon
 • **Tom Brosseau (duo)** Friday, Sept. 30, 8 p.m. Music Hall Loft
 • **Music of ABBA - Arrival From Sweden** Friday, Sept. 30, 7:30 p.m. Flying Monkey
 • **Hiroya Tsukamoto** Saturday, Oct. 1, 7 p.m. Franklin Opera House
 • **Live Free Country Music Festival w/ Lee Brice/Joe Nichols** Saturday, Oct. 1, 1 p.m. NE Delta Dental Stadium
 • **Leon Russell** Saturday, Oct. 1, 7:30 p.m. Flying Monkey
 • **George Thorogood and The Destroyers** Sunday, Oct. 2, 8 p.m. Colonial Theatre
 • **New Orleans Suspects** Sunday, Oct. 2, 7:30 p.m. Flying Monkey
 • **Blake Shelton** Thursday, Oct. 6, 7 p.m. Verizon Wireless Arena
 • **Josh Ritter** Thursday, Oct. 13, 8 p.m. Cap Center
 • **Kathleen Madigan** Thursday, Oct. 13, 8 p.m. Casino Ballroom
 • **Rik Emmett (also 10/15)** Friday, Oct. 14, 8 p.m. Tupelo
 • **Everly Brothers Experience** Thursday, Oct. 20, 8 p.m. Tupelo
 • **Tommy Castro** Thursday, Oct. 20, 8 p.m. Tupelo
 • **Doyle Bramhall II** Friday, Oct. 21, 8 p.m. Tupelo



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Sunday, September 4 | 5PM
Giant Panda Guerilla Dub Squad
 Reggae Sunday at Surfside! w/ Yesai
 SRO: \$10 advance \$15 door

Friday, September 16 | 8PM
Comedian Lenny Clarke
 RS: \$25 - \$35

Sunday, September 18 | 8PM
Vertical Horizon
 RS: \$29.50 - \$39.50

Friday, September 30 | 8PM
The Mystix
 A European Sensation!
 RS: \$25

Friday, October 7 | 8PM
The Summit:
Manhattan Transfer Meets Take 6
 RS: \$55.50-\$69.50

Thursday, October 13 | 8PM
An Intimate Night w/ Allen Stone
 My Favorite Songs, Favorite Stories
 w/ King Charles + Moorea Masa
 RS: \$25.50 - \$29.50

Friday, October 14 | 8PM
Vanilla Fudge
 RS: \$29.50 - \$39.50

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All quotes are from songs written by Freddie Mercury, born Sept. 5, 1946.

Virgo (Aug. 23 – Sept. 22) *I can dim the lights / And sing you songs full of sad things / We can do the tango just for two / I can serenade and gently play / On your heart strings / Be your Valentino just for you — “Good Old-Fashioned Lover Boy”* Romance is in the air.

Libra (Sept. 23 – Oct. 22) *Is this the real life? / Is this just fantasy? / Caught in a landslide / No escape from reality / Open your eyes / Look up to the skies and see — “Bohemian Rhapsody”* You’re living the dream.

Scorpio (Oct. 23 – Nov. 21) *This is your life / Don’t play hard to get / It’s a free world / All you have to do is fall in love — “Play the Game”* Don’t play hard to get.

Sagittarius (Nov. 22 – Dec. 21) *I’m just a poor boy, I need no sympathy / Because I’m easy come, easy go / A little high, little low / Any way the wind blows, doesn’t really matter to me, to me — “Bohemian Rhapsody”* Easy come, easy go.

Capricorn (Dec. 22 – Jan. 19) *I’m OK, I’m alright (he’s alright, he’s alright) / I ain’t gonna face no defeat (yeah yeah) / I just gotta get out of this prison cell / One day (some-day) I’m gonna be free, Lord! — “Somebody to Love”* You’re as free as you want to be.

Aquarius (Jan. 20 – Feb. 18) *You say black I say white / You say bark I say bite / You say shark I say hey man / Jaws was never my scene / And I don’t like Star Wars — “Bicycle Race”* You don’t need to have everything in common as long as you have something in common.

Pisces (Feb. 19 – March 20) *I’m a shooting star leaping through the sky / Like a tiger defying the laws of gravity / I’m a racing car passing by like Lady Godiva / I’m gonna go*

go go / There’s no stopping me — “Don’t Stop Me Now” But you could slow down a little.

Aries (March 21 – April 19) *I’ve paid my dues / Time after time / I’ve done my sentence / But committed no crime / And bad mistakes / I’ve made a few / I’ve had my share of sand kicked in my face / But I’ve come through / We are the champions, my friends / And we’ll keep on fighting till the end / We are the champions / We are the champions / No time for losers — “Cause we are the champions of the world — “We Are the Champions”* It could be your turn to help someone who’s getting sand kicked in their face.

Taurus (April 20 – May 20) *I’m burnin’ through the sky yeah / Two hundred degrees / That’s why they call me Mister Fahrenheit / I’m trav’ling at the speed of light / I wanna make a supersonic woman of you — “Don’t Stop Me Now”* Maybe a cold shower?

Gemini (May 21 – June 20) *This thing (this thing) / Called love (called love) / It cries (like a baby) / In a cradle all night / It swings (woo woo) / It jives (woo woo) / It shakes all over like a jelly fish / I kinda like it / Crazy little thing called love — “Crazy Little Thing Called Love”* Get ready for love.

Cancer (June 21 – July 22) *I don’t believe in Peter Pan / Frankenstein or Superman / All I wanna do is / Bicycle bicycle bicycle / I want to ride my bicycle bicycle bicycle — “Bicycle Race”* It’s a good time to get out on the trails.

Leo (July 23 – Aug. 22) *Open up your mind and let me step inside / Rest your weary head and let your heart decide / It’s so easy when you know the rules / It’s so easy / All you have to do is fall in love / Play the game, everybody play the game / Of love — “Play the Game”* Let your heart decide.



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By Dave Green

	3			5		8		
			8			6		3
6	9							
			9	2	5		1	
8								2
	5		3	4	8			
							7	5
5		6			9			
		1		3			2	

Difficulty Level ★★★

9/01

SU DO KU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

8/25

4	3	8	2	6	9	5	7	1
6	5	9	1	7	4	2	3	8
2	7	1	8	3	5	4	9	6
7	2	5	6	4	3	1	8	9
1	6	3	9	2	8	7	4	5
8	9	4	7	5	1	3	6	2
9	8	7	4	1	2	6	5	3
3	4	2	5	9	6	8	1	7
5	1	6	3	8	7	9	2	4

Difficulty Level ★★★

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Virtual fandom

The phenomenal Japanese singer Hatsune Miku (100 million YouTube hits) is coming off a sold-out, 10-city North American concert tour with high-energy audiences (blocks-long lines to get in; raucous crowd participation; hefty souvenir sales), except that "she" isn't real. Hatsune Miku is a projected hologram on stage singing and dancing (but her band is human). Even so, her May show in Dallas, according to a Dallas Observer review, ignited frenzied fans who know the show's "every beat, outfit ... and glow stick color-change." Her voice, a synthesized "vocaloid," is crafted in pitch, timbre and timing to sound human. (The latest PlayStation brings Hatsune Miku into the home by virtual reality.)

The finer points of law

• **Make Up Your Mind, Feds:** On Aug. 11, the federal government's Drug Enforcement Agency famously refused to soften the regulation of marijuana, leaving it (with heroin) as a harsh "Schedule I" drug because, citing Food and Drug Administration findings, it has "no medical use." However, as the Daily Caller pointed out, another federal agency, Department of Health and Human Services, obtained a U.S. patent in 2003 for marijuana-derived cannabinoids, which HHS pointed out have several medical uses (as an antioxidant and for limiting neurological damage following strokes).

• **Priorities:** "A dog has better protection than our kids," lamented an Oregon prosecutor in May because, unlike the pet law, the "child abuse" law requires proof the victim experienced "substantial" pain which a young child often lacks vocabulary to describe. (Simply showing welts and bruises is insufficient, the Court of Appeals has ruled.)

• **Texas!** In August, Houston defense lawyer Jerry Guerinot announced his retirement from death-penalty cases, leaving him with a perfect record (for that area of his practice): He lost every single time. Twenty-one clients received the death penalty, and 10 have been executed (so far). He made no excuses, pointing out that "gang members, serial killers and sociopaths" were entitled to representation, too, and that he has taken more than 500 noncapital cases to trial (with, presumably, more success).

Leading economic indicators

Suspicious Confirmed: (1) A New York Times reporter, describing in June the rising prices of prescription pharmaceuticals, noted that a popular pain reliever (probably describing oxycodone) was available on the Paterson, New Jersey, black market for \$25 a pill, while heroin was going

for \$2 a baggie. (2) The economic growth rate in Ireland for 2015 was revised upward in July. Growth of its gross domestic product was originally estimated at 7.8 percent, but subsequently adding the paper value of several "inversions" (U.S. companies "moving" to Ireland to reduce U.S. taxes) Ireland found that it was actually growing at 26.7 percent.

Awesome!

(1) Investigators revealed in July that an off-duty Aurora, Colorado, sheriff's deputy had justifiably fired his gun to resist a parking lot mugging and that, furthermore, one of the bullets from Deputy Jose Marquez's gun had gone straight into the barrel of one of the handguns pointed at him. The investigators called the shot "one in a billion." (2) Matthew Lavin, 39, drew internet acclaim in July after he was gored through his left thigh while "running with the bulls" in the annual spectacle in Pamplona, Spain. Interviewed in his hospital bed by Madrid's The Local, he called it "the best time ever" and said he looked forward to another run next year.

Ironies

Gary Durham, 40, was shot to death during a heated road-rage incident in Plant City, Florida, on Aug. 10. Durham had served 10 years in prison after an aggressive road-rage episode in 2001 in which he pursued another driver and knocked him to the ground, causing the man to hit his head, fatally, on the pavement. (Included in Durham's 2002 sentence was an order to take anger management classes.)

Wait, what?

• The Borough Council of Pompton Lakes, New Jersey, was surprised to learn in June that, because of an existing local ordinance, dogs were not permitted in its brand-new Pompton Lakes dog park, created with great fanfare in an area of Hershfield Park. The council vowed to fix the problem.

• A 9-year-old girl named Irina won a contest in Berezniki, Russia, in August for letting mosquitos bite her more often than they bit other contestants. It is the signature event of the annual Russian Mosquito Festival, and her 43 hits were enough to earn her the title of "tastiest girl." The annual Great Texas Mosquito Festival in Clute, Texas, apparently has nothing comparable.

The passing parade

The Elanora Heights Public School in Sydney, Australia banned clapping during student assemblies in an effort to help pupils with noise anxieties. To show audience approval, students are asked to "punch the air," "pull [on their] faces" or "wriggle about."

Least competent criminals

Jeremy Watts, 30, and Jessica Heady, 24, were charged with aggravated burglary (a PlayStation and other electronics from a man's home) in Clarksville, Tennessee, in August. The pair had offered the haul to a Cash America Pawnshop, but did not realize that the home they had burglarized was the pawnshop manager's.

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- 9/11/16 - The Capitol Steps
- 9/22/16 - "The Freshman" (Silent Film)
- 9/25/16 - Warren Millers's "Here, There & Everywhere"
- 10/13/16 - "Woman in the Moon" (Silent Film)
- 10/27/16 - "The Man Who Laughs" (Silent Film)
- 11/10/16 - "Her Sister from Paris" (Silent Film)
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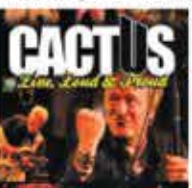
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